

## Autism Support Pack - Home

**A useful resource to support parents and carers who care for autistic children.**

The pack contains over 50 resources which are categorised according to the 4 Areas of Need in an Education, Health and Care Plan.

1. Cognition and Learning
2. Social, Emotional and Mental Health Difficulties
3. Sensory and Physical Needs
4. Communication and Interaction

Each resource comes with advice on how it can be used to support communication and interaction, engage learners and reduce stress and anxiety.

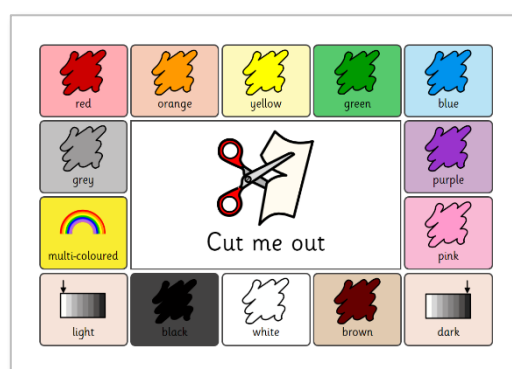
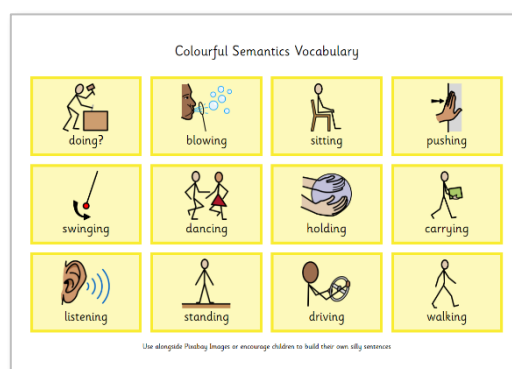
## Contents

### Cognition and Learning

Symbolised resources to support children with their understanding and learning in a variety of areas.

#### Activities

- 4 Part Sentence Template
- 5 Senses
- About Colourful Semantics
- Clip Cards
- Cloud Description words
- Colourful Semantics Cards
- Colourful Semantics Images
- Colourful Semantics Template
- Dice
- Fine Motor Skills
- Match Symbol to Symbol
- Match Text to Symbol
- Minibeasts Fine Motor
- Pattern Strips
- Playdough Activities
- Playdough Recipe
- Sorting
- Viewfinders



## Flashcards

- 2D
- 3D
- Alliteration
- Alphabet
- Animals
- Colours
- Dinosaurs
- Numbers to 10
- Numbers to 100
- Prompts
- Rhyming
- Scavenger Hunts
- Transport
- Words to 100

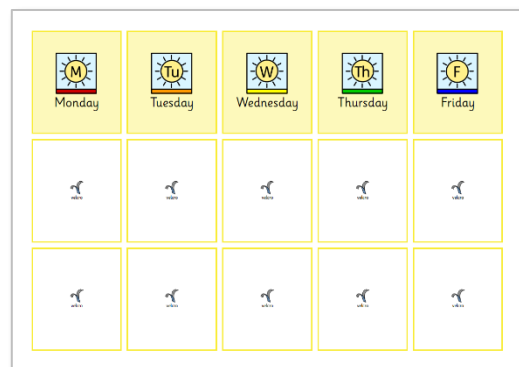


## Social, Emotional and Mental Health Difficulties

Resources to support transitions and ease anxiety including labels, social stories and diary templates.

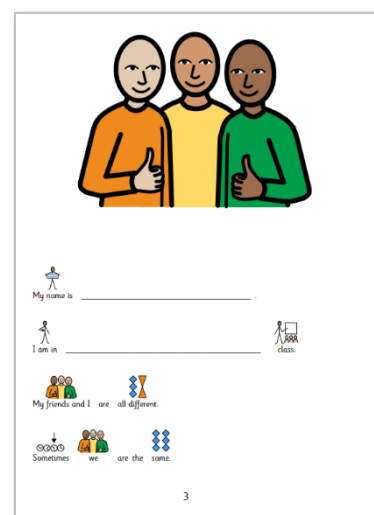
## Routines

- 2023
- 2024
- 5 Day Planner
- 7 Day Planner
- Core Language
- Countdown
- Day Planner 1
- Day Planner 2
- Door Signs
- Folding Chart
- Folding Chart Instructions
- Large Labels
- Narrow Labels
- Visual Timetable



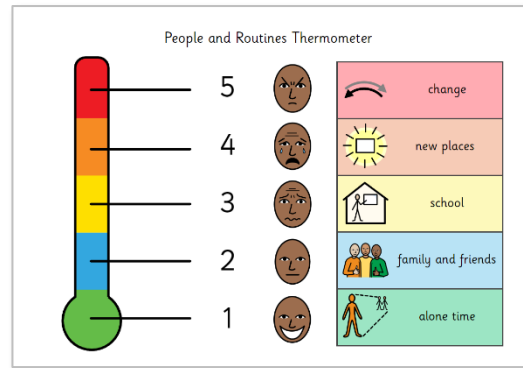
## Social Stories

- I am Autistic
- I Can Get Ready For School
- My Friend is Autistic
- Taking Care of my Body
- Taking Turns
- Toilet Home
- Toilet School
- When Things Change I can Be Ok
- Winning and Losing



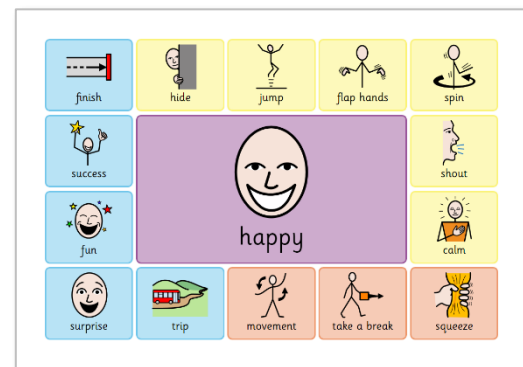
## Regulation Examples

- Fans
- Regulation Bubble
- Regulation Chart
- Scale 1
- Scale 2
- Thermometer 1
- Thermometer 2



## Emotion Boards

- Actions
- Emotions
- Guidance
- Happy Board
- Reflection Sheets
- Regulation Strategies
- Triggers



## Sensory and Physical Needs

Visuals to support sensory and physical needs including co-regulation and personal care.

- Co Regulation Table
- Food Diary 1
- Food Diary 2
- Getting Ready
- Hand Washing
- Hand Washing Poster
- Home Diary
- Personal Care Cards
- Personal Care Folder
- School Diary
- Sensory Regulation Folder
- Sensory Regulation Cards
- Showering and Bathing
- Teeth Brushing
- Toileting



## Communication and Interaction

A range of Communication Cards (PECS), communication boards and games to help model and support communication.

### Communication Support

- About the resources in this folder
- Communication Boards 1
- Communication Boards 2
- Communication Boards 3
- Communication Cards
- Communication Folder
- Large Fan
- Now and Next
- Now Next Then
- Now Then Next Finally
- Sentence Strips
- What Do You Hear



### Games

- 2D Dominoes
- 4 in a Row
- 4 in a Row Communication Board
- Bingo Communication Board
- Bingo Flashcards
- Bingo Instructions
- Board Games
- Farm Bingo
- Phase 2 Bingo
- S Shaped Game
- Top Cards

<p>panda</p> <p>weight - kg 100</p> <p>lifespan 20</p> <p>gestation - months 4</p> <p>speed 1</p>	<p>whale</p> <p>weight - kg 33,000</p> <p>lifespan 90</p> <p>gestation - months 16</p> <p>speed 7</p>	<p>eagle</p> <p>weight - kg 25</p> <p>lifespan 30</p> <p>gestation - months 1</p> <p>speed 10</p>	<p>polar bear</p> <p>weight - kg 450</p> <p>lifespan 27</p> <p>gestation - months 7</p> <p>speed 8</p>
<p>meerkat</p> <p>weight - kg 1</p> <p>lifespan 13</p> <p>gestation - months 2</p> <p>speed 5</p>	<p>koala</p> <p>weight - kg 10</p> <p>lifespan 12</p> <p>gestation - months 1</p> <p>speed 0</p>	<p>lion</p> <p>weight - kg 190</p> <p>lifespan 14</p> <p>gestation - months 4</p> <p>speed 10</p>	<p>elephant</p> <p>weight - kg 4000</p> <p>lifespan 17</p> <p>gestation - months 22</p> <p>speed 5</p>

