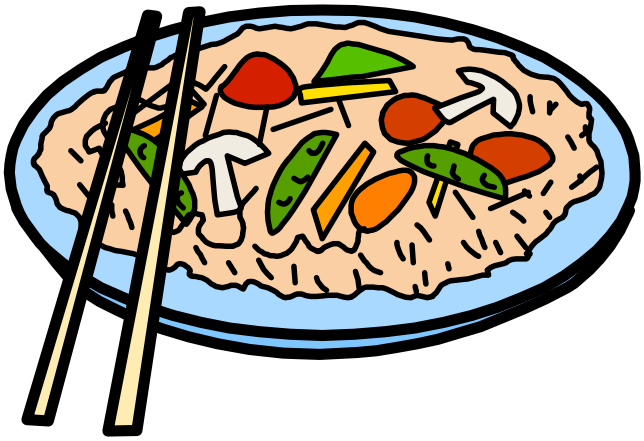
Merry Publications

Resources to make you smile

## Widgit Symbols



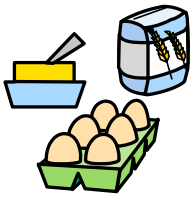
# Chicken Stir Fry

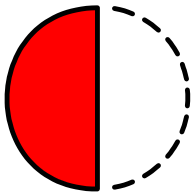
## Good Cooking Series

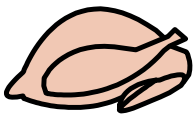
By Kim Merry

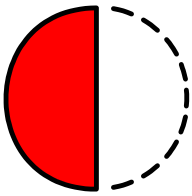
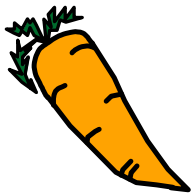
Chicken

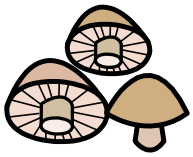
Stir Fry

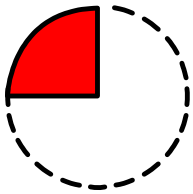
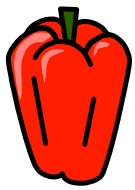

Ingredients

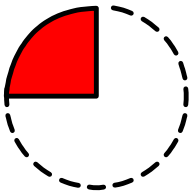
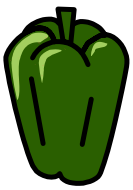

half onion

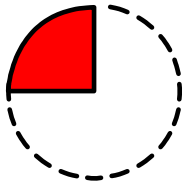

sliced chicken



half carrot

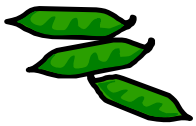

3 mushrooms



quarter red pepper



quarter green pepper



quarter orange pepper

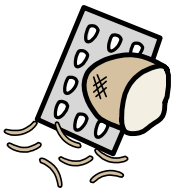


mange tout

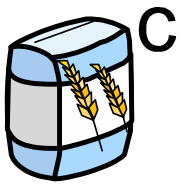
bean sprouts

2

2 teaspoons soy sauce

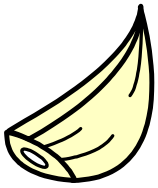


grated ginger

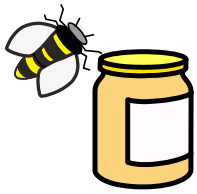


corn flour

oil



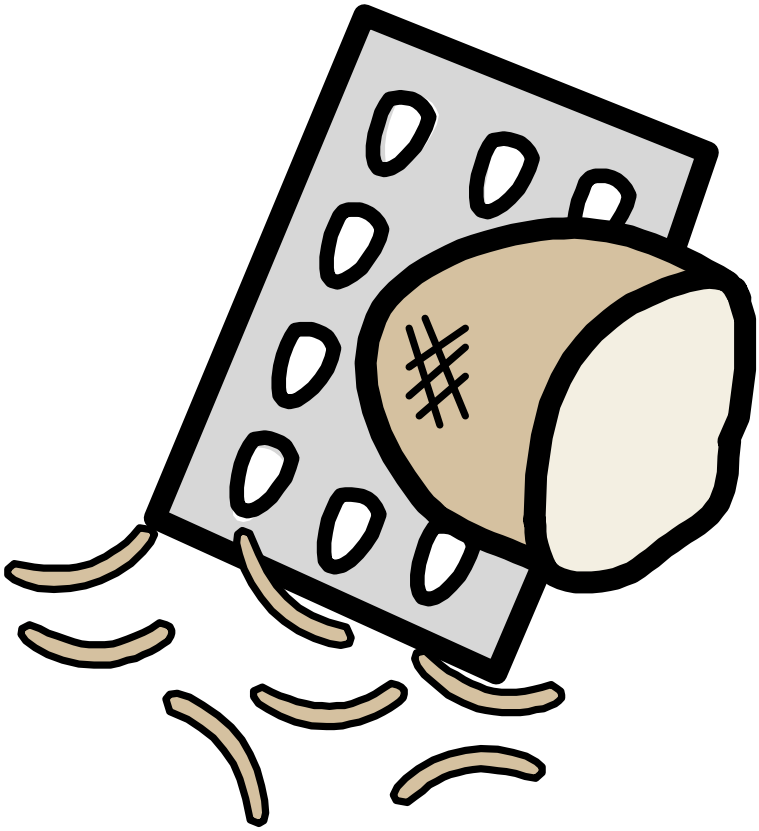
1 garlic clove



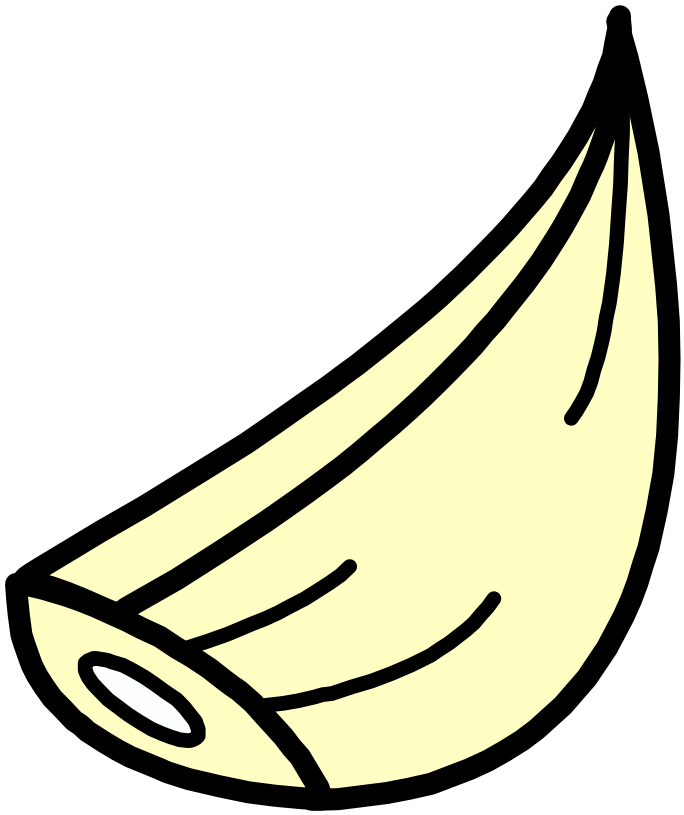
1 teaspoon honey

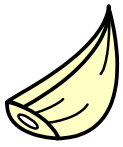
lemon juice

salt and pepper

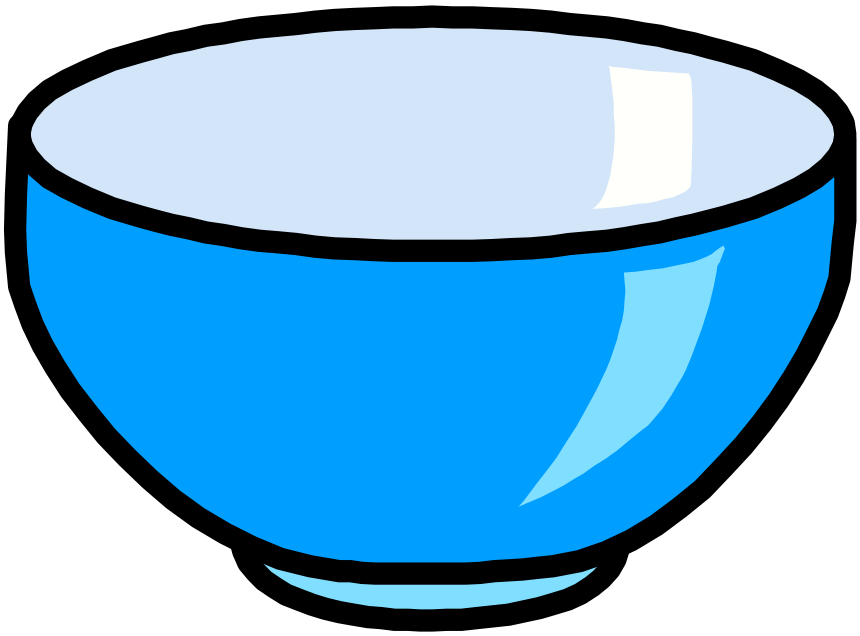


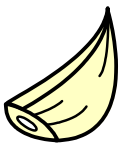
Grate the ginger.



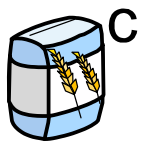


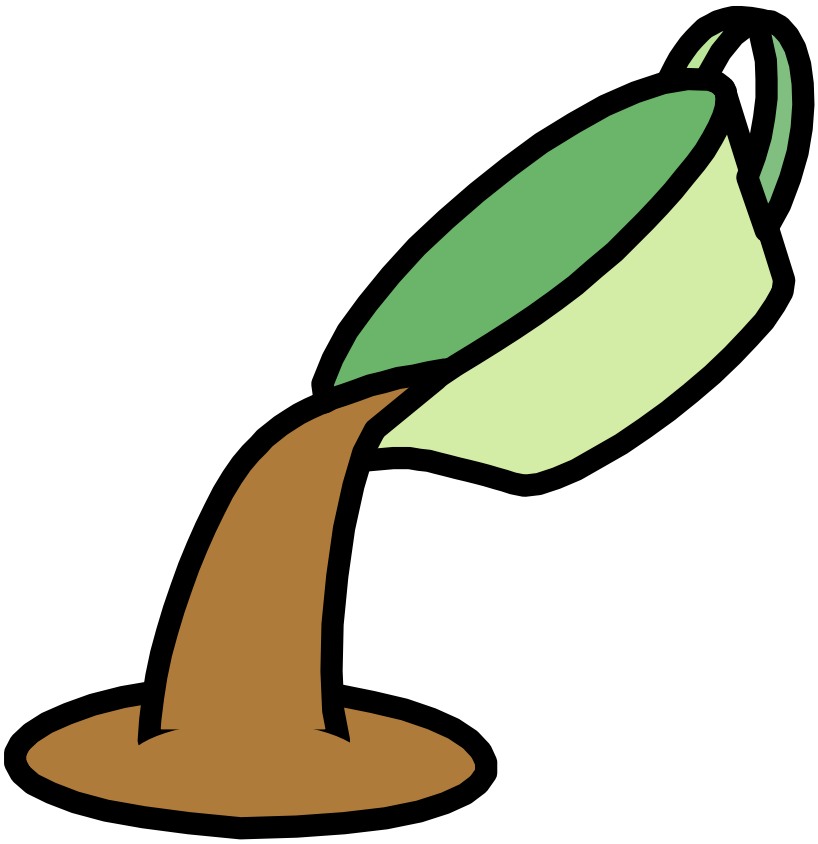
Crush the garlic.

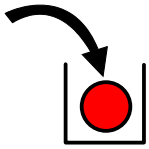


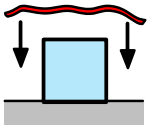
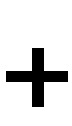
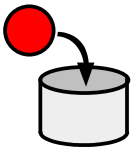
Mix ginger and  garlic in a bowl.

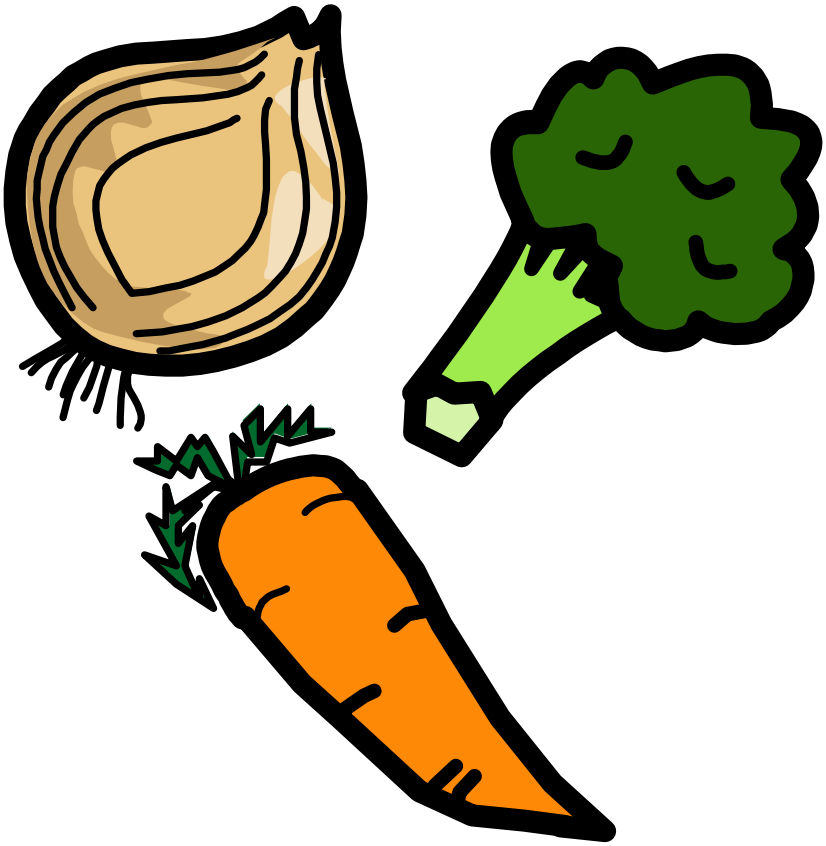
Add the soy sauce + and honey.

Add the lemon juice and  corn flour.



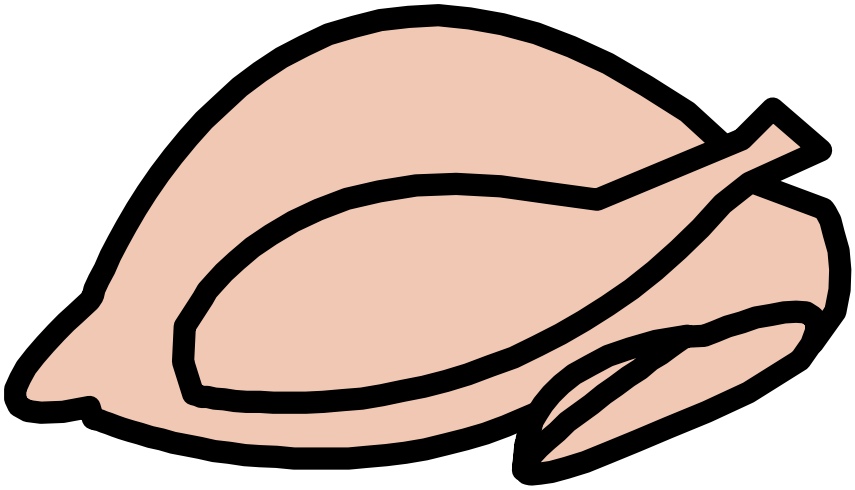
Put the chicken  into the sauce.

 Cover the chicken  and  put in the fridge.

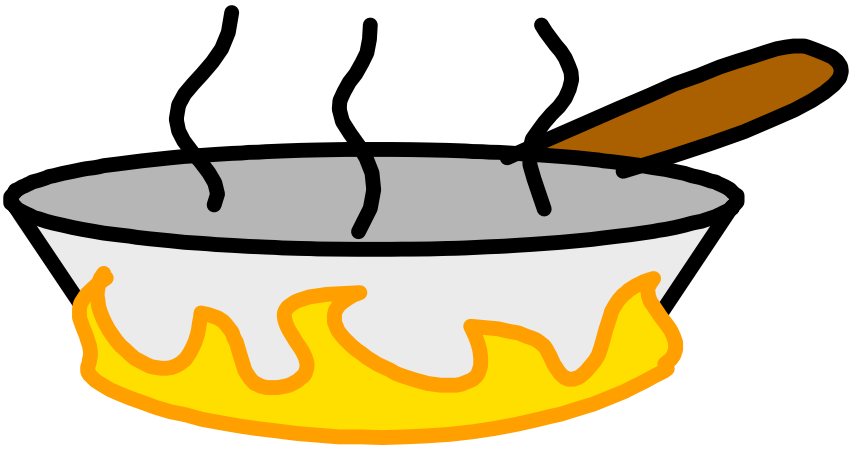


Wash the vegetables + and slice.

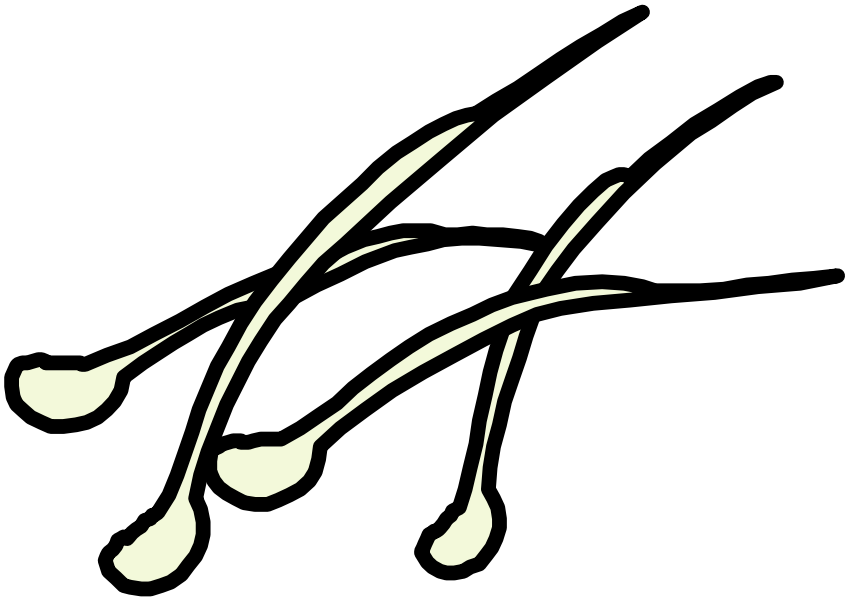
Heat the oil in a frying pan.

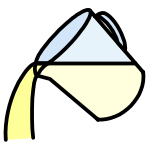


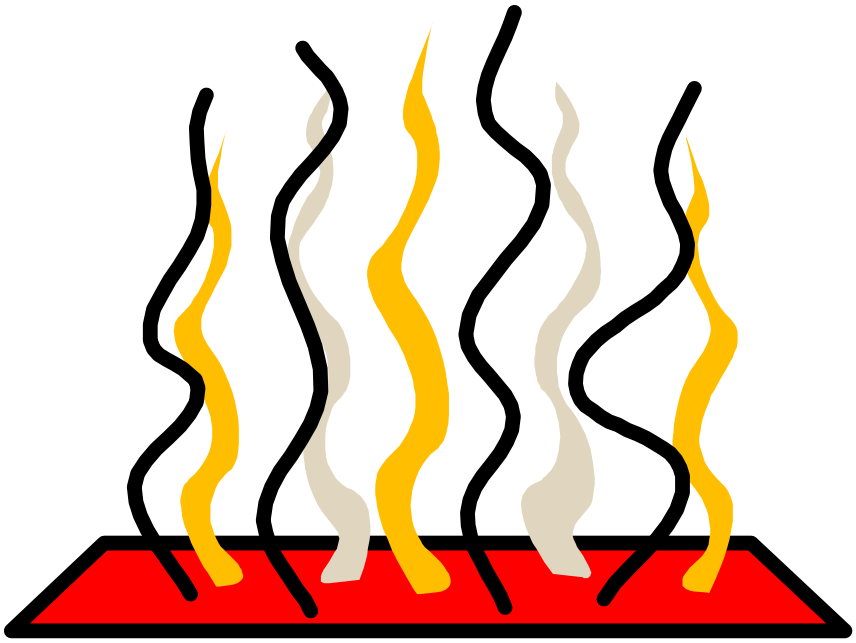
Add the chicken, frying for 3 minutes.



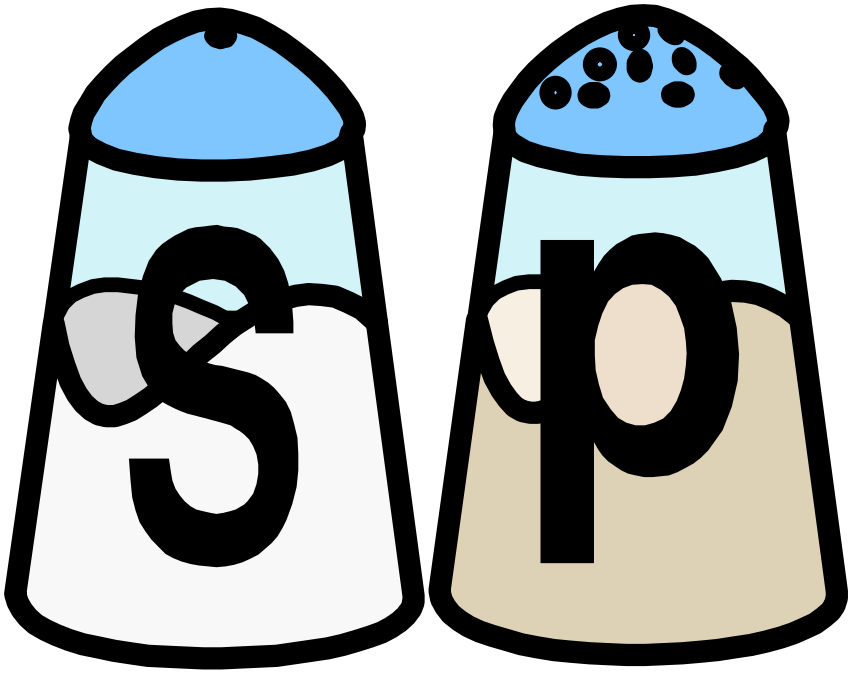
Add the vegetables, fry for 5 minutes.



 Pour in the sauce and bean sprouts.

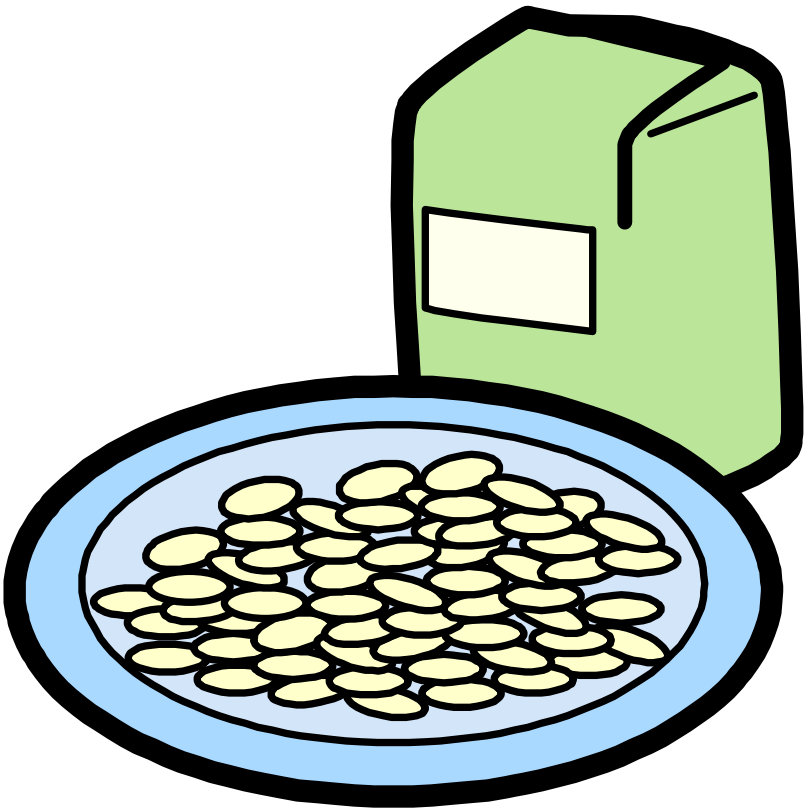


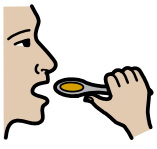
Heat for 2 minutes.

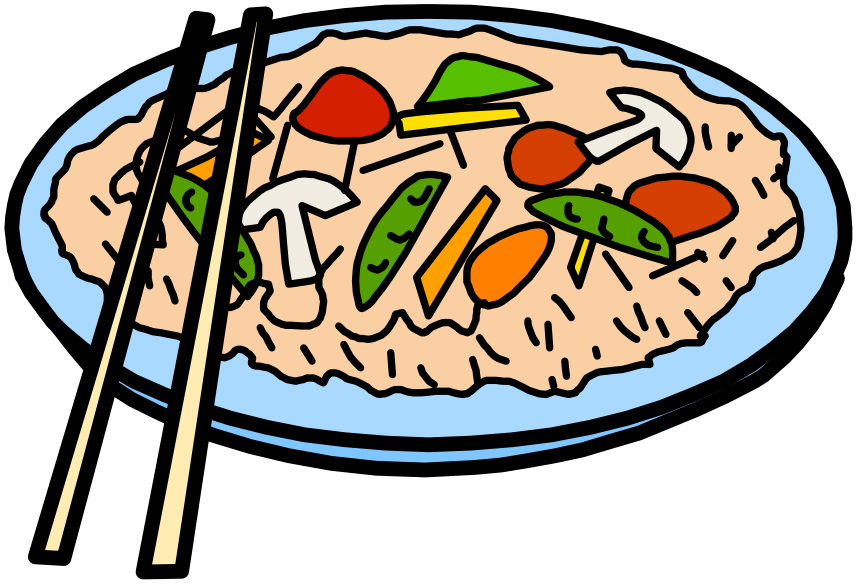


Add the

salt and pepper.



 Eat the stir fry with rice.



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Resources to make you smile

# Chicken Stir Fry

Symbol "LIFE BOOKS" are great for teaching students with Learning Difficulties.

Widgit Symbols help students to process language through the visual channel; rather than the just the auditory channel.

"LIFE BOOKS" are also designed to increase the students' confidence and enjoyment o reading.

**Acknowledgements**

I would like to express my grateful thanks to Widgit Software for allowing me to use their symbols.

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