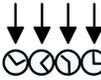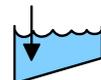**Seaside Safety**

1. Stay near to family and friends so that you can always see them.

2. Arrange a place to meet in case you get lost.

3. Stay away from cliff edges.

4. Do not swim out of your depth.

5. Dial 999 if you see someone in trouble.