

Mo Farah

Text Book



**Mo Farah**

**Text**

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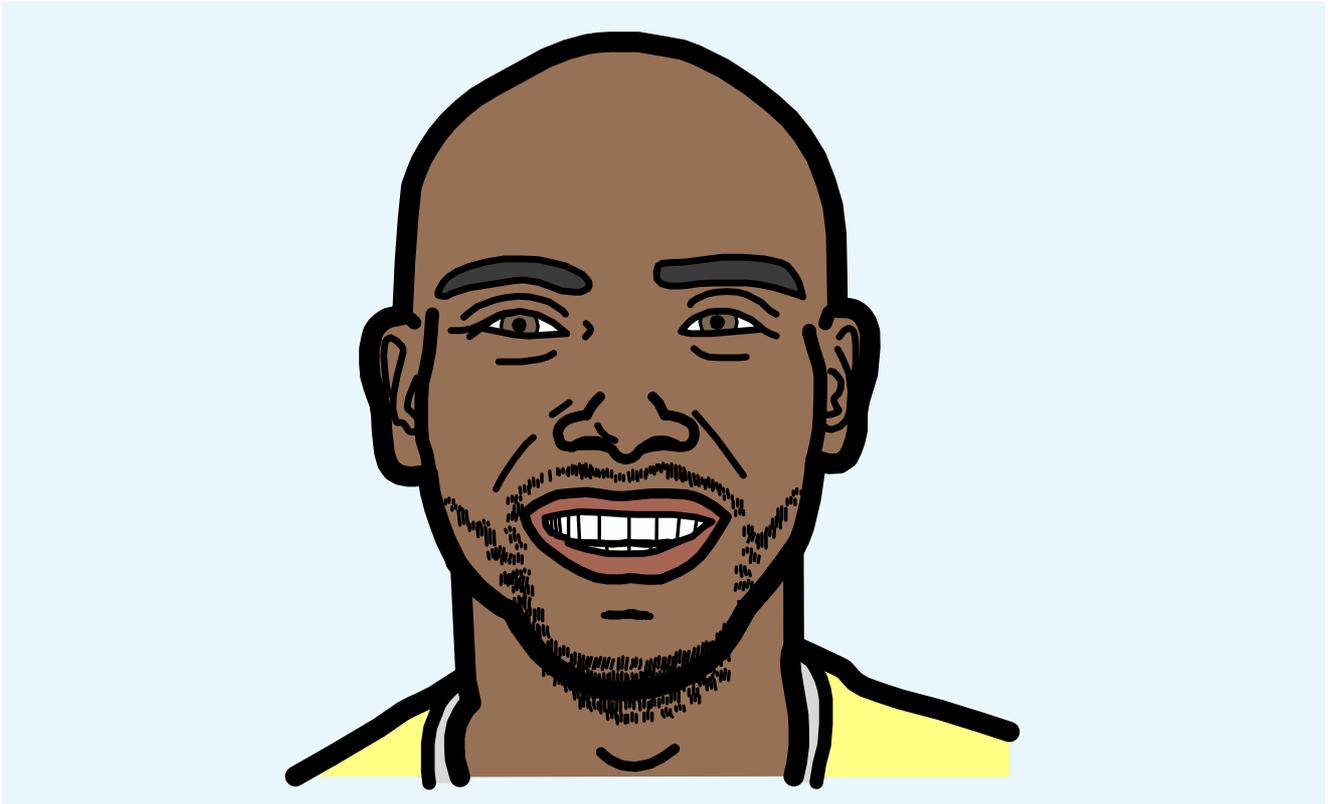
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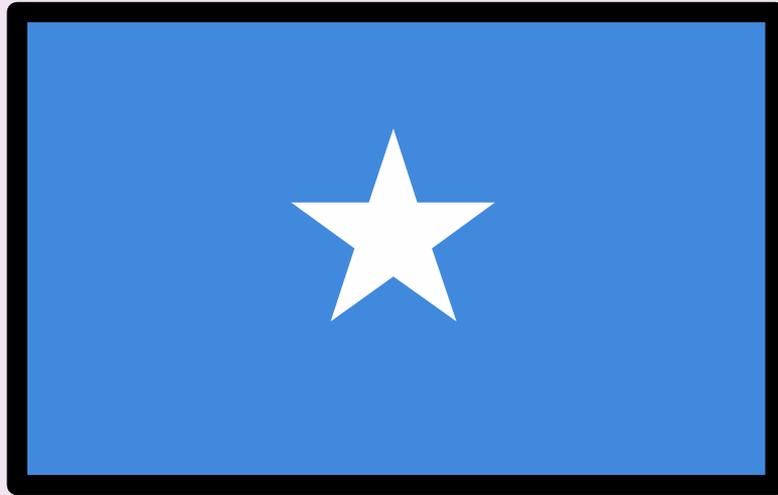


Sir Mo Farah was born in Somalia in 1983.

Mo's birth name was Hussein Abdi Kahin.

Mo's father died in the civil war.

Mo then became separated from his mother.

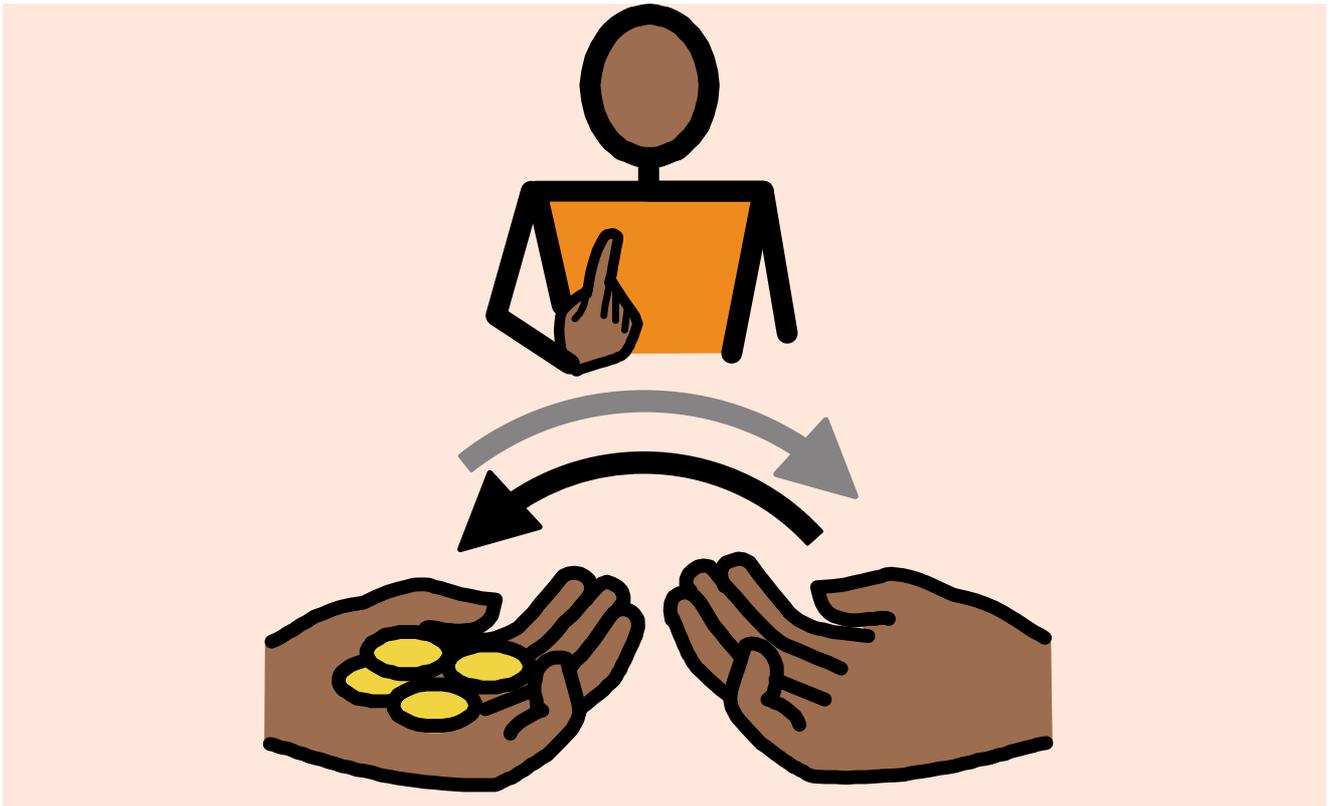


Mo spent his early childhood in Somalia and Djibouti.

Aged 9, Mo was illegally taken to the UK.

Mo was forced to work.

Mo had to look after another family's children.

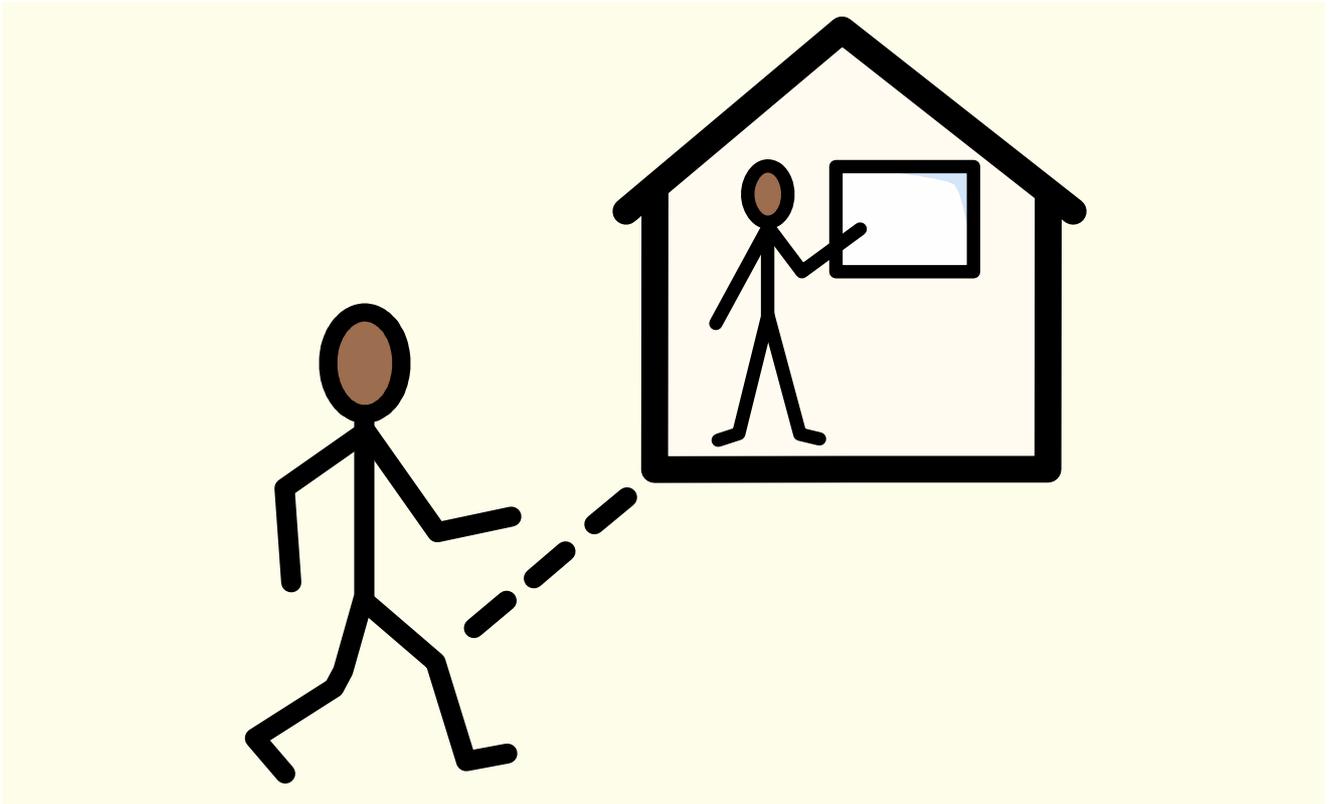


What happened to Mo is called trafficking.

Someone trafficked is transported by force.

They are not told the truth about their journey.

Every year men, women and children are trafficked.



At first Mo was not allowed to go to school.

Mo was forced to work hard.

Mo didn't speak English and was very isolated.

Aged 12 Mo was allowed to go to school.

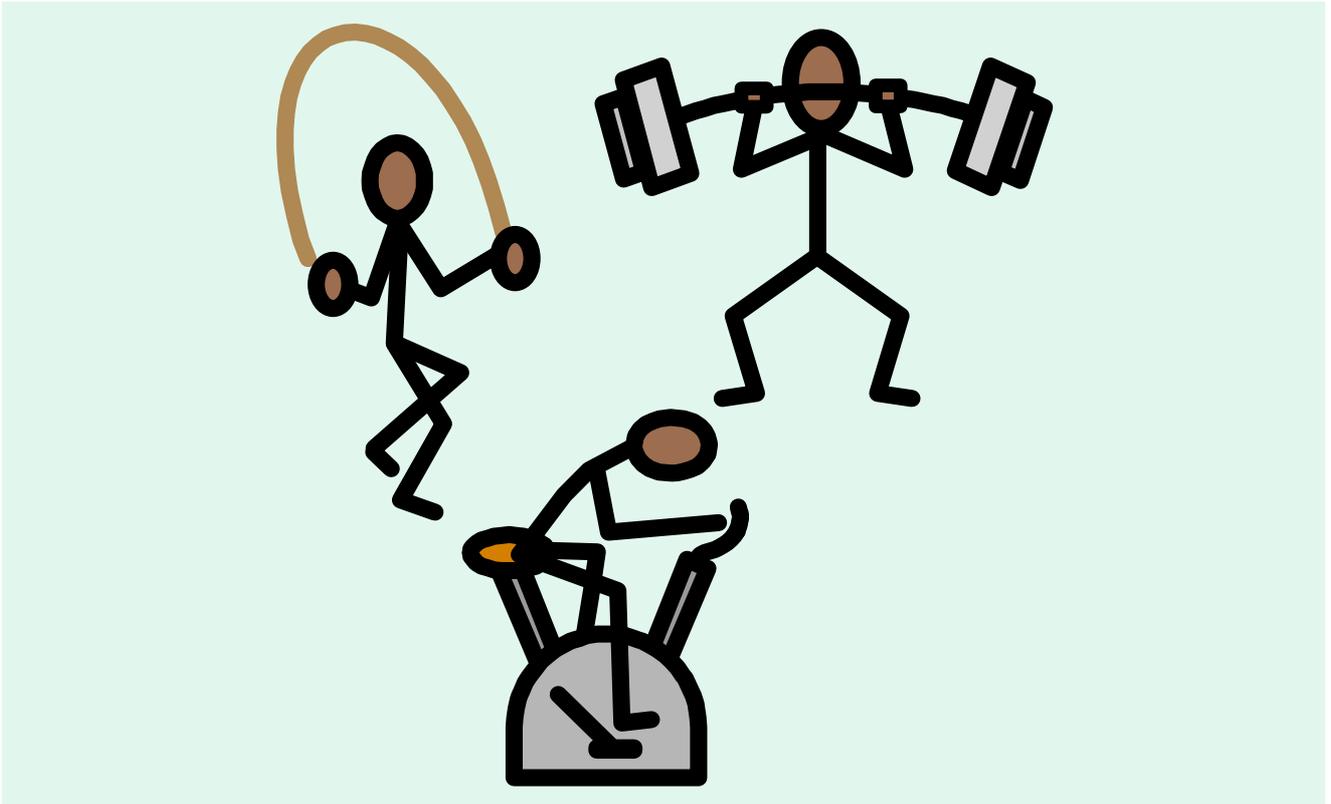


Mo was very talented at football and running.

Mo wanted to be a mechanic or Arsenal footballer.

Mo's teacher helped him to join an athletics club.

Mo had a talent for long distance running.



Aged 13 Mo entered a cross-country championship.

He finished in ninth place.

Aged 14 Mo attended a British Olympics camp.

He decided to focus his training on running.



Mo won the English cross country championship.

In 2001 Mo won a European Junior 5000m race.

Mo decided he wanted to be an Olympic athlete.

In 2006 Mo won his first European gold medal.



In 2012 Mo competed at the London Olympics.

Mo won a gold medal in the 10,000m race.

Mo won a gold medal in the 5000m race.

Mo became very famous and very popular.

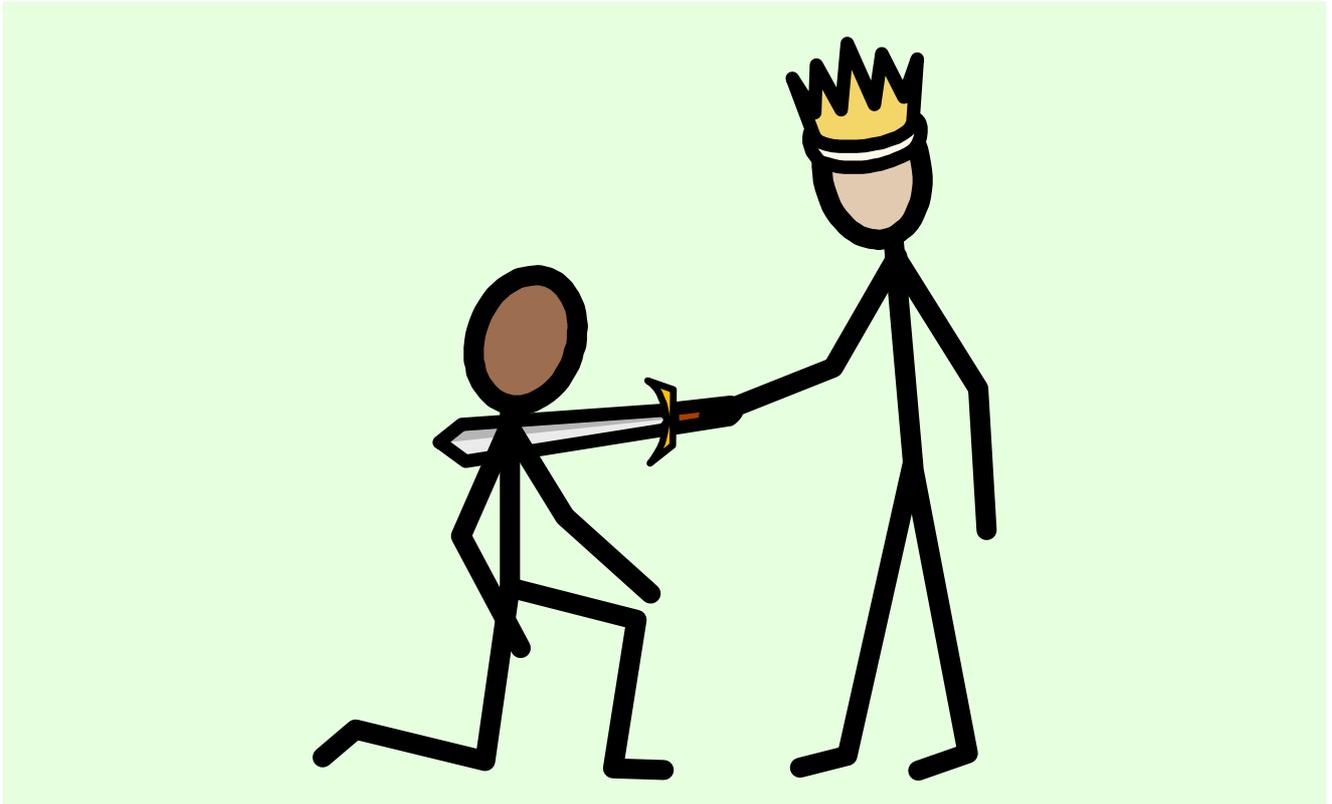


In 2016 Mo competed in the Olympics in Rio.

Mo won a gold medal in the 10,000m race.

Mo won a gold medal in the 5000m race.

Mo has won the most athletics gold medals for Britain.

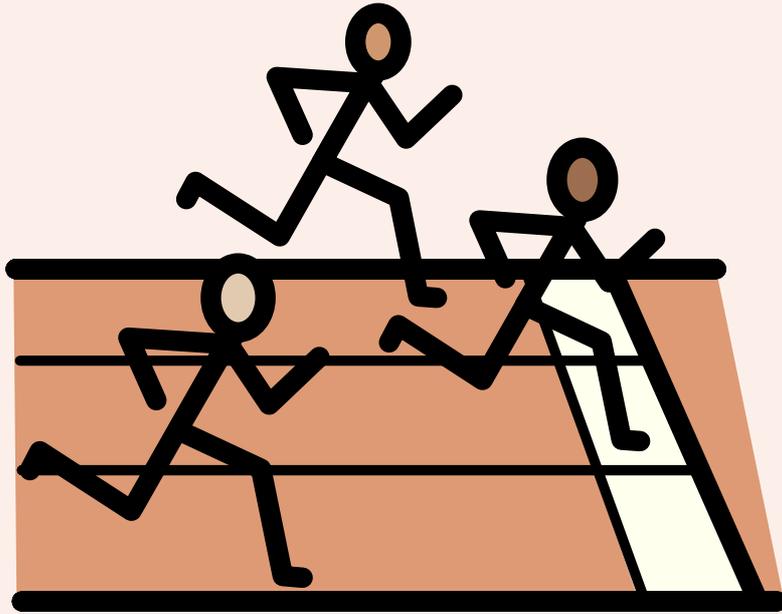


In 2013 Mo was honoured with a CBE.

He was given the CBE for service to athletics.

In 2017 Mo was knighted by the Queen.

He became Sir Mo Farah.



Mo retired from track events in 2017.

Mo began running marathons instead.

A marathon is a long distance run of 26 miles.

In 2018 Mo won the Chicago Marathon in the USA.

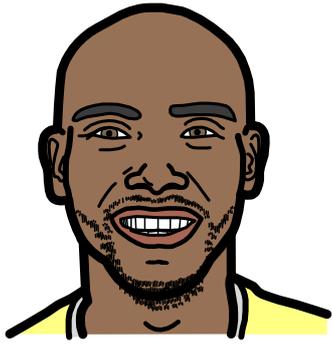


Mo won 10 global championship gold medals.

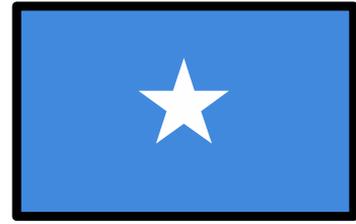
These included 4 Olympic golds medals.

Mo is the most successful British track athlete.

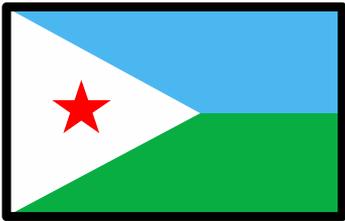
Mo is the most successful long distance runner ever.



Mo Farah



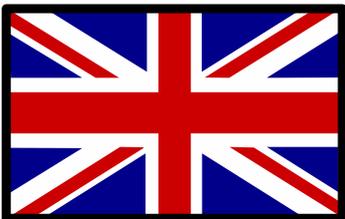
Somalia



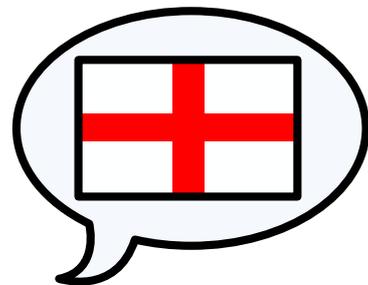
Djibouti



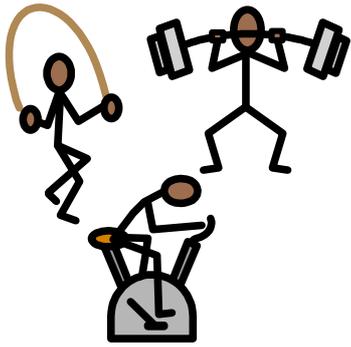
trafficked



UK



speak English

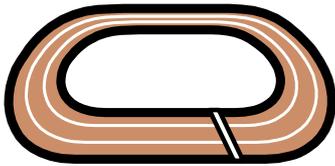


training



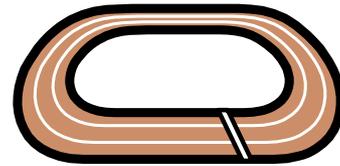
athletics

5000m



5000m

10,000m



10,000m



Olympics



gold medal