

Mo Farah

Symbol Book

**Mo Farah**

## **Symbol**

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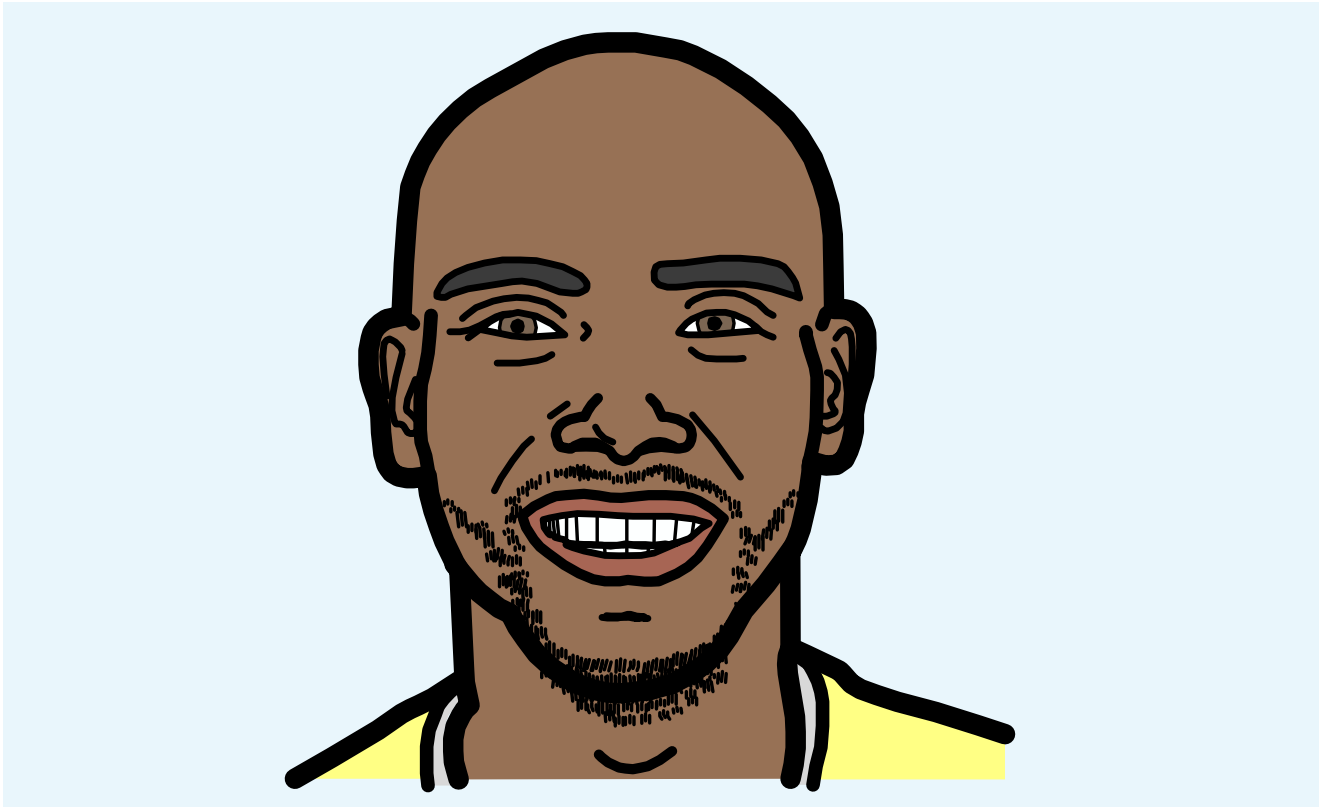
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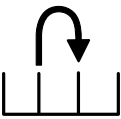
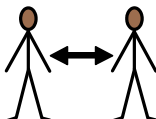
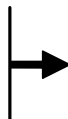
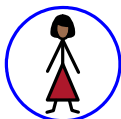
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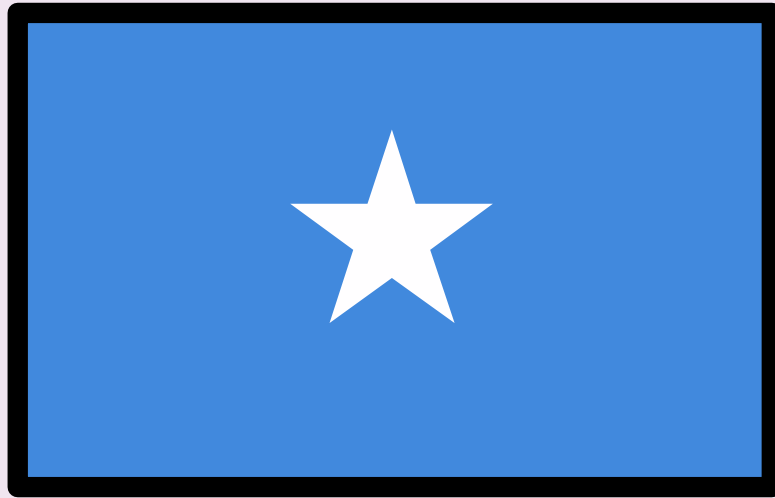


 was  born  in 1983.

 birth  name  was Hussein Abdi Kahin.

 father  died  in the  civil war.

 then  became  separated  from his  mother.



Mo



spent

his



early childhood

in



Somalia

and



Djibouti.



Aged

9,

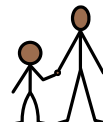


Mo

was



illegally



taken

to the

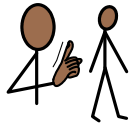


UK.



Mo

was



forced

to



work.



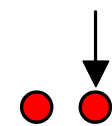
Mo



had to



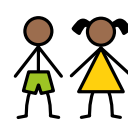
look after



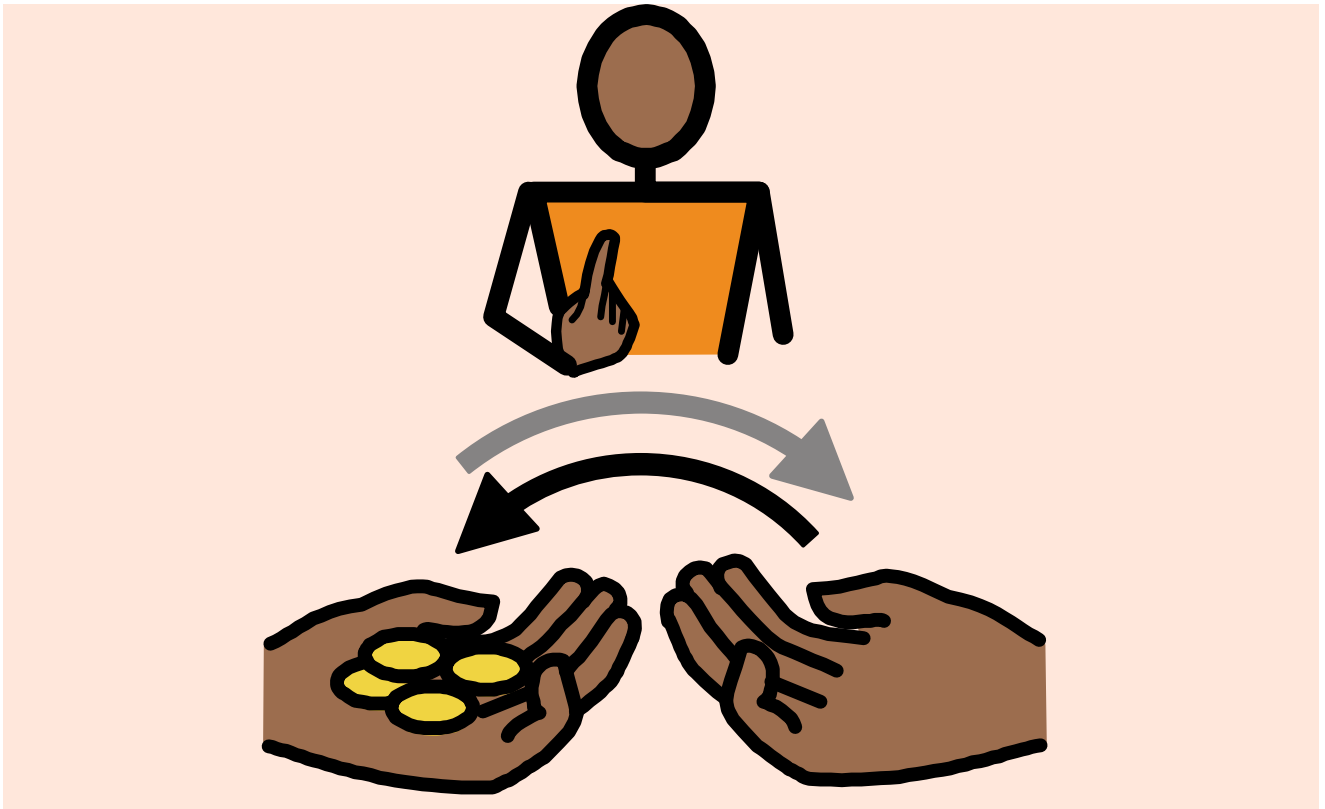
another



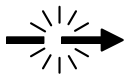
family's



children.



What



happened

to



Mo

is



called



trafficking.

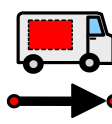


Someone



trafficked

is

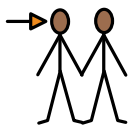


transported

by

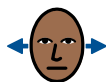


force.



They

are

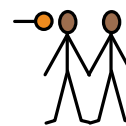


not



told the truth

about



their



journey.



Every year



men,



women

and

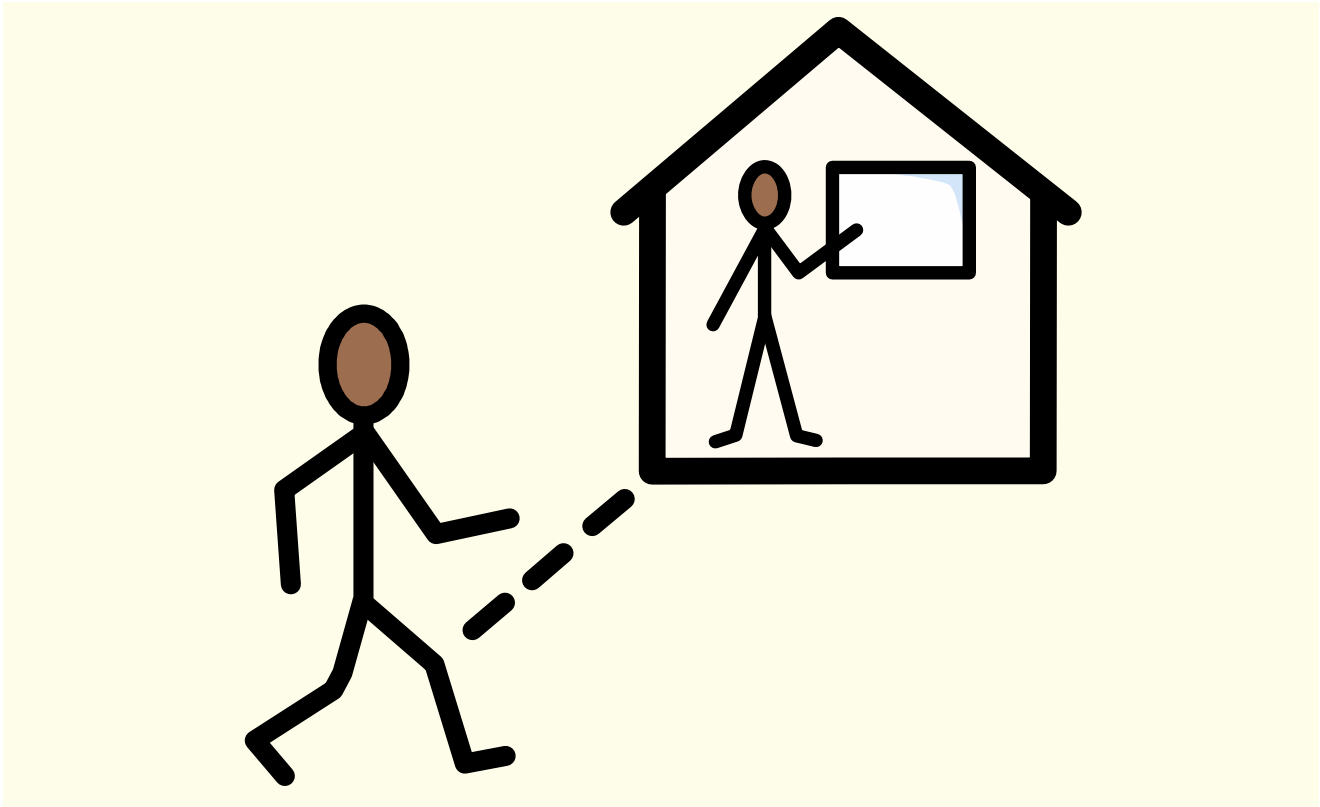


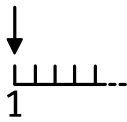

children

are


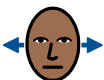

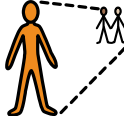





trafficked.




 At first Mo was  not allowed to go to school.

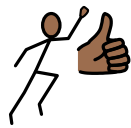

 Mo was  forced to  work hard.


 Mo  didn't  speak English and was very  isolated.

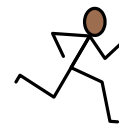

 Aged 12  Mo was  allowed to go to school.



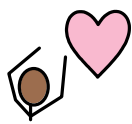
Mo



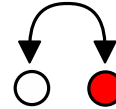
was very talented at football and running.



Mo



wanted to be a mechanic or Arsenal footballer.



Mo's

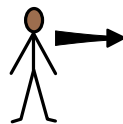


teacher



helped

him to



join

an



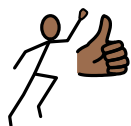
athletics



club.

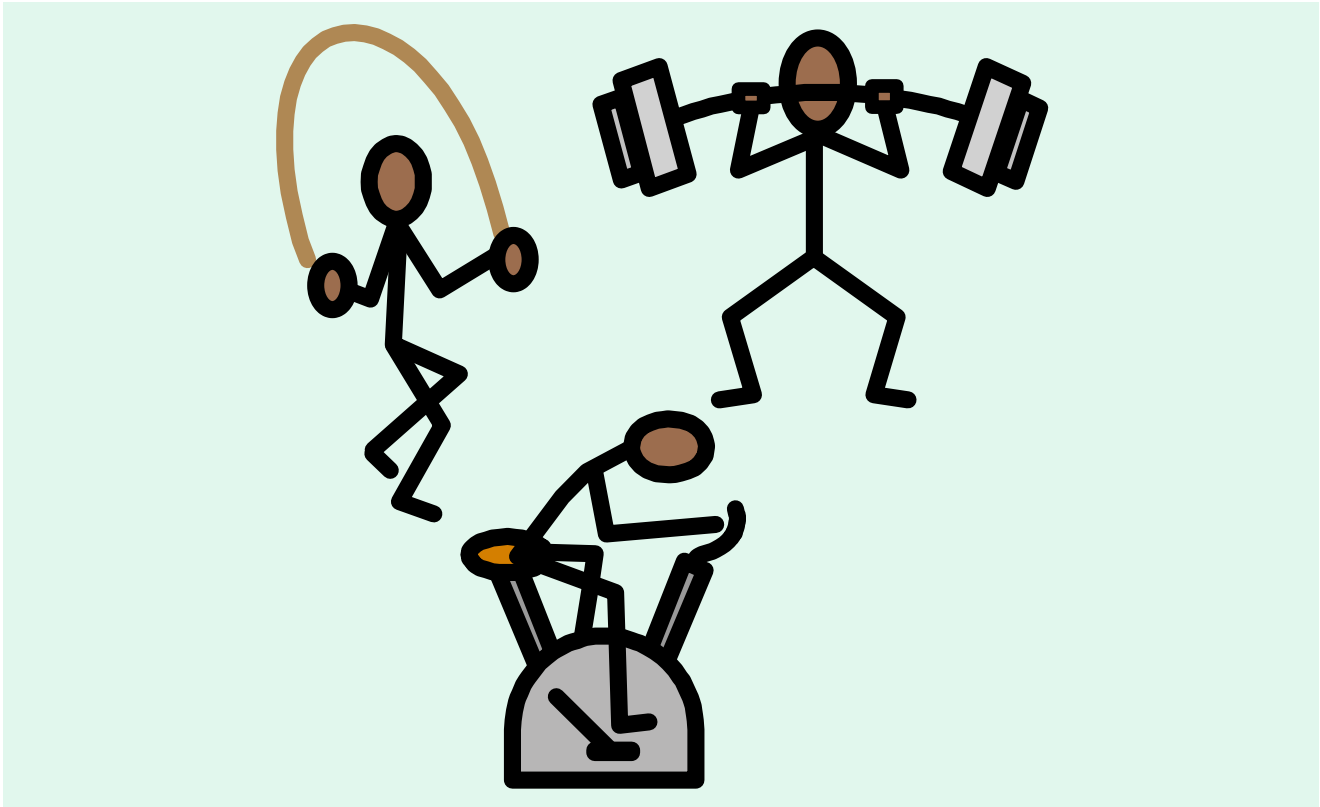


Mo



had a talent for long distance running.





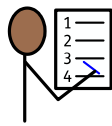
Aged

13

13



Mo



entered

a



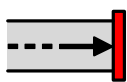
cross-country



championship.

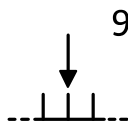


He



finished

in



ninth place.



Aged

14

14



Mo



attended

a



British



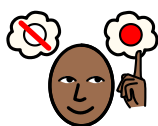
Olympics



camp.

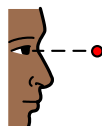


He



decided

to



focus

his



training

on



running.





Mo



won

the



English



cross country



championship.

2001

In

2001



Mo



won

a



European



Junior



5000m



race.

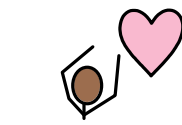


Mo



decided

he



wanted to be

an



Olympic



athlete.

2006

In

2006

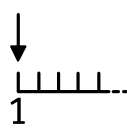


Mo



won

his



first



European



gold medal.



In 2012 Mo competed at the London Olympics.

Mo won a gold medal in the 10,000m race.

Mo won a gold medal in the 5000m race.

Mo became very famous and very popular.

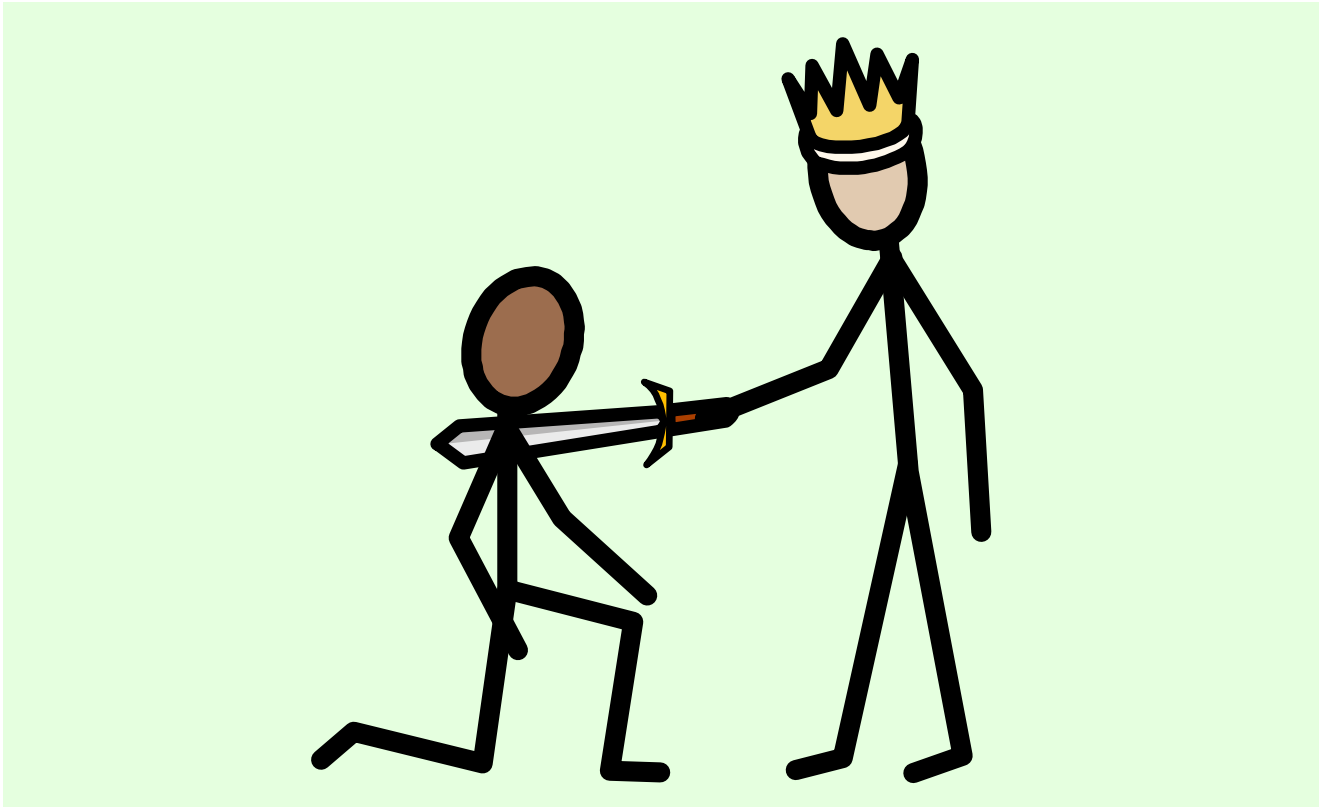






In 2016 Mo competed in the Olympics in Rio.






Mo won a gold medal in the 10,000m race.




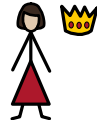
Mo won a gold medal in the 5000m race.


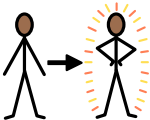
Mo has won the most athletics gold medals for Britain.

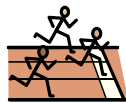
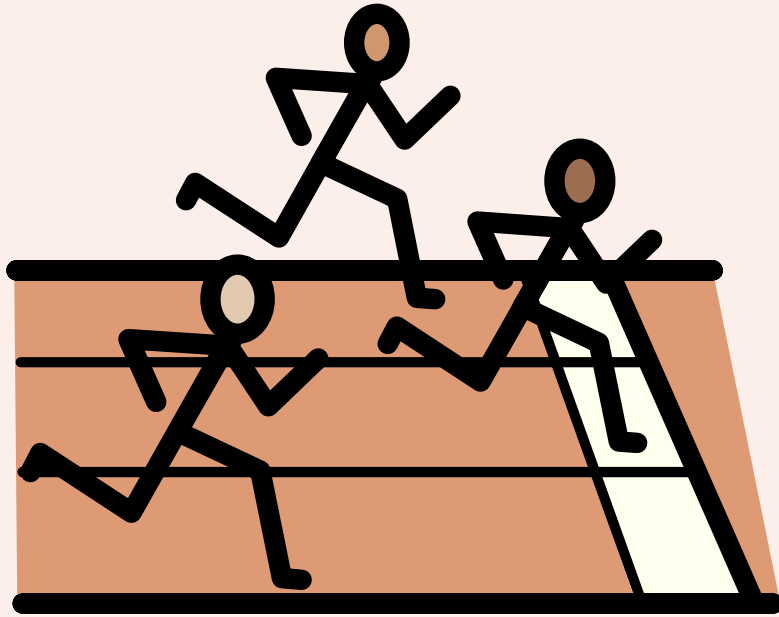




 was
 
 with a
 
 CBE.


 was
 
 the
 
 for
 
 to
 
 athletics.

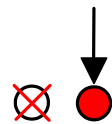


 was
 
 by the
 
 Queen.


 became
 
 Sir Mo Farah.



2017

Mo retired from track events in 2017.



Mo began running marathons instead.



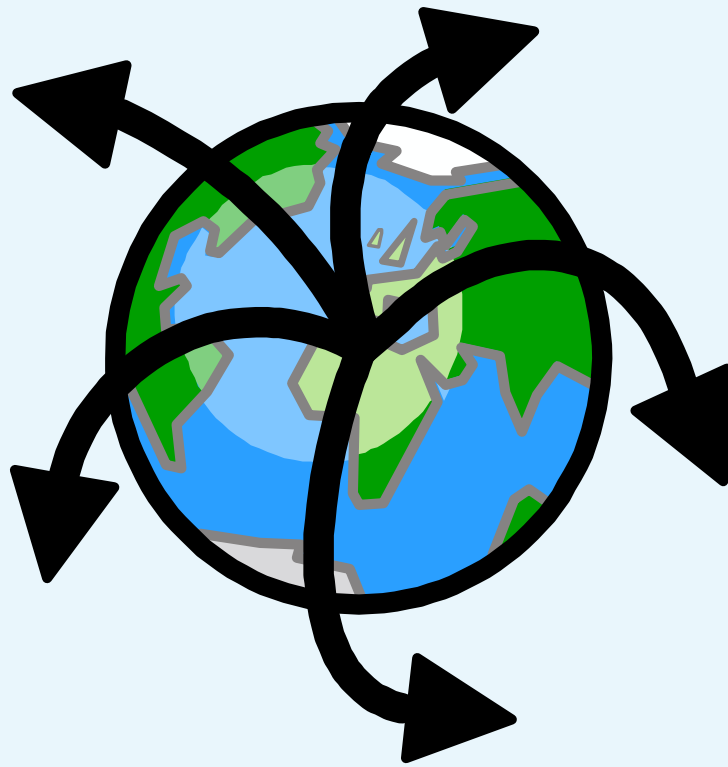
26  mile

A marathon is a long distance run of 26 miles.

2018



In 2018 Mo won the Chicago Marathon in the USA.



Mo



won

10

10



global



championship



gold medals.



These included

4

4



Olympic

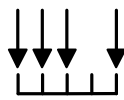


golds medals.



Mo

is the



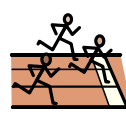
most



successful



British



track

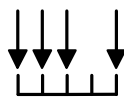


athlete.



Mo

is the



most



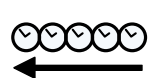
successful



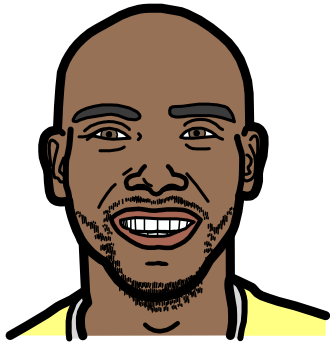
long distance



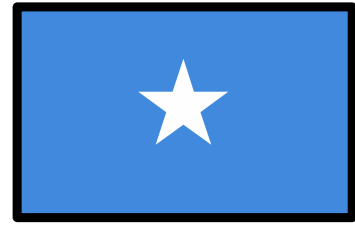
runner



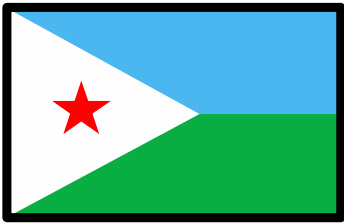
ever.



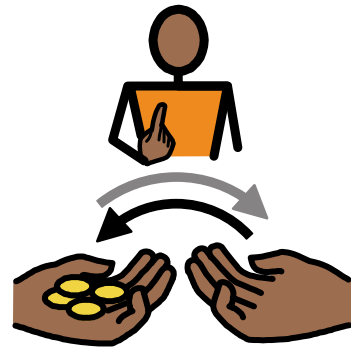
Mo Farah



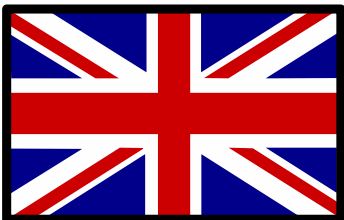
Somalia



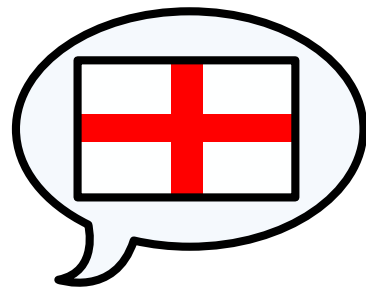
Djibouti



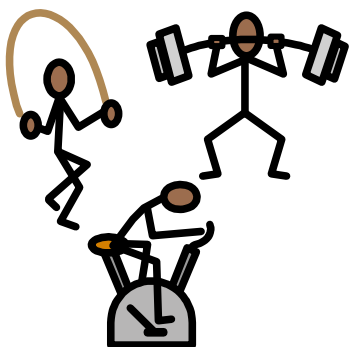
trafficked



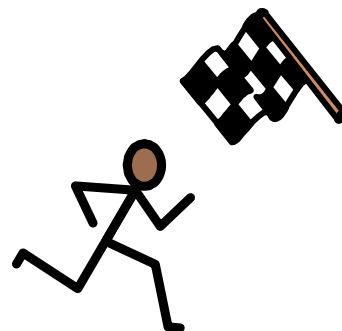
UK



speak English

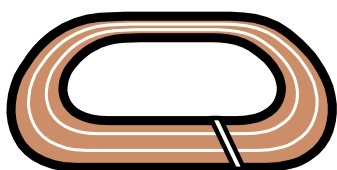


training



athletics

5000m



5000m

10,000m



10,000m



Olympics



gold medal