

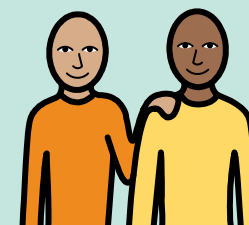
feel better



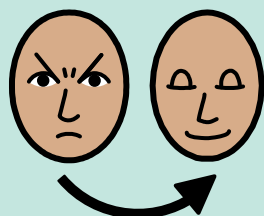
family



exercise



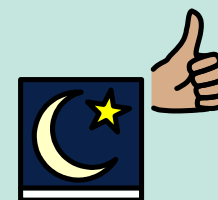
friends



relaxed



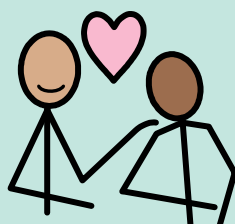
well being



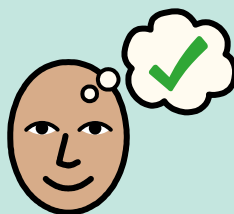
good nights



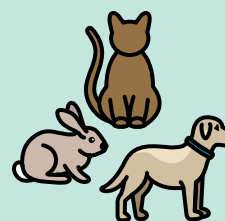
sleep



kindness



understanding



pets



healthy food