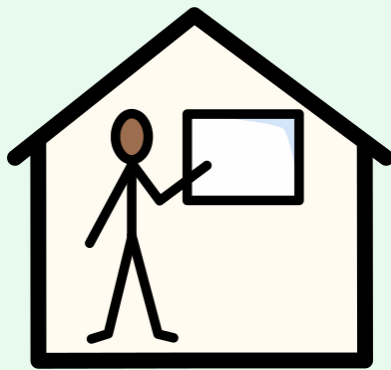


Going Back



to school

Kindly Created by Jeannette Jones from Dove Green Private School
to be used and edited as required.



I

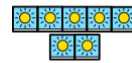


have been learning



at home

for



a few weeks.



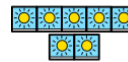
Learning



has been different



online



for a few weeks.



This



can make people



feel worried

or



unsure.



Now,



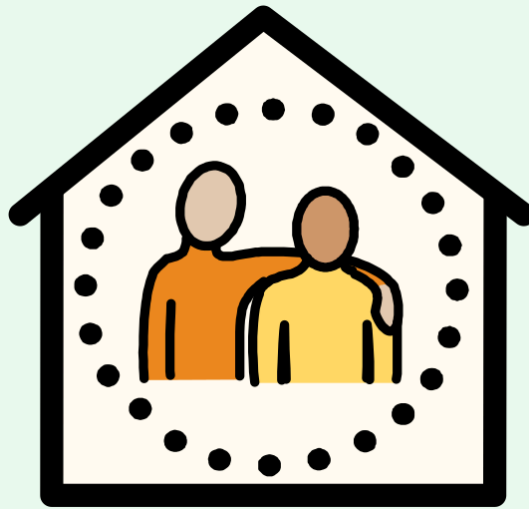
I



am going back to



school.



People



might have



different



feelings about

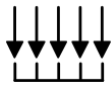


going back

to



school.



All



feelings

are



okay.



My school

is a



safe place.



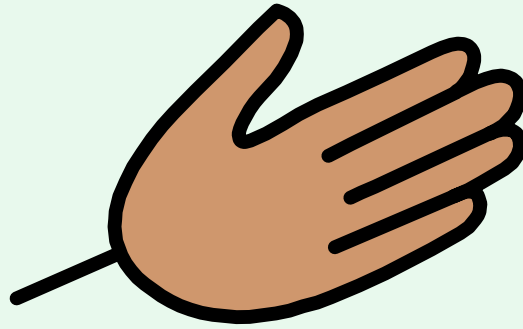
Adults



at school



care about me.



   
My teacher will support me.

   
Other adults will support me.

   
Some things at school will feel the same.

   
Some things at school will feel different.



I can



take my time

and



ask questions

to



understand.



I



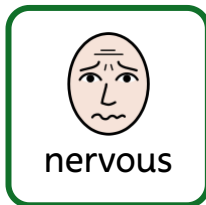
might



feel...



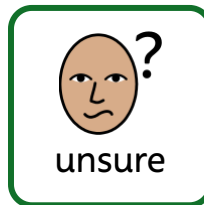
happy



nervous



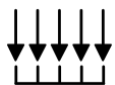
excited



unsure



tired



All of

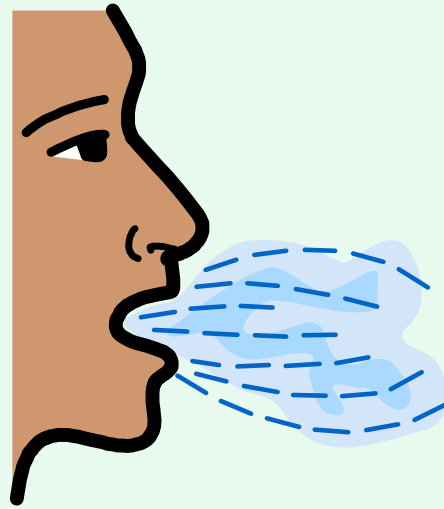


my feelings

are



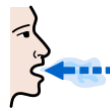
okay.



If I feel worried,



I can



breathe in slowly.



Then

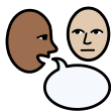
blow the air



out.



I can



tell

an



adult



how I feel.



I can



ask

an



adult

for



help.



I can



choose

a



quiet space.



Adults



will



listen

to



me.



Adults



will



support



me.



Adults



will



keep me safe.



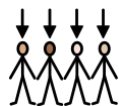
I



might



need support.



Everyone



learns in



different ways.



That is okay.



Back to



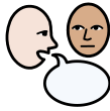
school



I



will



say



goodbye

to



my parents.



I



will



go to school.



I



will



see



my teacher and my class.



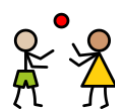
I



will



learn,



play

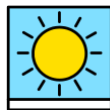
and



have breaks.



At the end



of the day



I



will go



home.



I can



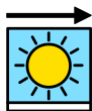
rest.



I can do



things I enjoy.



The next day



I



will go



to school



again.



Going back



to school



might



feel difficult.



That is okay.



We are together.



We



can do this!



I can do this!