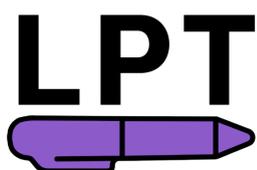


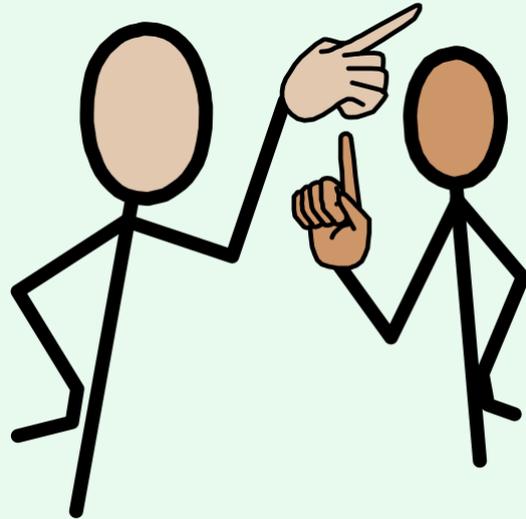


Things are feeling different

Created with guidance and support from:



@edsidera @londonprimaryteacher @louiseinclusion



Some things might



feel



different.



Some countries



are having disagreements.



You might



hear



adults



talking about



the disagreements.



This is okay

-

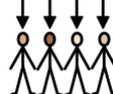


the adults



are planning

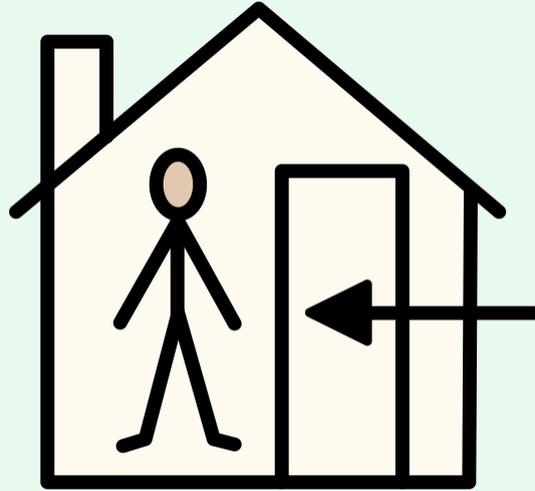
to

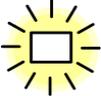


keep everyone



safe.



 You might  hear  new words like  sheltering or  remote learning.



Sheltering means staying inside.

 Sheltering means  staying somewhere safe.

 Sheltering means  school work  at home.

 Sheltering means  adults  working from home.



If you are celebrating Ramadan...



Sheltering means you cannot go to the mosque.



You can pray at home.



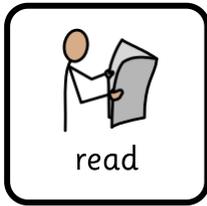
You can eat suhoor at home.



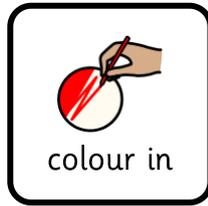
You can break fast at home.



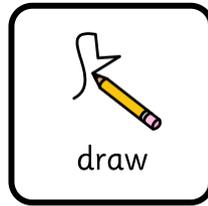
Things you might do when sheltering...



read



colour in



draw



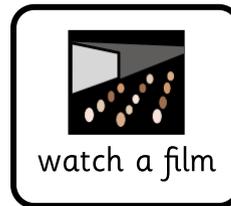
listen to music



jigsaw



crafts



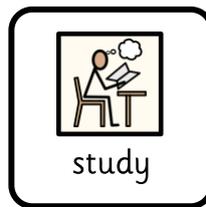
watch a film



facetime



ipad



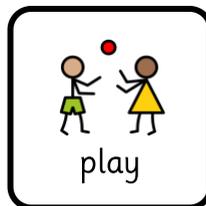
study



watch TV



play games



play



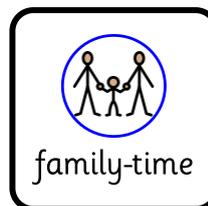
gaming



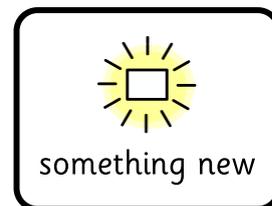
bake



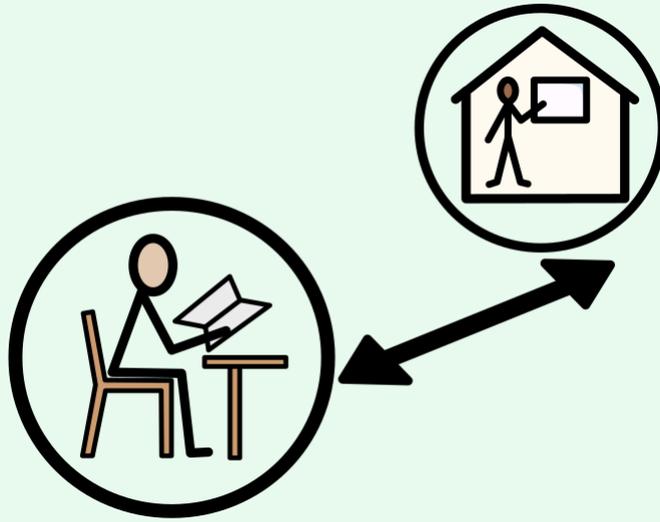
exercise



family-time



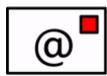
something new



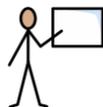
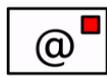
Remote learning means school work from home.



My teacher will send me work to do at home.



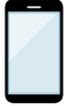
I can email my teacher questions about my school work.



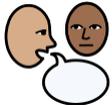
My adults can email my teacher questions about my school work.



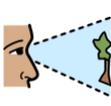
My teacher still cares about me.

 You might  hear  sirens  on phones.

 These  are loud  and might  be scary  but they are  keeping you safe.

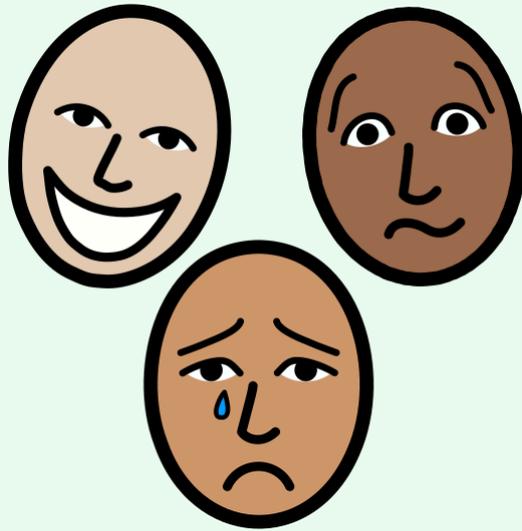
 They  tell you  how to  stay safe.

 You might  hear  bangs.

 You might  see  smoke  or  fire.

 The bangs,  smoke  and  fire  mean the government  are  keeping you safe.

 The bangs  might  be scary  but  sheltering  will  keep you safe.







 You might feel confused - this is okay.





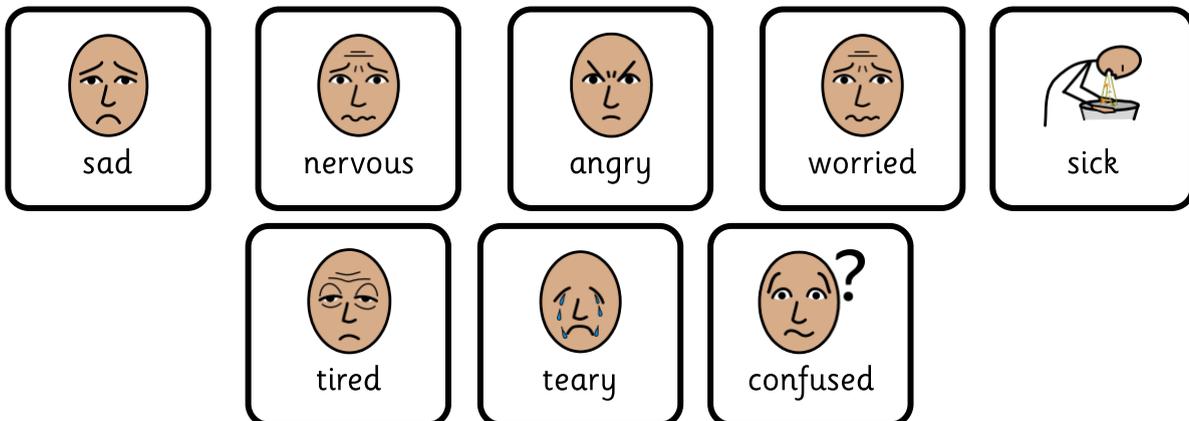
 You might feel scared - this is okay.





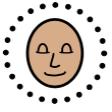


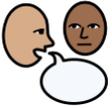
 You might feel another emotion - this is okay.

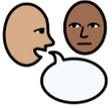


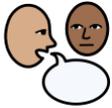


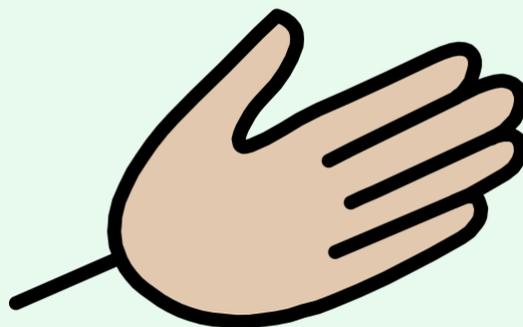
 You might  see  information  online.

 Some sources  are not  reliable  so  check  if you are unsure.

 If you have questions,  you can  talk to  your adults  at home.

 If you are scared,  you can  talk to  your adults  at home.

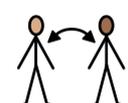
 If you don't understand,  you can  talk to  your adults  at home.



    
Your adults will help you understand.

  
Your adults will help keep you safe.

   
Your adults might seem worried too - this is okay.

  
Keep talking to to help each other.