

# Our Bodies

Text Book

# **Our Bodies**

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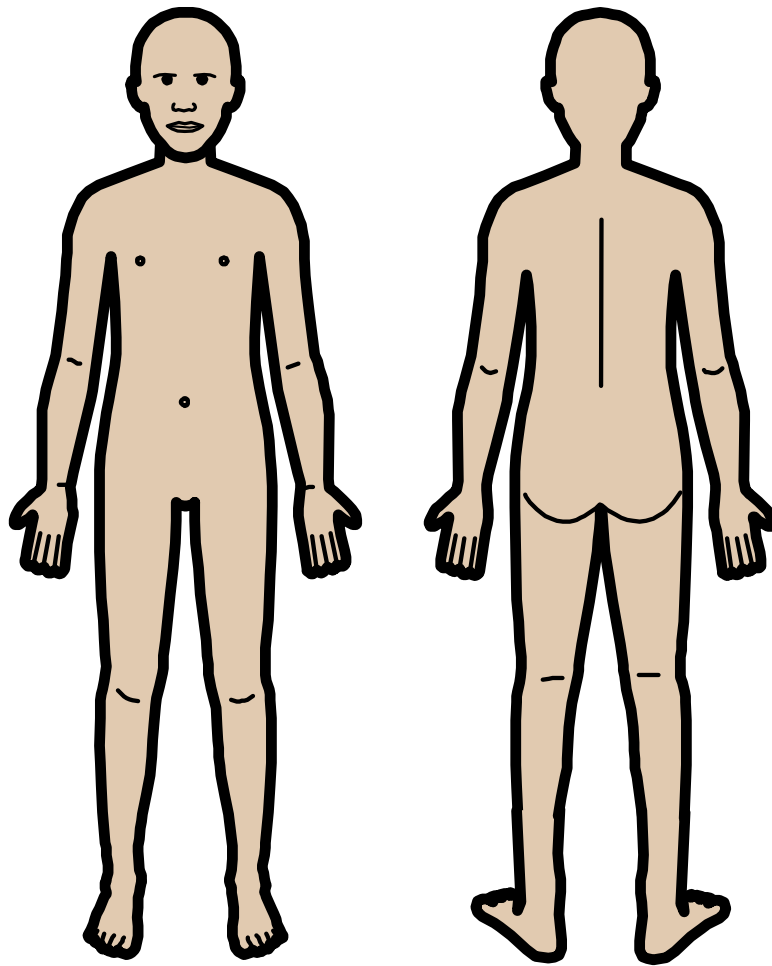
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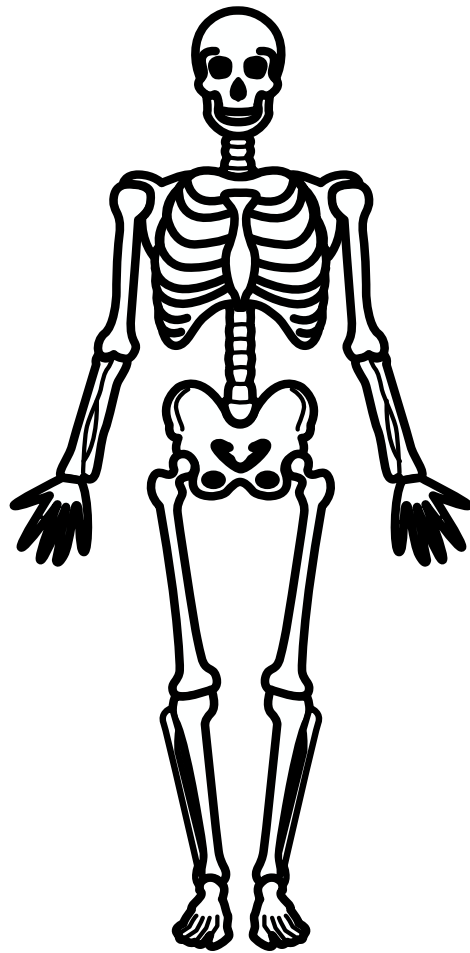
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Our body has many important parts.

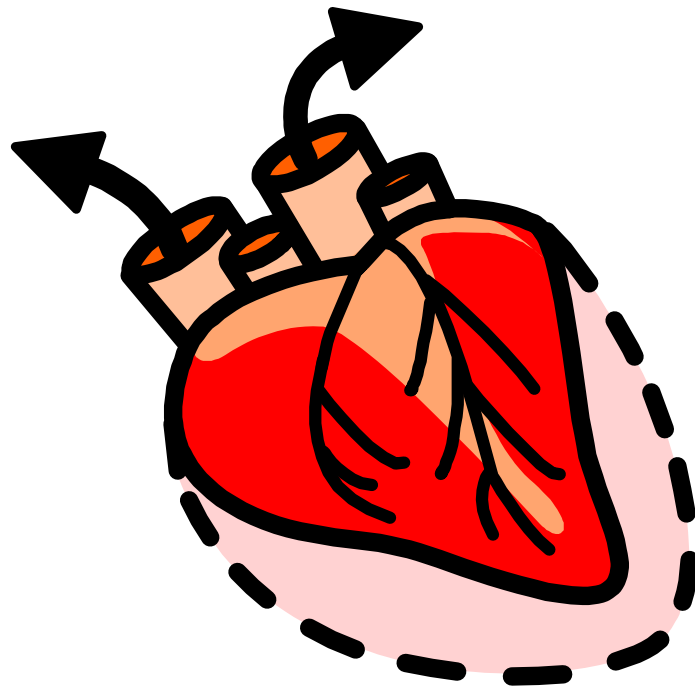
All our body parts work together to help us  
see, hear, smell, laugh and run.



Inside our body is a skeleton.

A skeleton has 200 bones.

The smallest bone is in the ear.

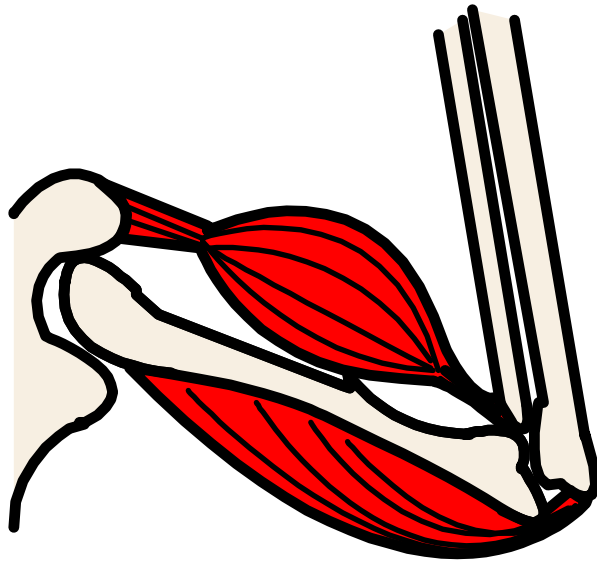


The heart is a muscle.

The heart is the size of a fist.

The heart has 4 parts.

The heart pumps blood around our body.

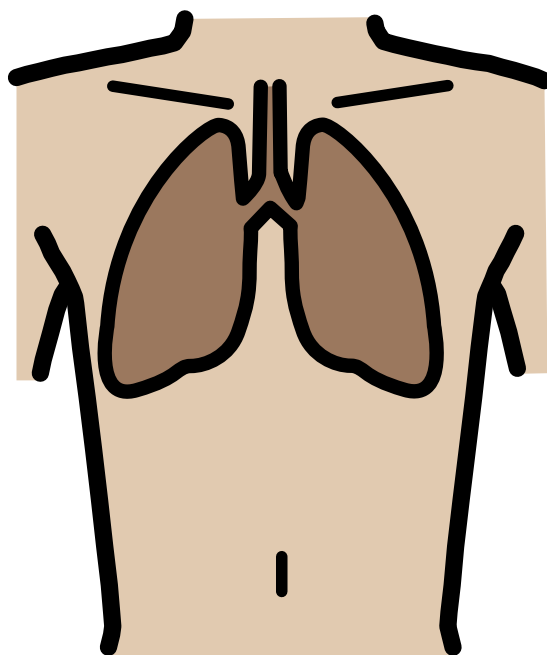


Our body has 600 muscles.

Muscles help us move by getting longer and shorter.

The most important muscle is the heart.

The muscles that move our eyes move the most

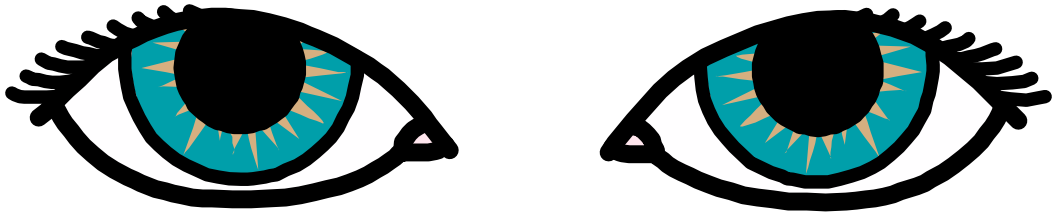


We have two lungs inside our body.

We breathe air into our lungs.

The lungs get bigger and smaller.

Air has the oxygen our body needs.



Our eyes let us see.

Our eyes take in light through a lens.

The light make a picture in our eye.

The picture is sent to our brain.



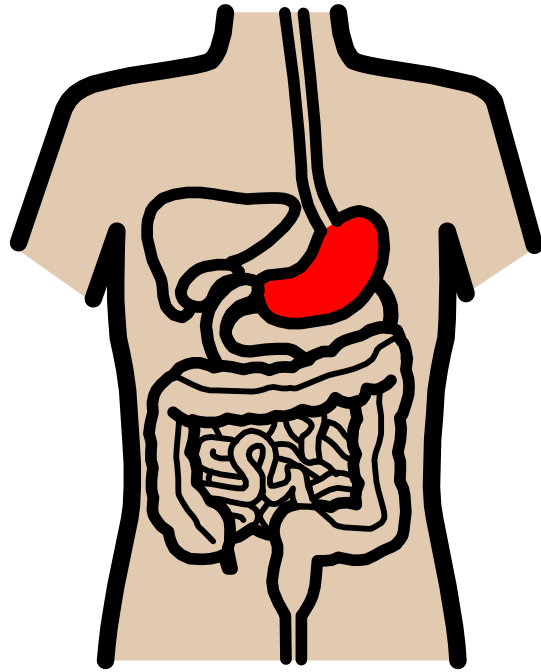


Our brain is like a computer.

Our brains help us feel emotions.

Our brain helps us think, learn and remember.

Our brain also controls our organs.

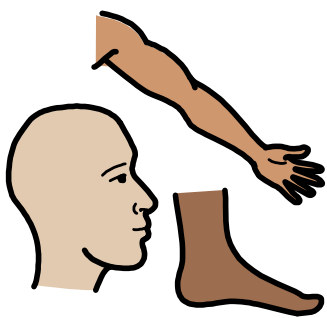


Our stomach is part of our digestive system.

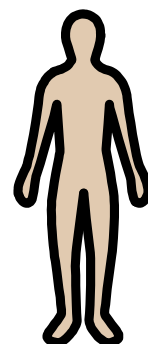
The food we eat goes into our stomach.

our stomach dissolves the food.

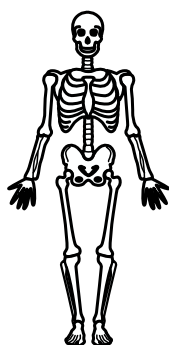
The food then passes to our intestines.



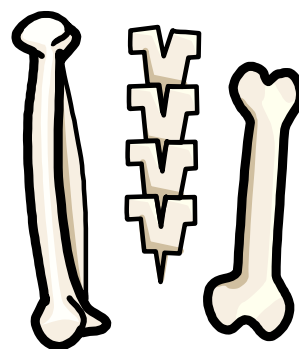
body parts



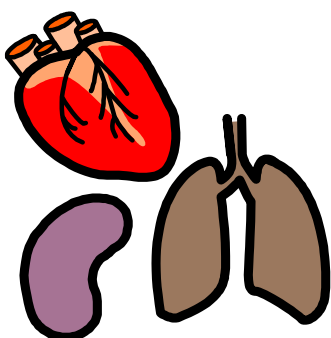
body



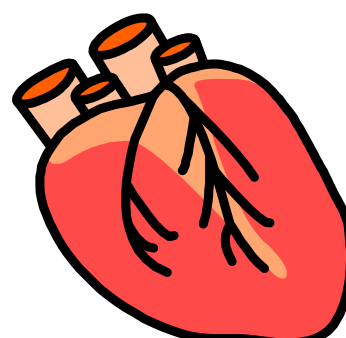
skeleton



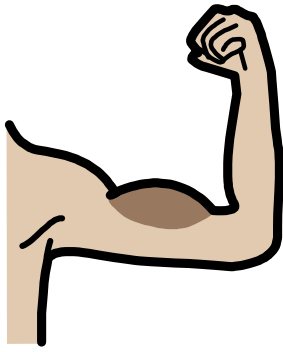
bones



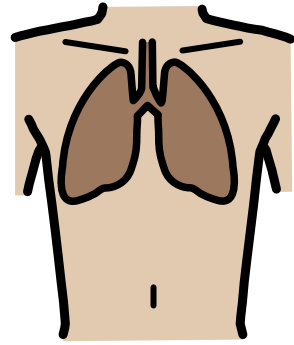
organs



heart



muscle



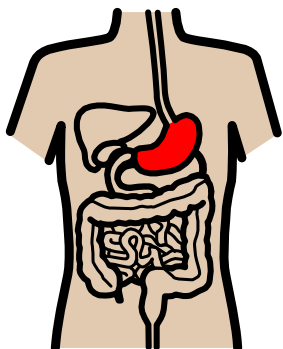
lungs



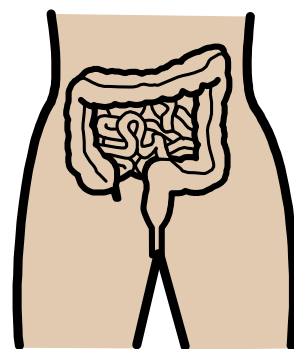
eyes



brain



stomach



intestines