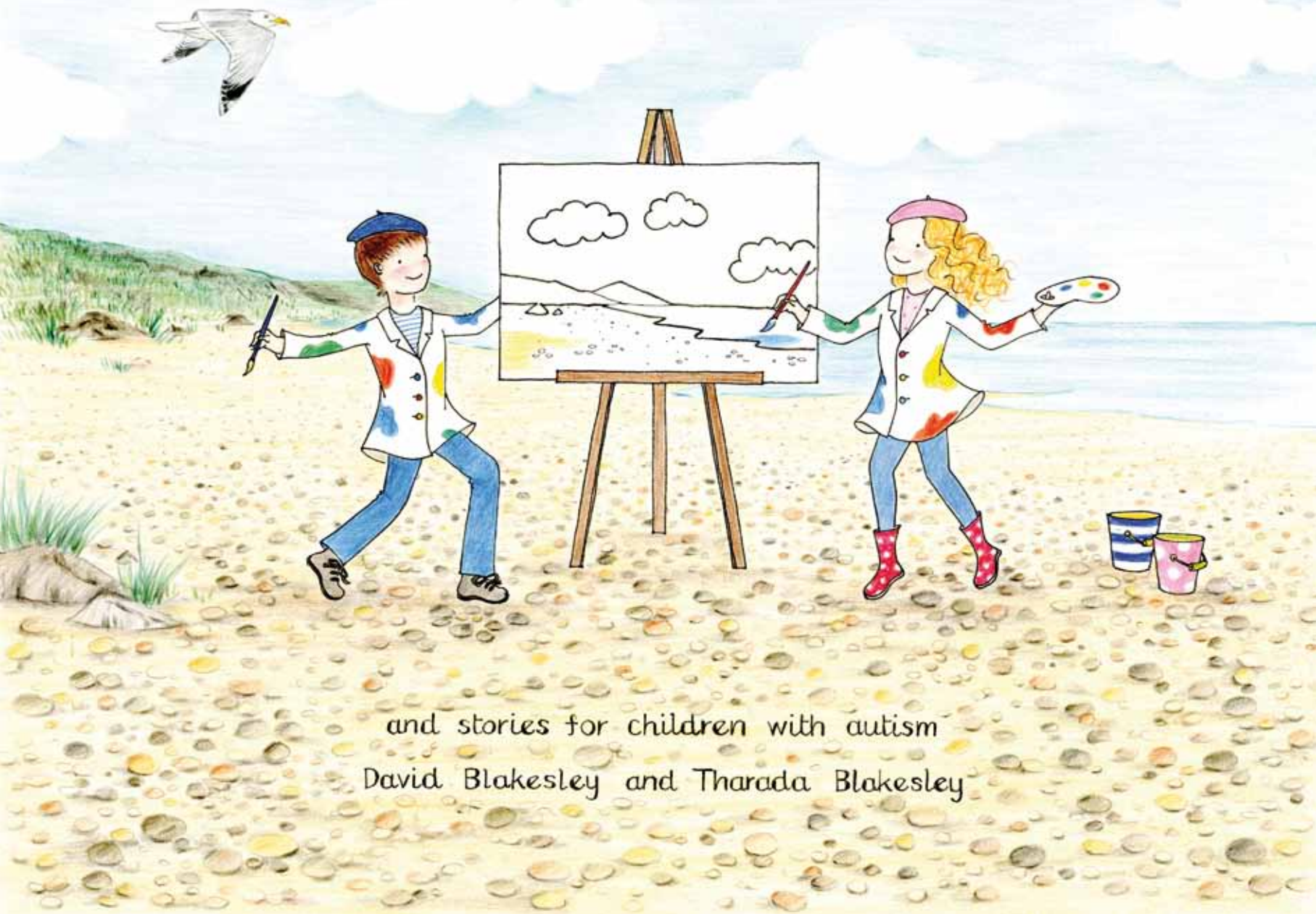


Alex and Rosie's Suffolk Colouring Book



and stories for children with autism
David Blakesley and Tharada Blakesley

Alex and Rosie's Suffolk Colouring Book

Stories by David Blakesley

Illustrations by Tharada Blakesley



Introduction

Autism and Nature is a non-profit organisation dedicated to enriching the lives of children on the autism spectrum, by helping to engage them with the countryside and nature. This 'Alex and Rosie' colouring book complements our guide 'Visiting the Suffolk countryside: a guide for parents and teachers of children with autism', and our children's story book 'Alex and Rosie's Adventures in Suffolk'. It is designed to help parents, carers and teachers to engage children with the natural world of Suffolk's Coast & Heaths, Dedham Vale and the wider Suffolk countryside. The book includes landscapes, activities and wildlife for children to colour. We hope that it will appeal to younger children with autism and related disabilities, and children with speech and language difficulties, and encourage their interest in the countryside and nature. For more information visit the Autism and Nature website (www.autismandnature.org.uk).

This book has been generously funded by the Suffolk Coast & Heaths Area of Outstanding Natural Beauty (AONB) Sustainable Development Fund and Amenity and Accessibility Fund; the Dedham Vale AONB Sustainable Development Fund; and Suffolk Community Foundation. We would especially like to thank Catherine Smith and Andrea Pittock for their continued support of our work. We are grateful to Activities Unlimited and Autism Suffolk for their help in distributing this book; and Cate Rae and Guillaume Duclaud-Williams (Widgit Software) for their valuable advice and help with symbolising the text. Finally, we would like to thank Barbara Creed for the layout of the book.





Alex



and Rosie



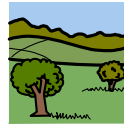
love



to visit



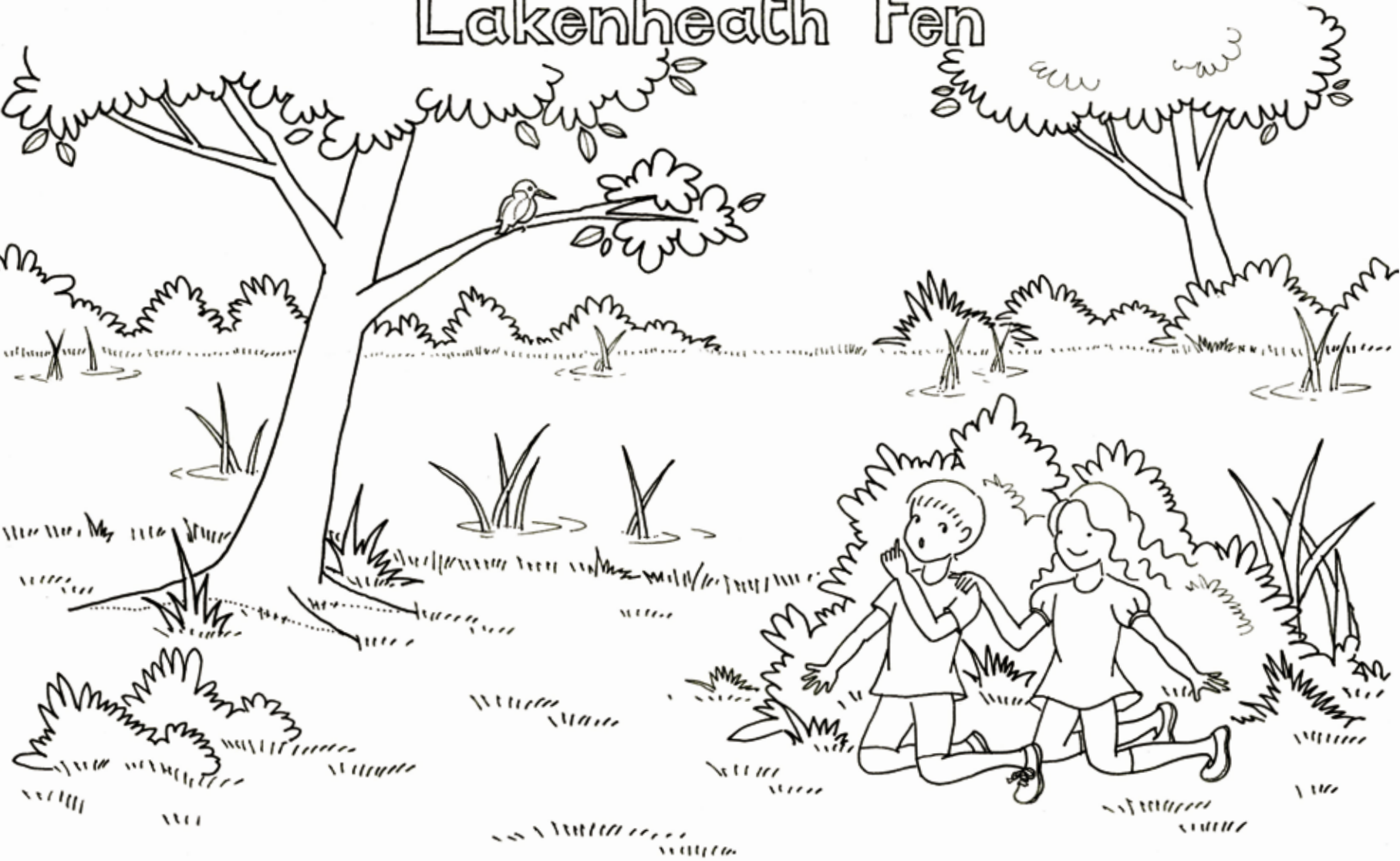
the Suffolk



countryside.



Lakenheath Fen



Alex



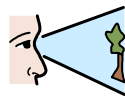
and Rosie



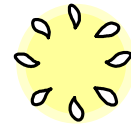
sat



quietly,



watching



a beautiful



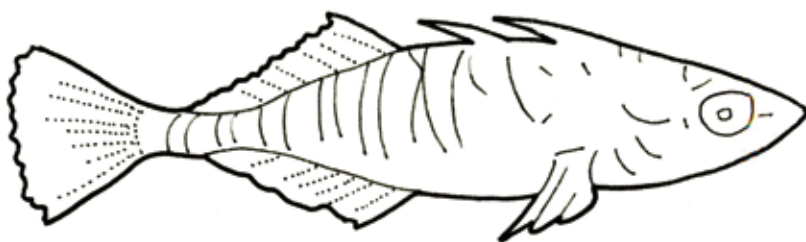
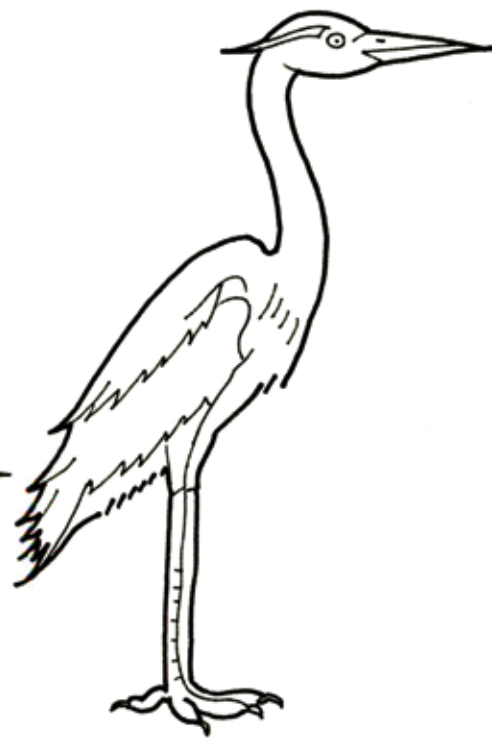
kingfisher.



Kingfisher



Grey heron



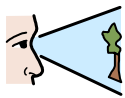
Stickleback



Lackford Lakes



Alex



looked at

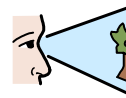


the yachts

while Rosie

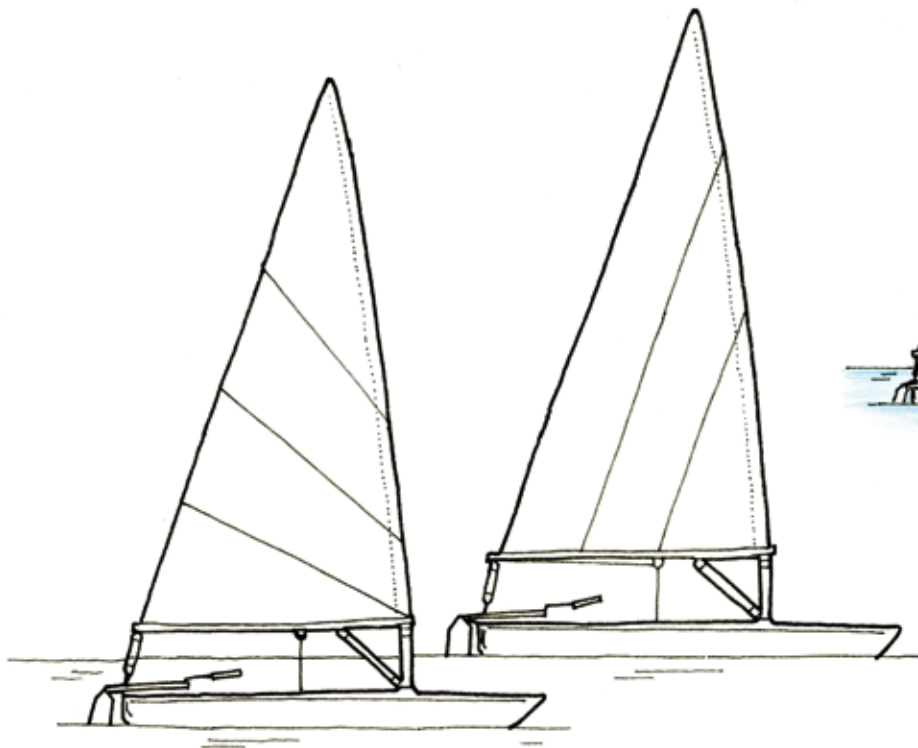


watched



the grebes.





Yachts



Great crested grebe

Bradfield Woods



Alex



and Rosie



found



wild flowers



in the woods



in the spring.



Cowslip



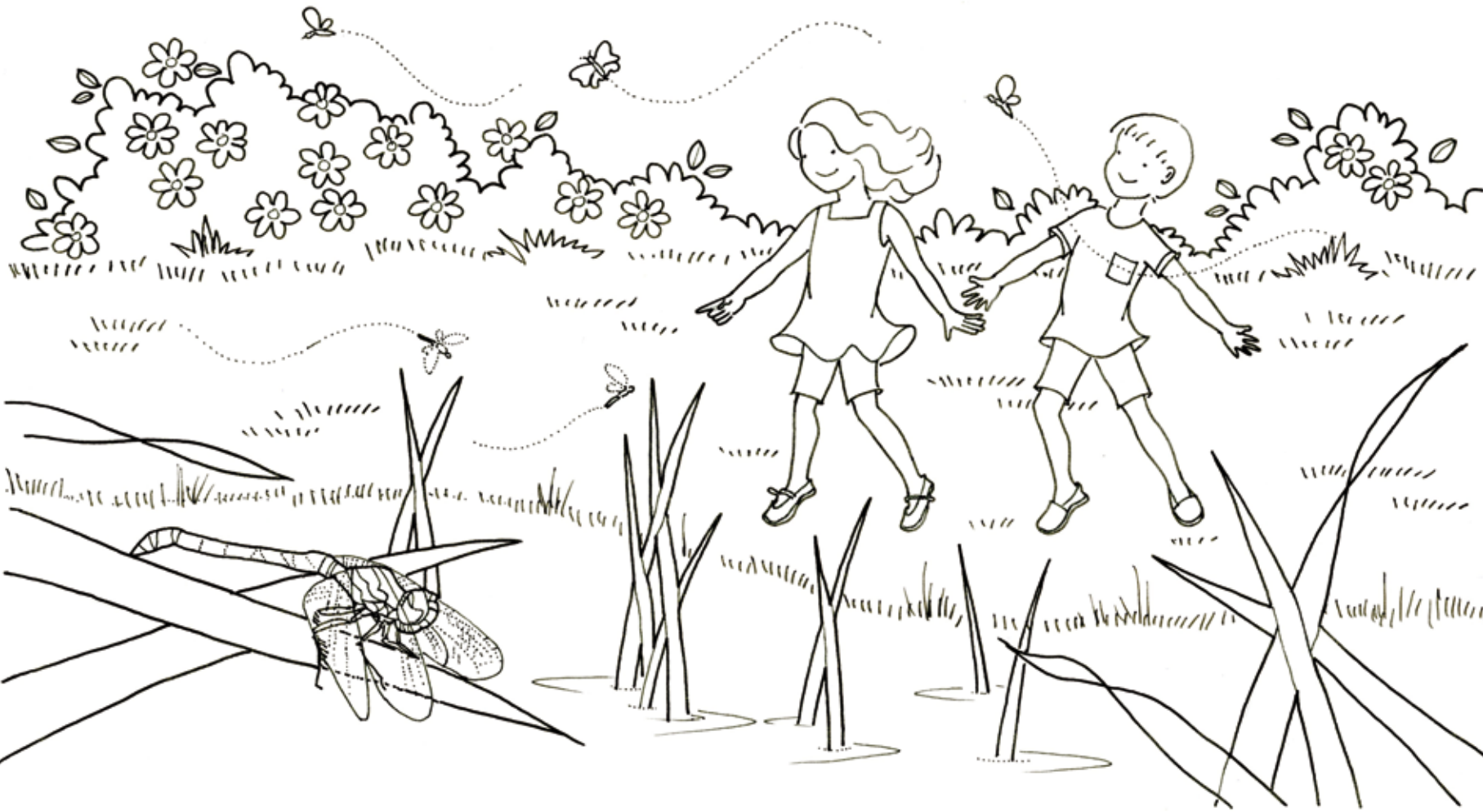
Early-purple orchid



Red campion



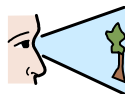
Redgrave and Lopham Fen



Alex



and Rosie



saw



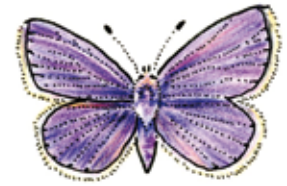
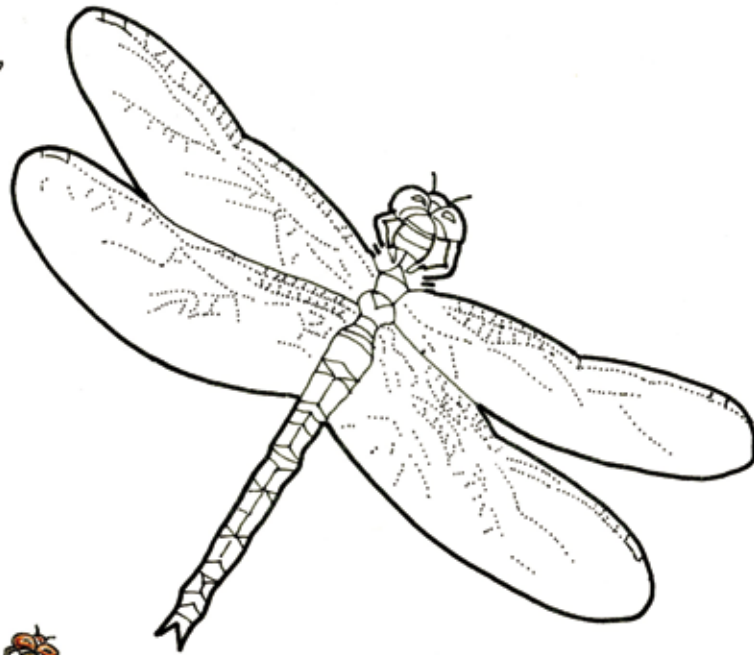
colourful



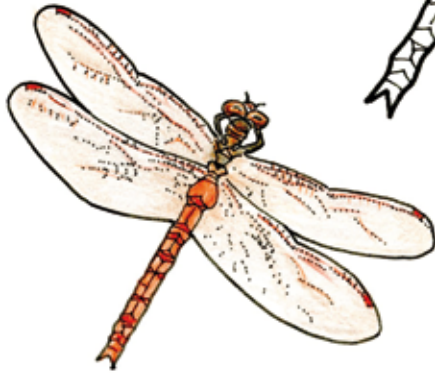
butterflies



and dragonflies.



Common blue



Common darter



Peacock



Northfield Wood



Alex



made



a special



leaf



crown



for Rosie



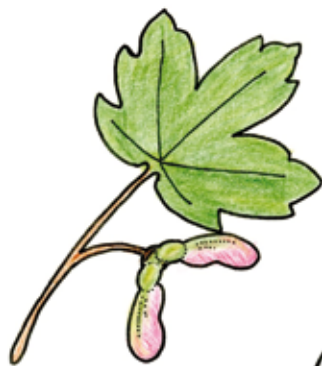
to wear.



Oak

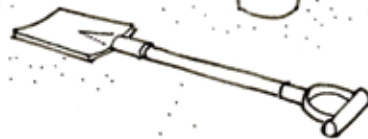


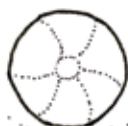
Holly



Field maple







Alex



and Rosie



like



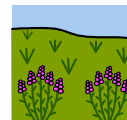
to visit



Suffolk's



Coast



and Heaths.

Blaxhall Heath



Rosie



was happy



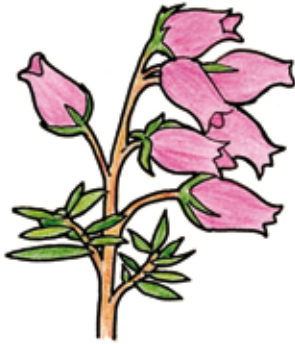
because her favourite



colour



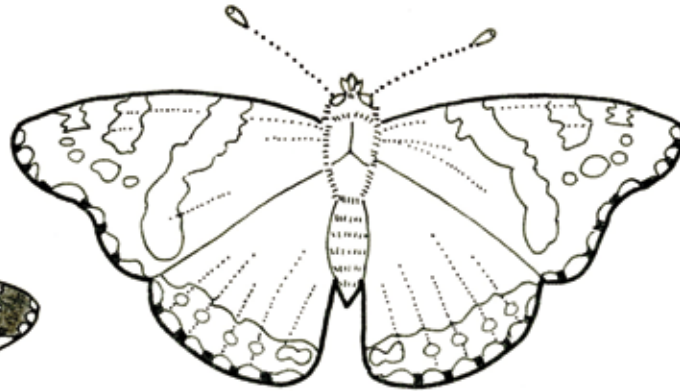
is pink.



Bell heather



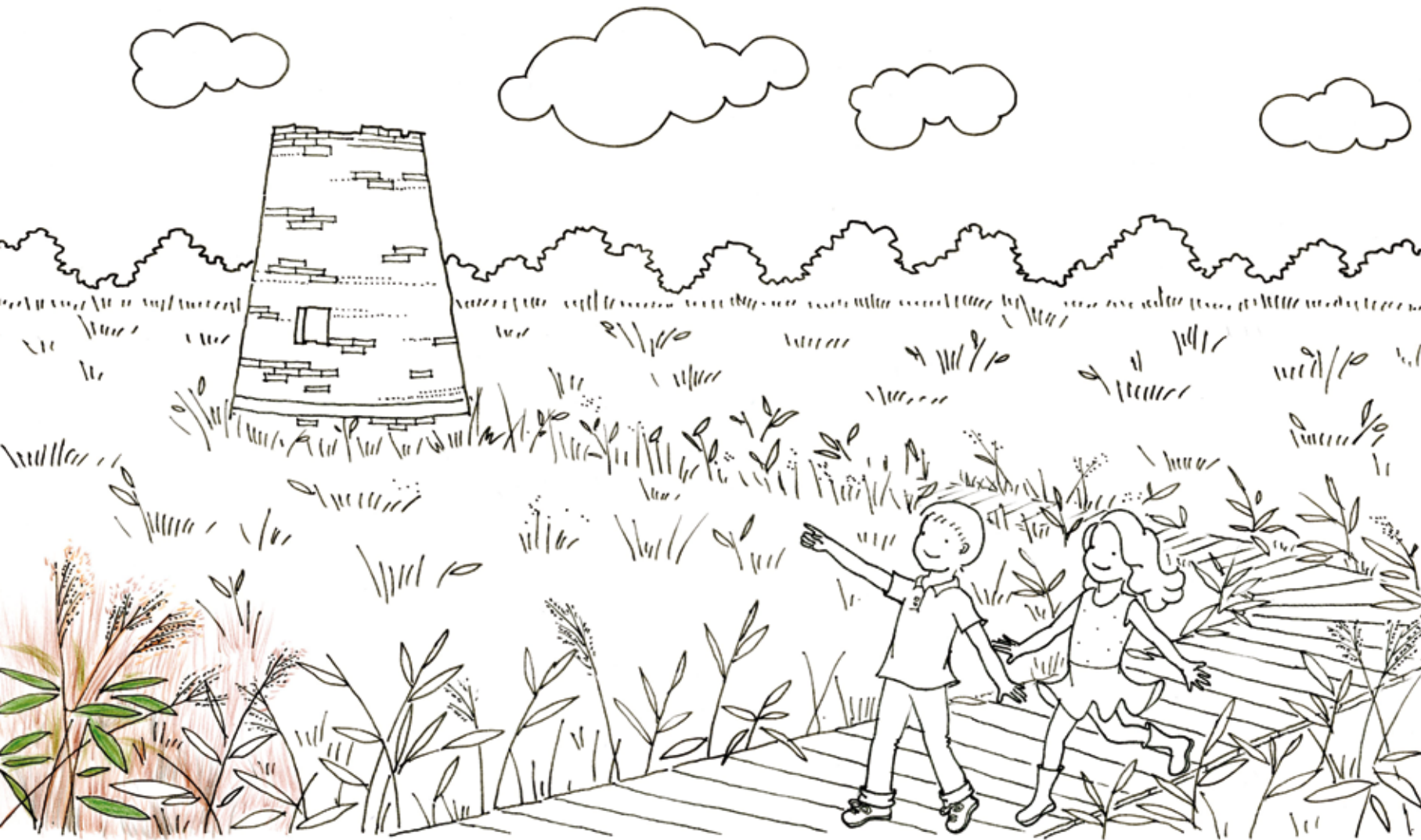
Stonechat



Red admiral



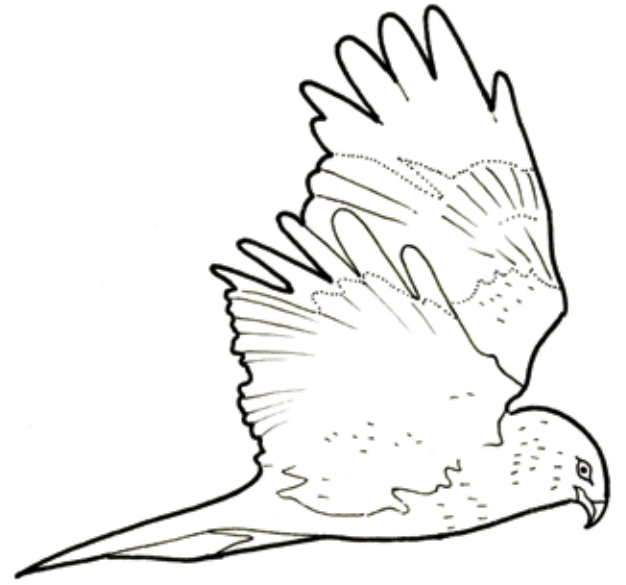
Walberswick



Alex and Rosie walked along the boardwalk to the old mill.



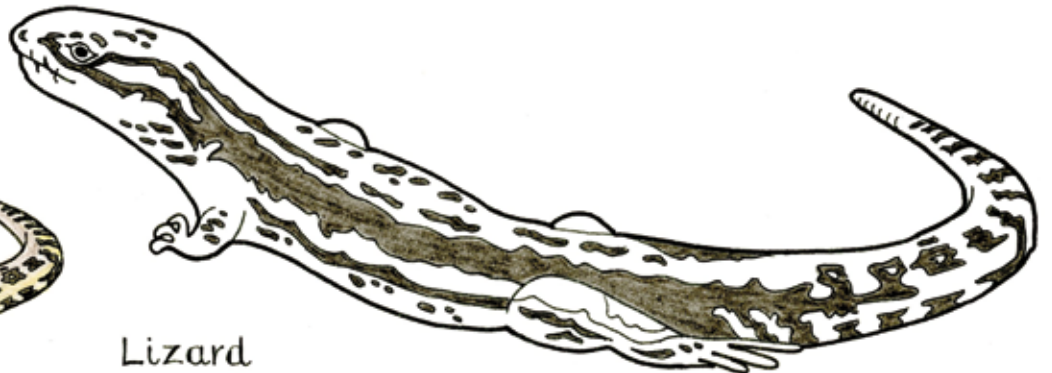
Bulrush



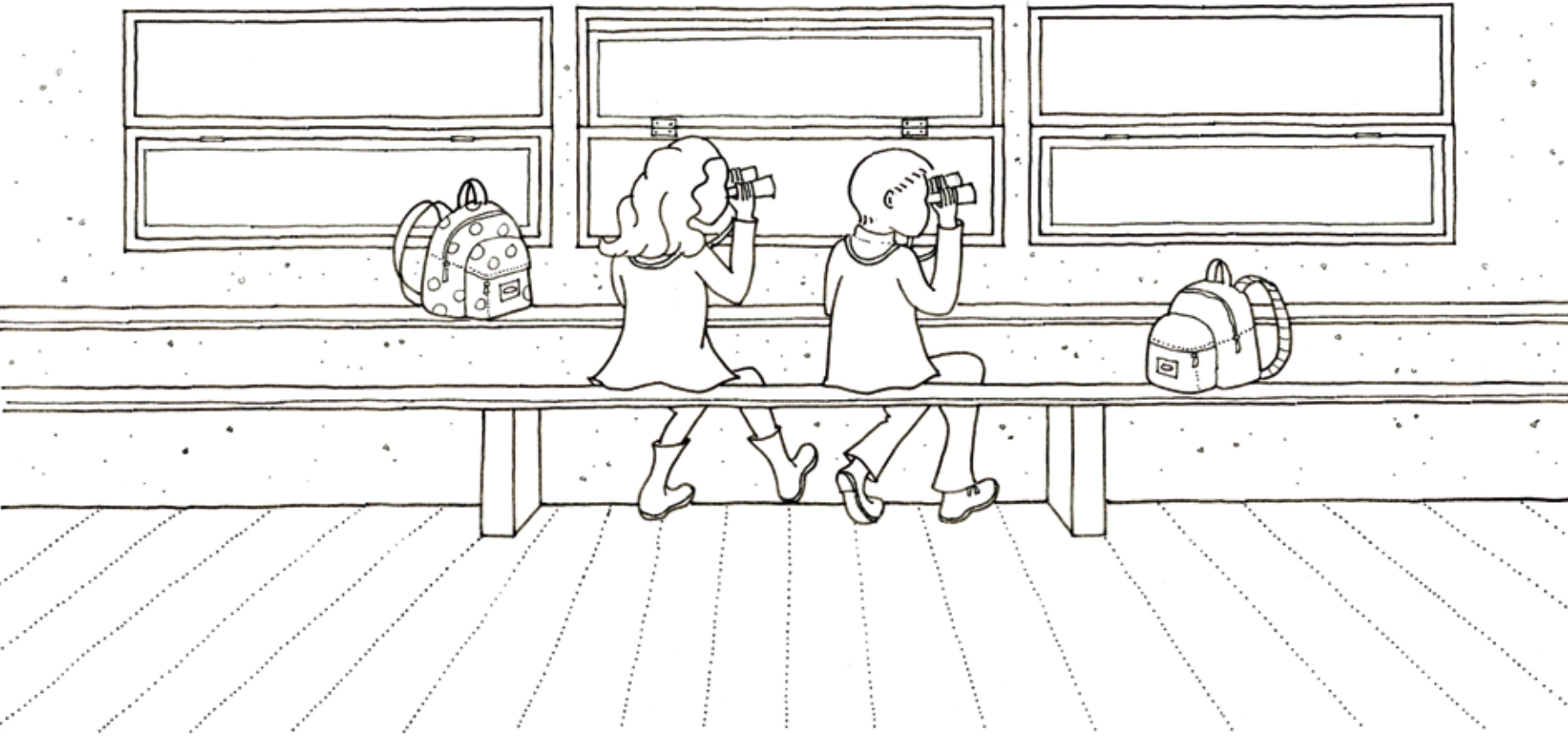
Marsh harrier



Lizard



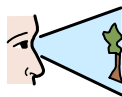
RSPB Minsmere



Alex



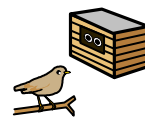
and Rosie



watched



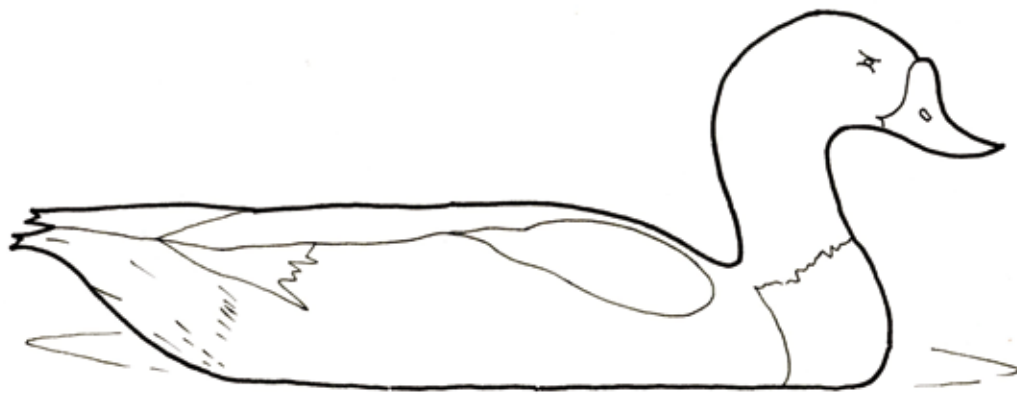
birds



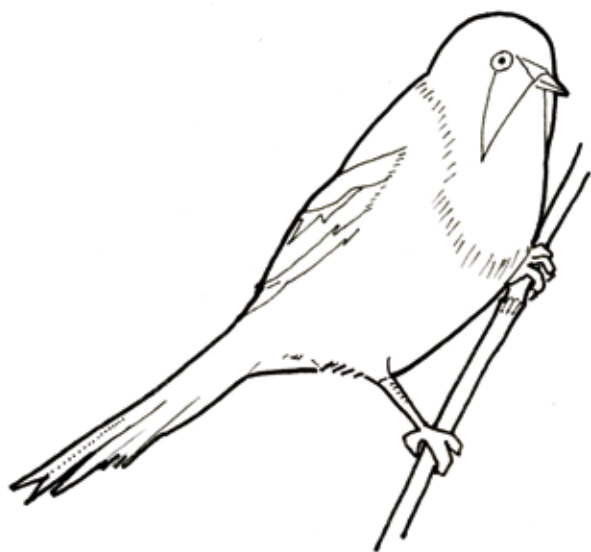
from the hide



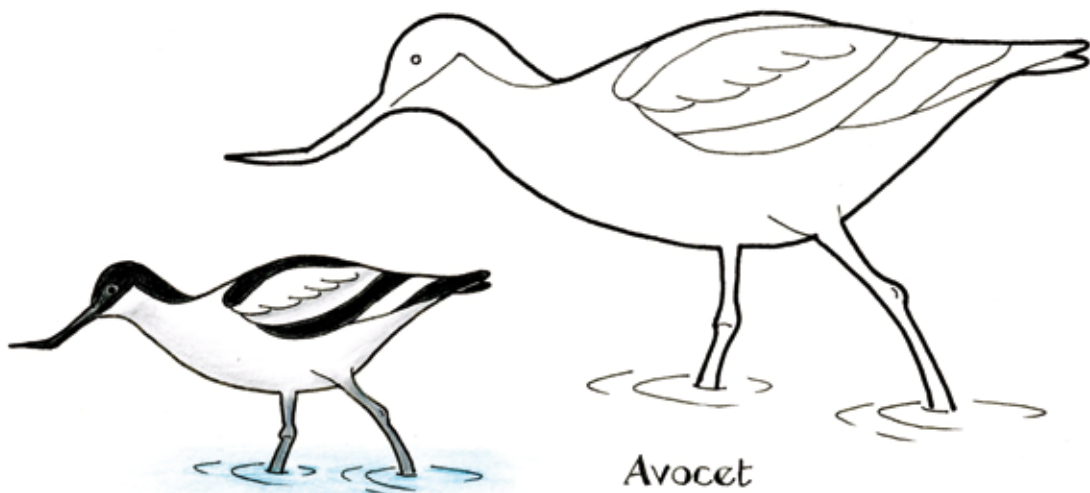
at Minsmere.



Shelduck

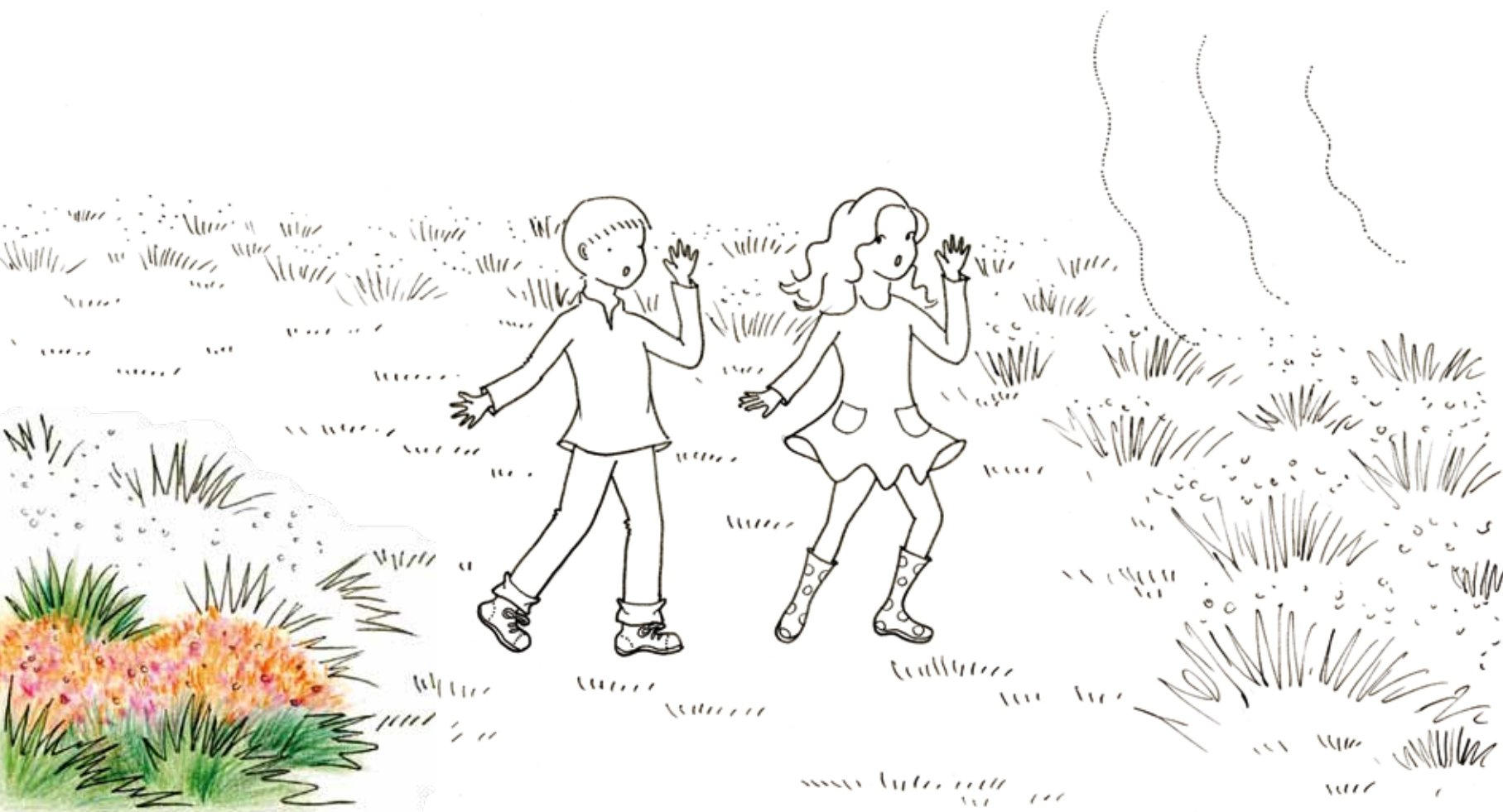


Bearded tit



Avocet

Westleton Heath



Alex



and Rosie



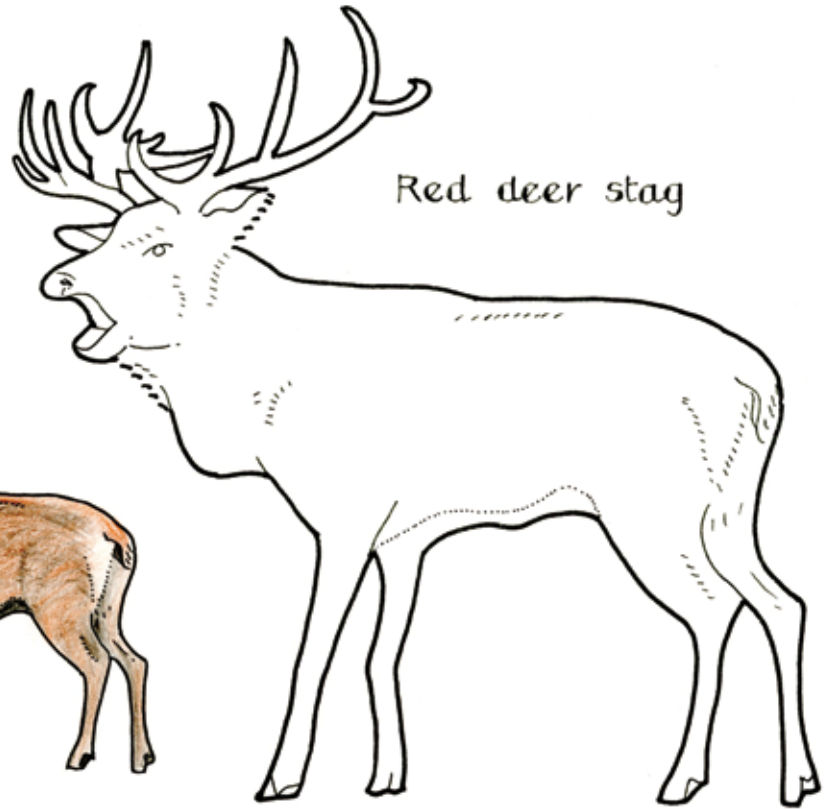
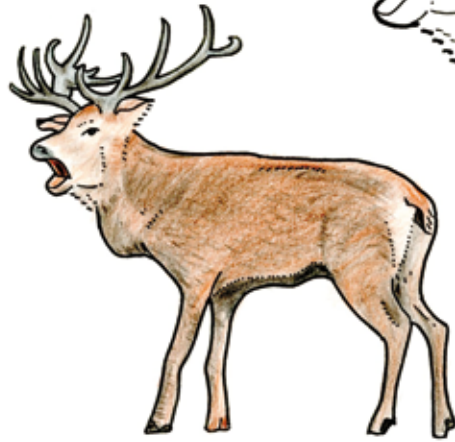
heard



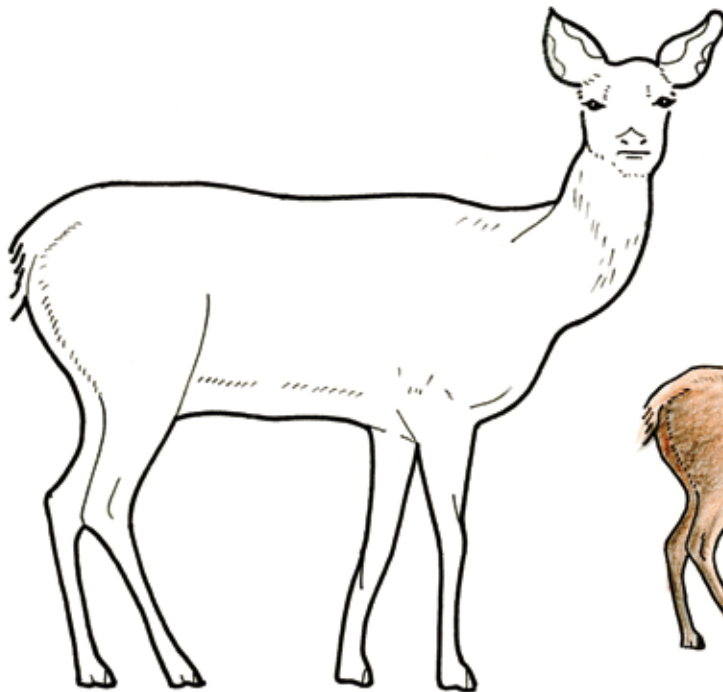
the roar



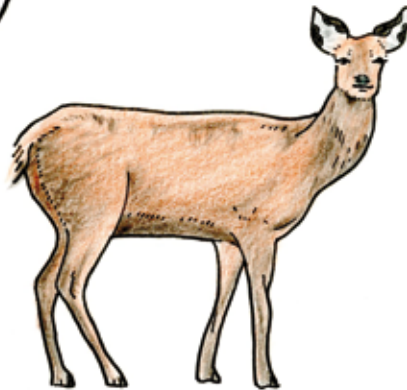
of a red deer stag.



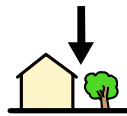
Red deer stag



Red deer hind

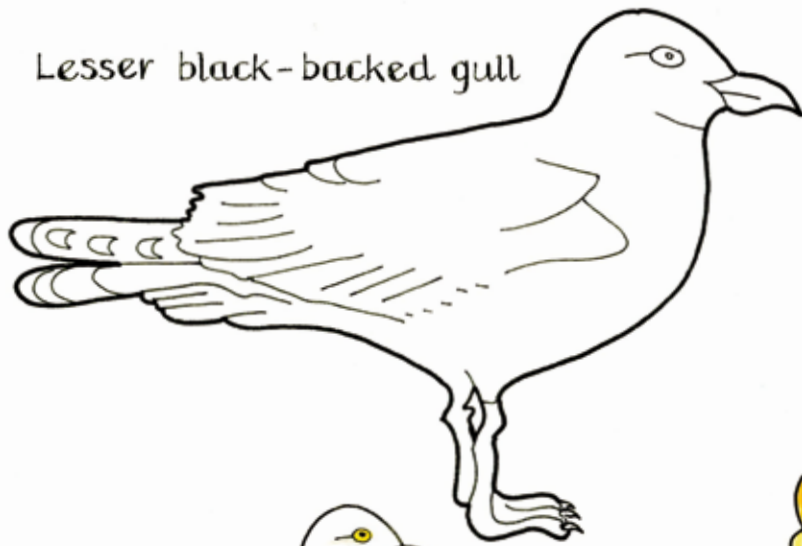


Dunwich Beach



A beach with pebbles is a great place to make a sculpture.

Lesser black-backed gull



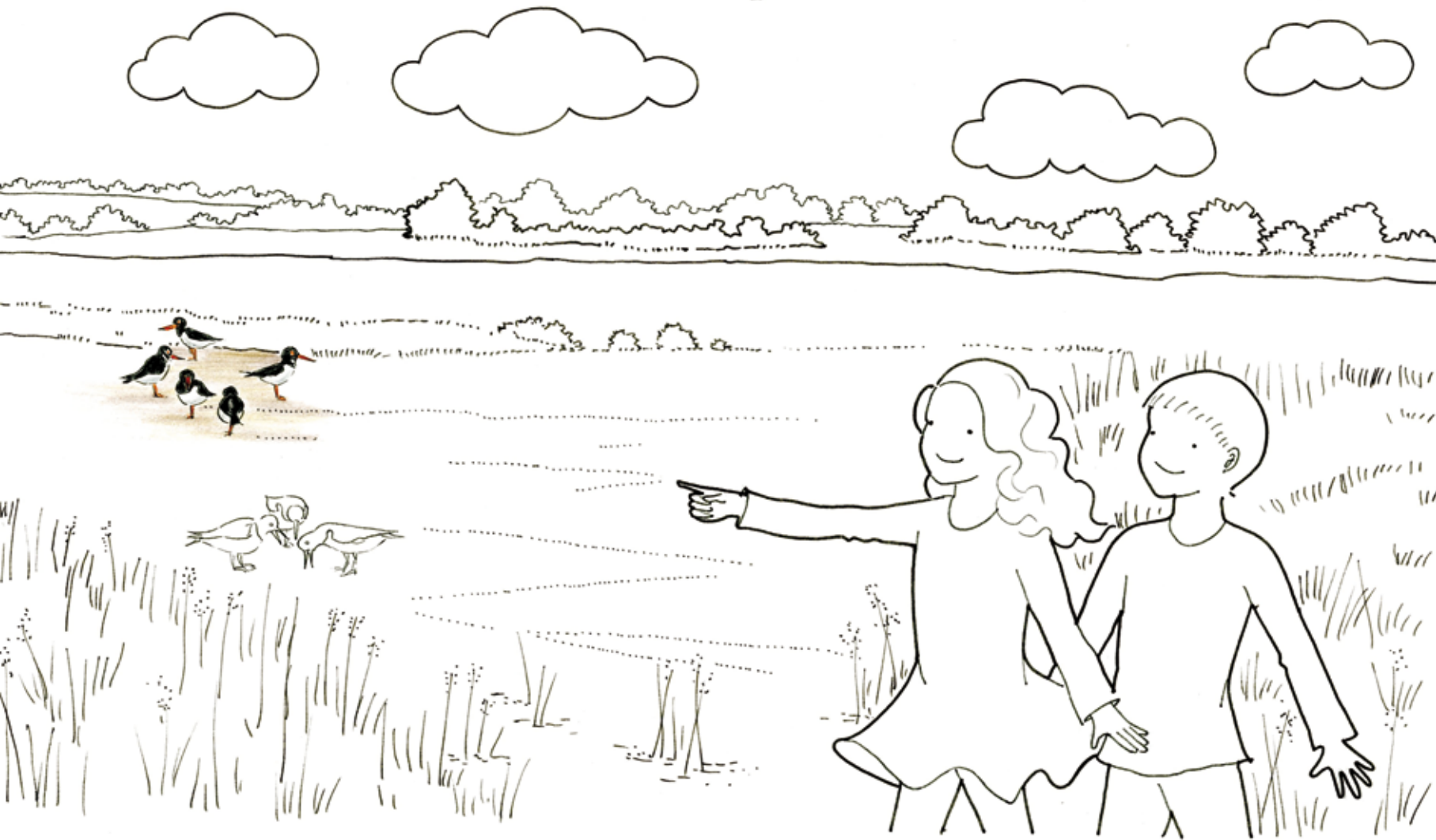
Yellow-horned poppy



Pebbles



Snape



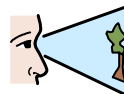
As the tide went out



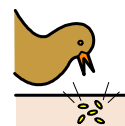
Alex



and Rosie



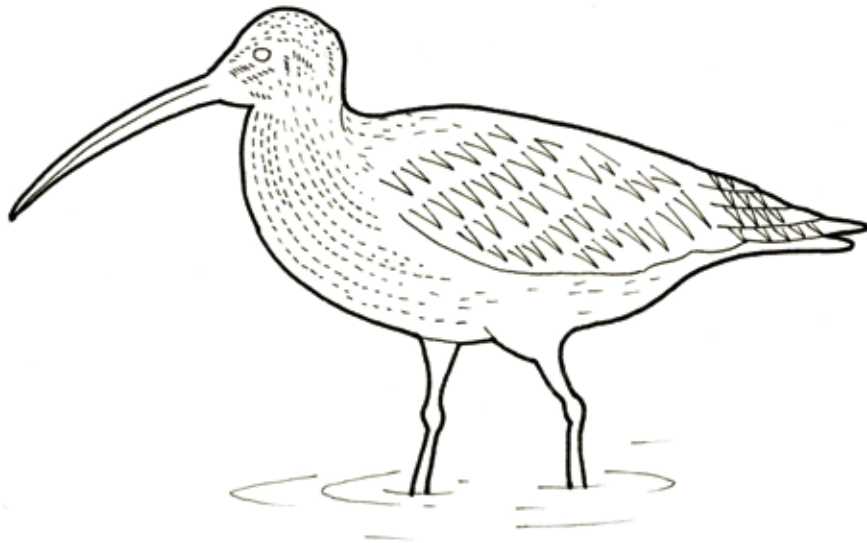
saw



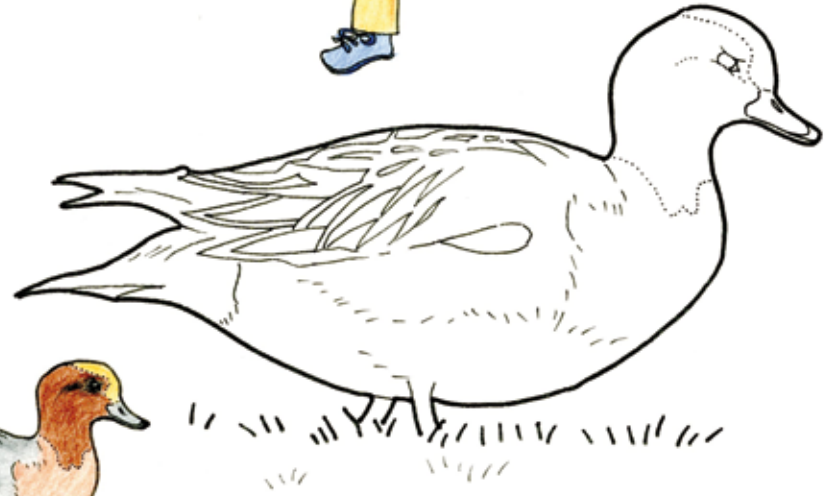
birds feeding



on the mud.



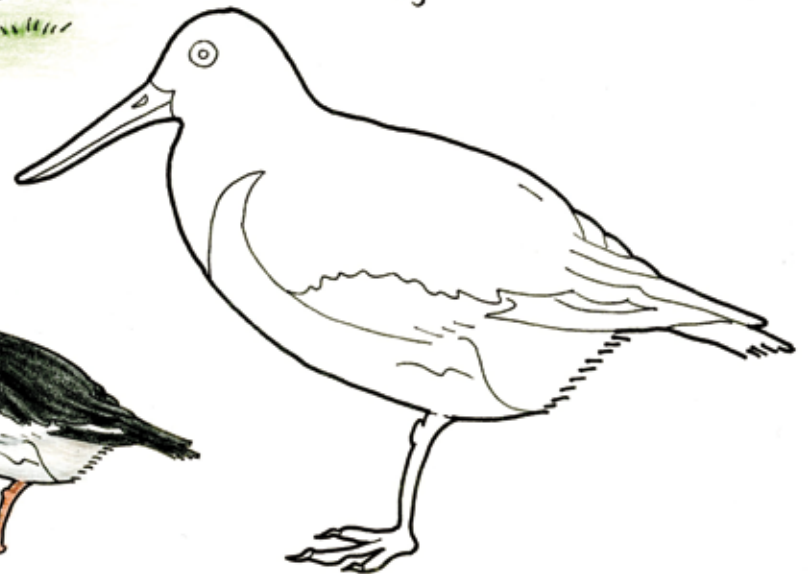
Curlew



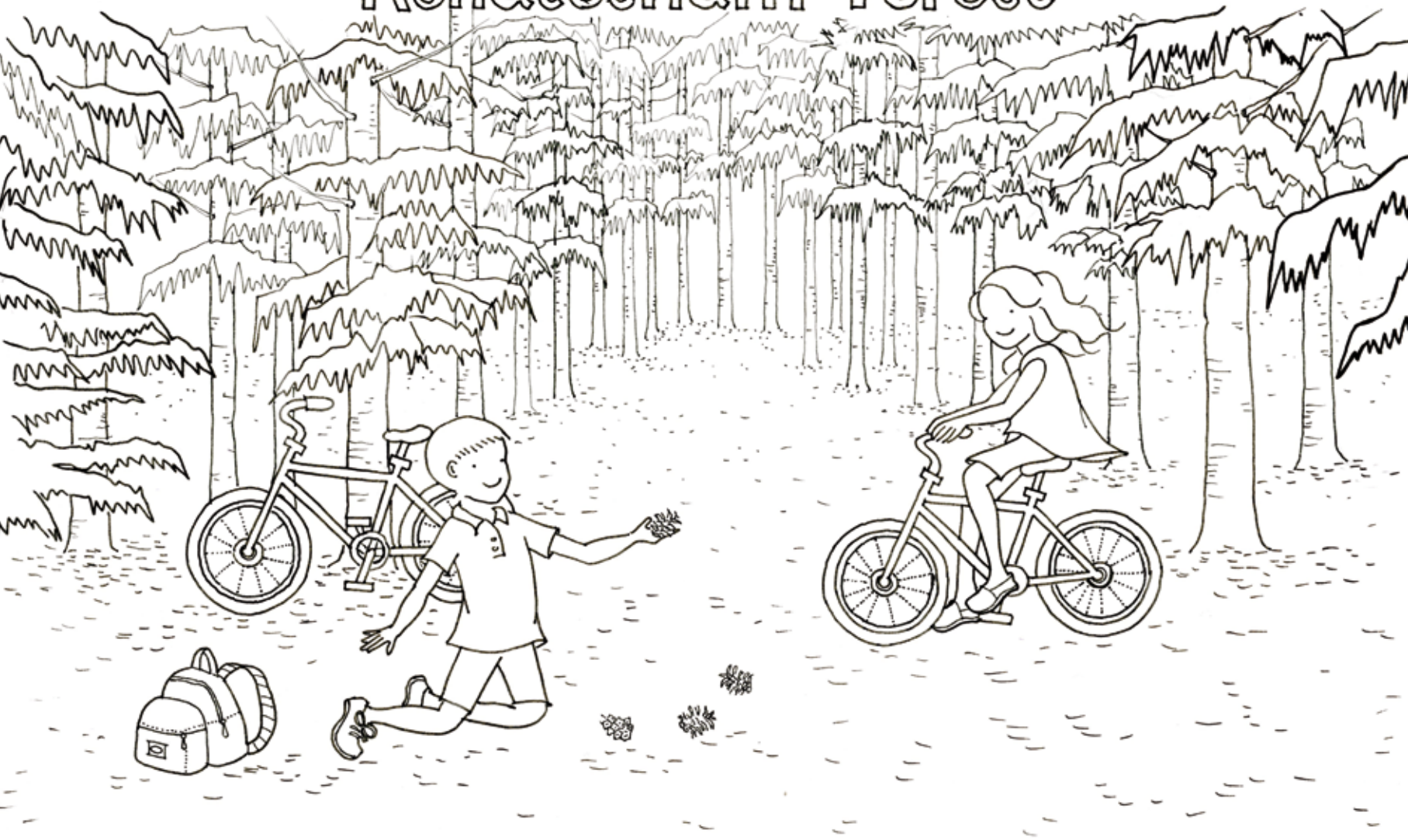
Wigeon



Oystercatcher



Rendlesham Forest



Alex



and Rosie



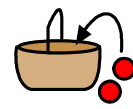
cycled in



the forest,



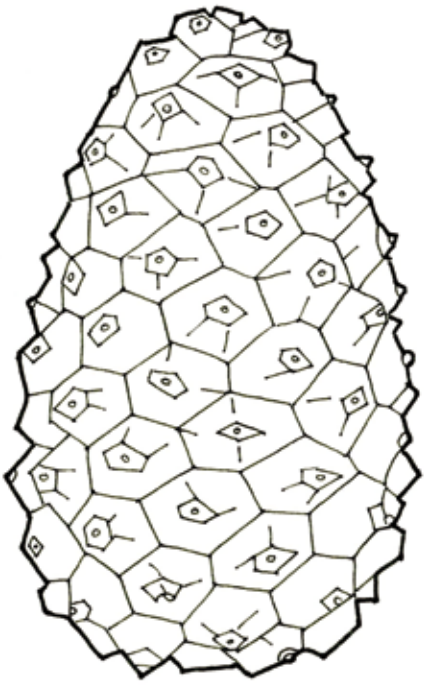
stopping



to collect



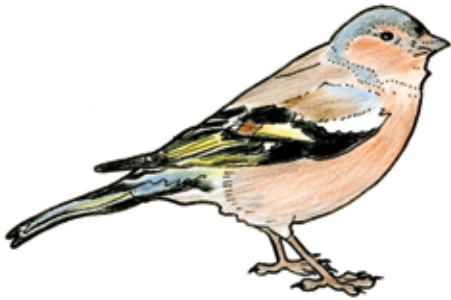
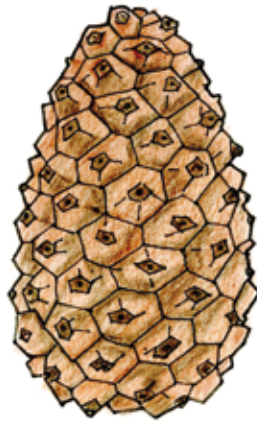
cones.



Pine cone



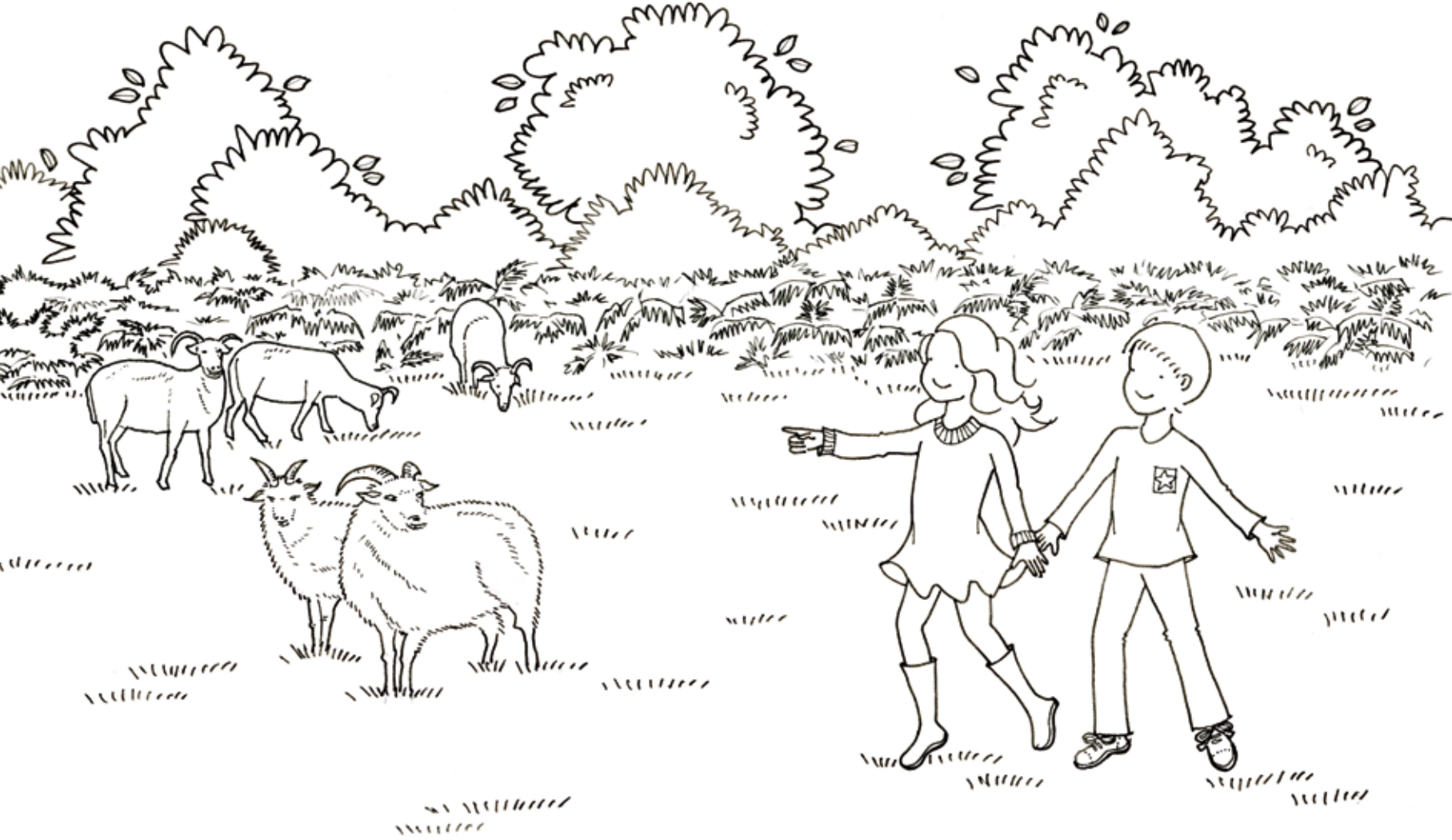
Grey squirrel



Chaffinch



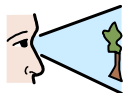
Sutton Common



Alex



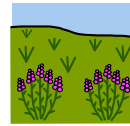
and Rosie



saw



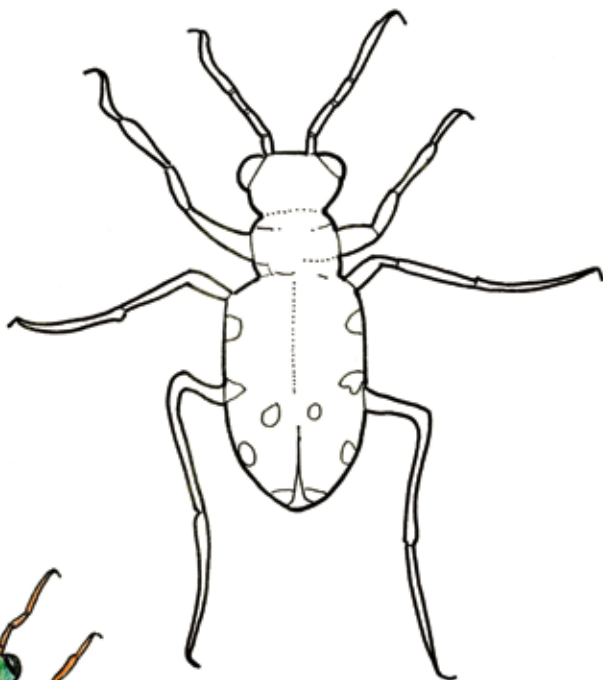
sheep grazing



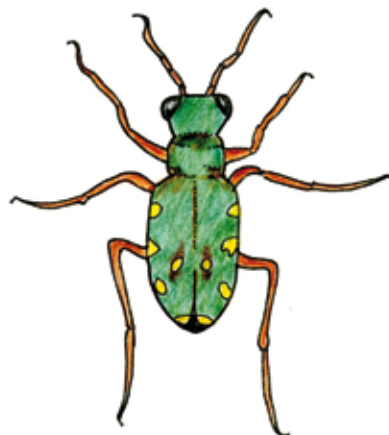
at Sutton Common.



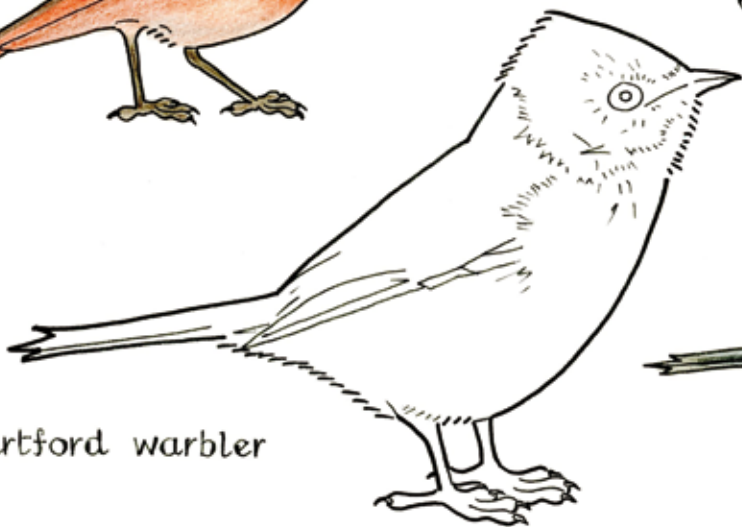
Redstart

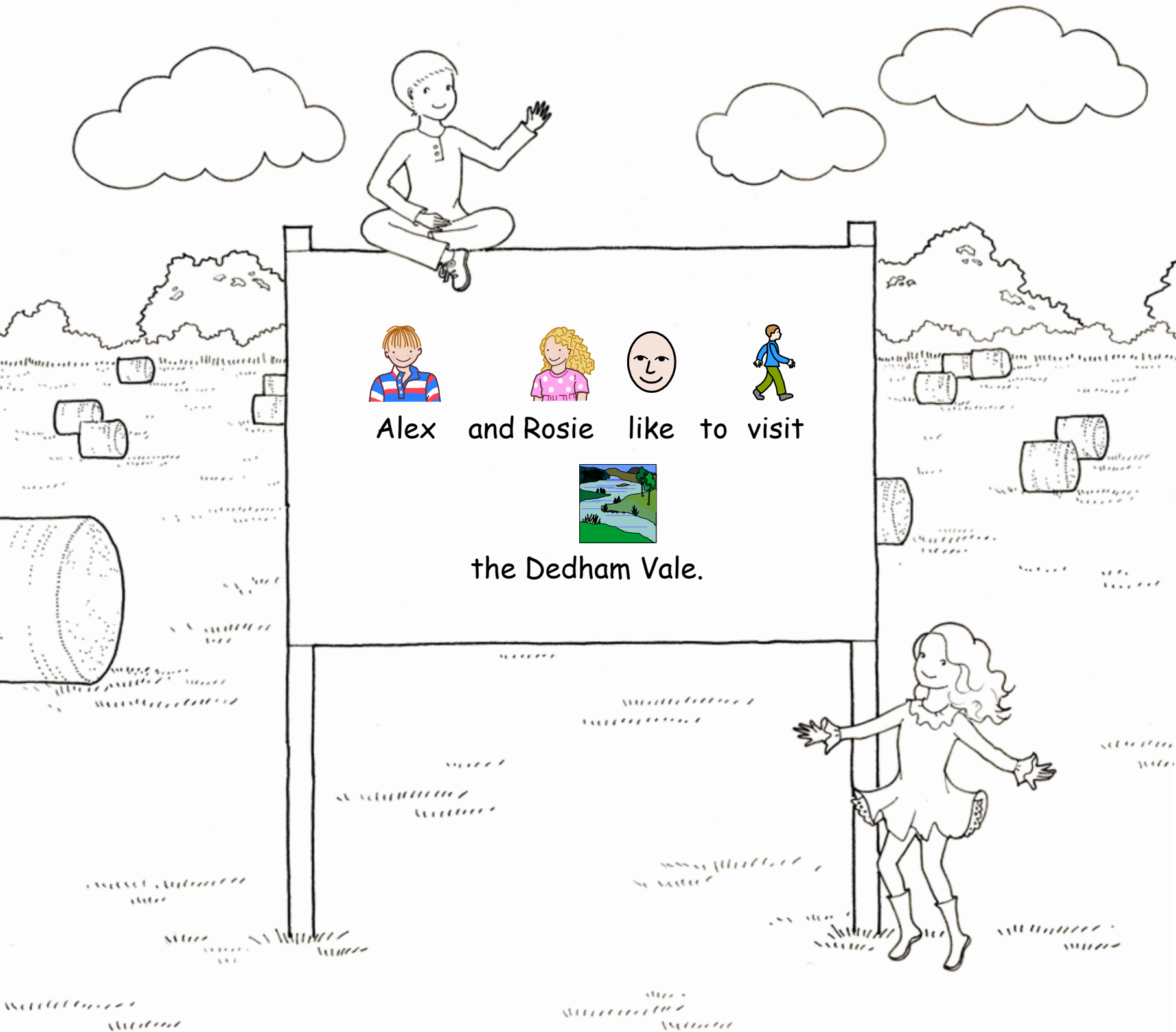


Green tiger beetle



Dartford warbler



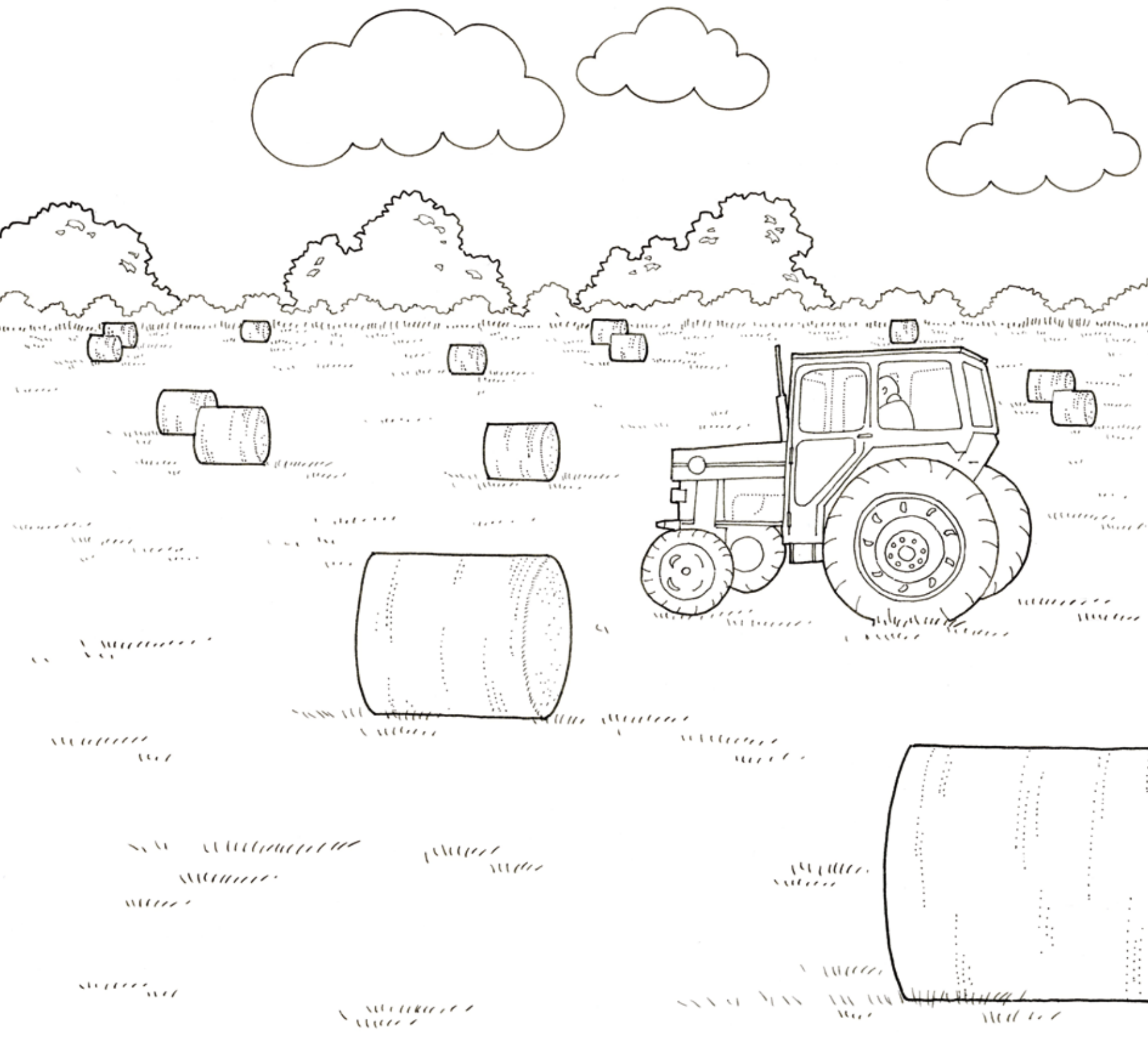


Alex and Rosie like to visit



the Dedham Vale.

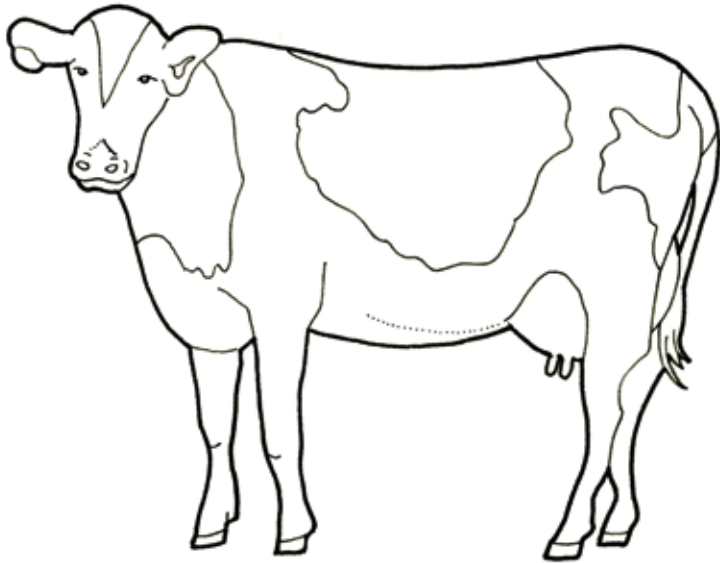




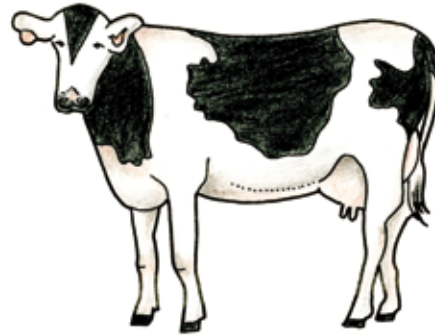
Stour Valley Path



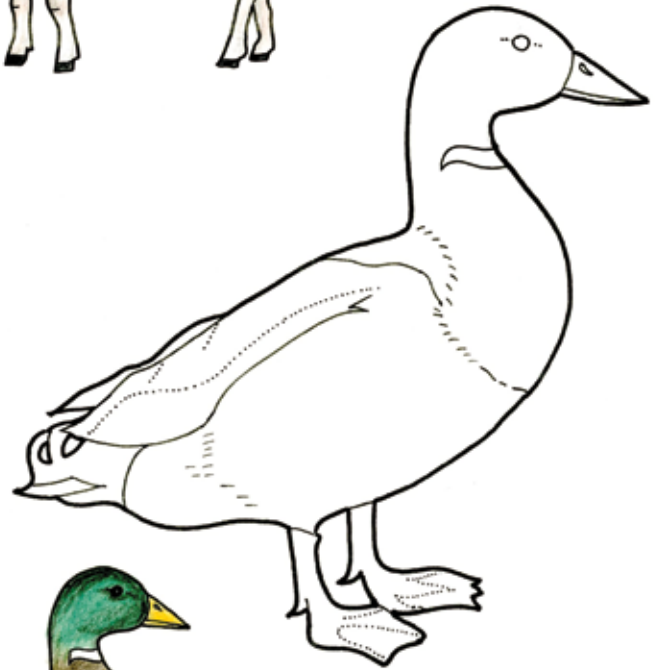
Families like to walk along the banks of the River Stour.



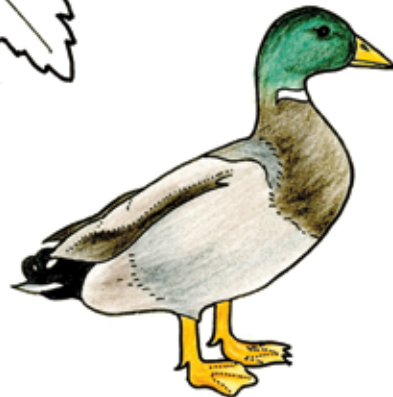
Cow



Buttercup



Mallard



Flatsford Wildlife Garden



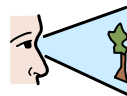
Alex



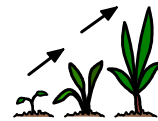
and Rosie



were surprised



to see



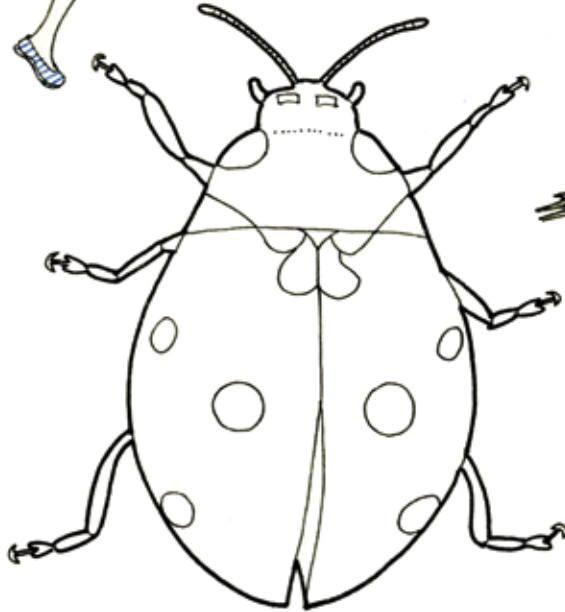
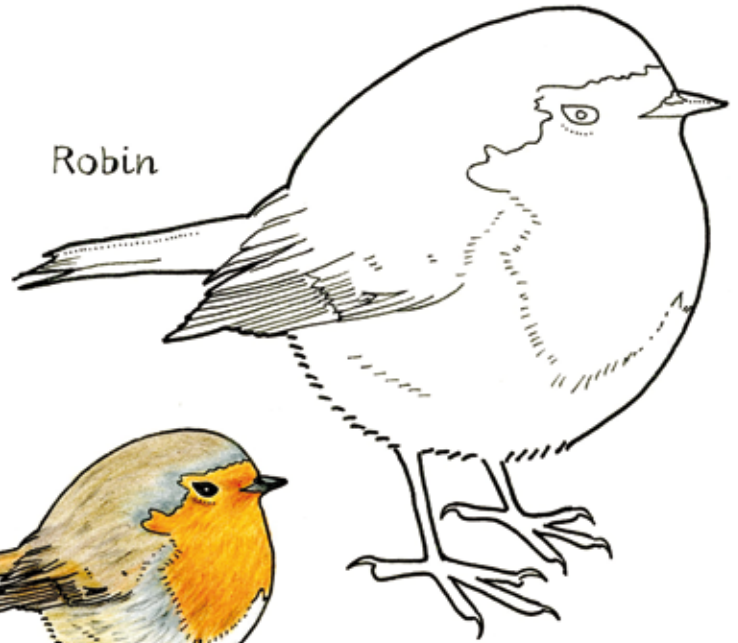
plants growing



in wellies.



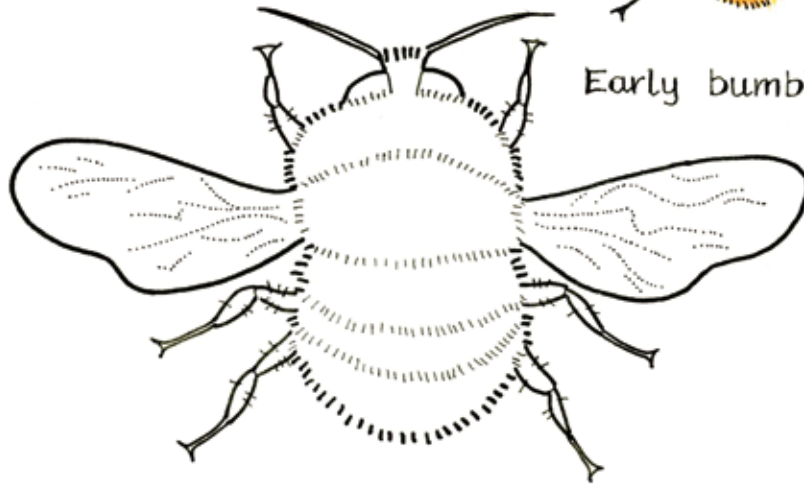
Robin



Early bumblebee



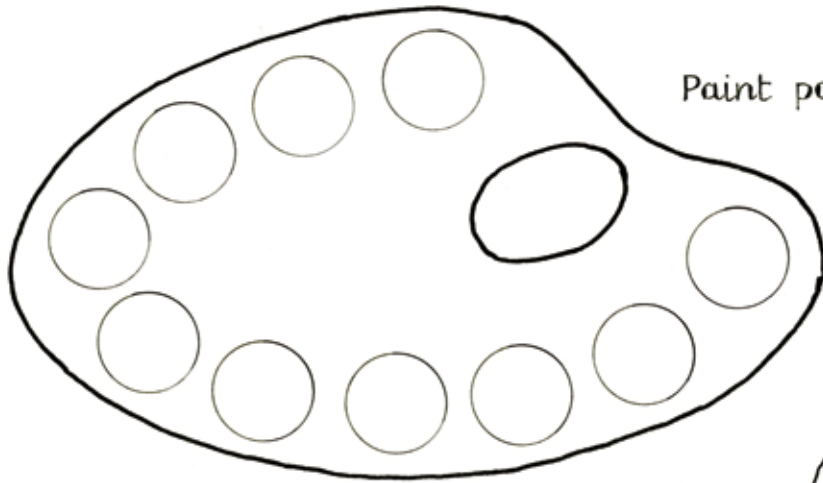
7-spot ladybird



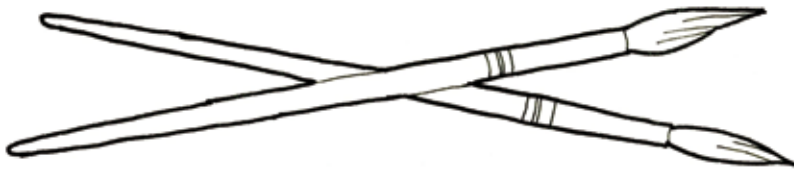
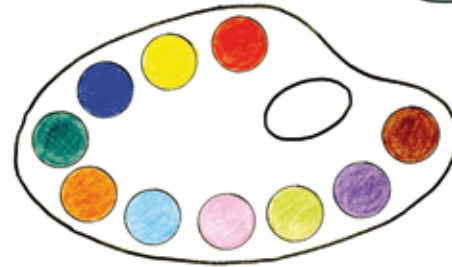
Flatford



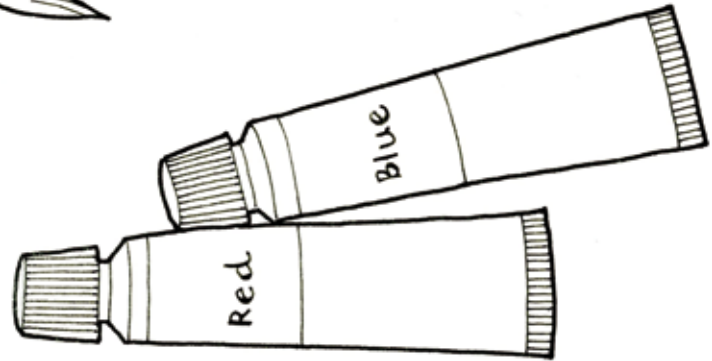
Artists like to paint pictures at Flatford Mill.



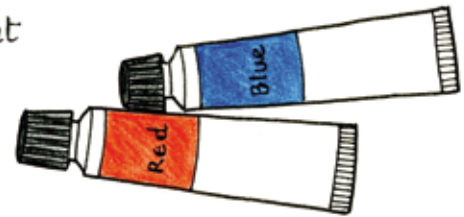
Paint palette



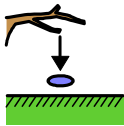
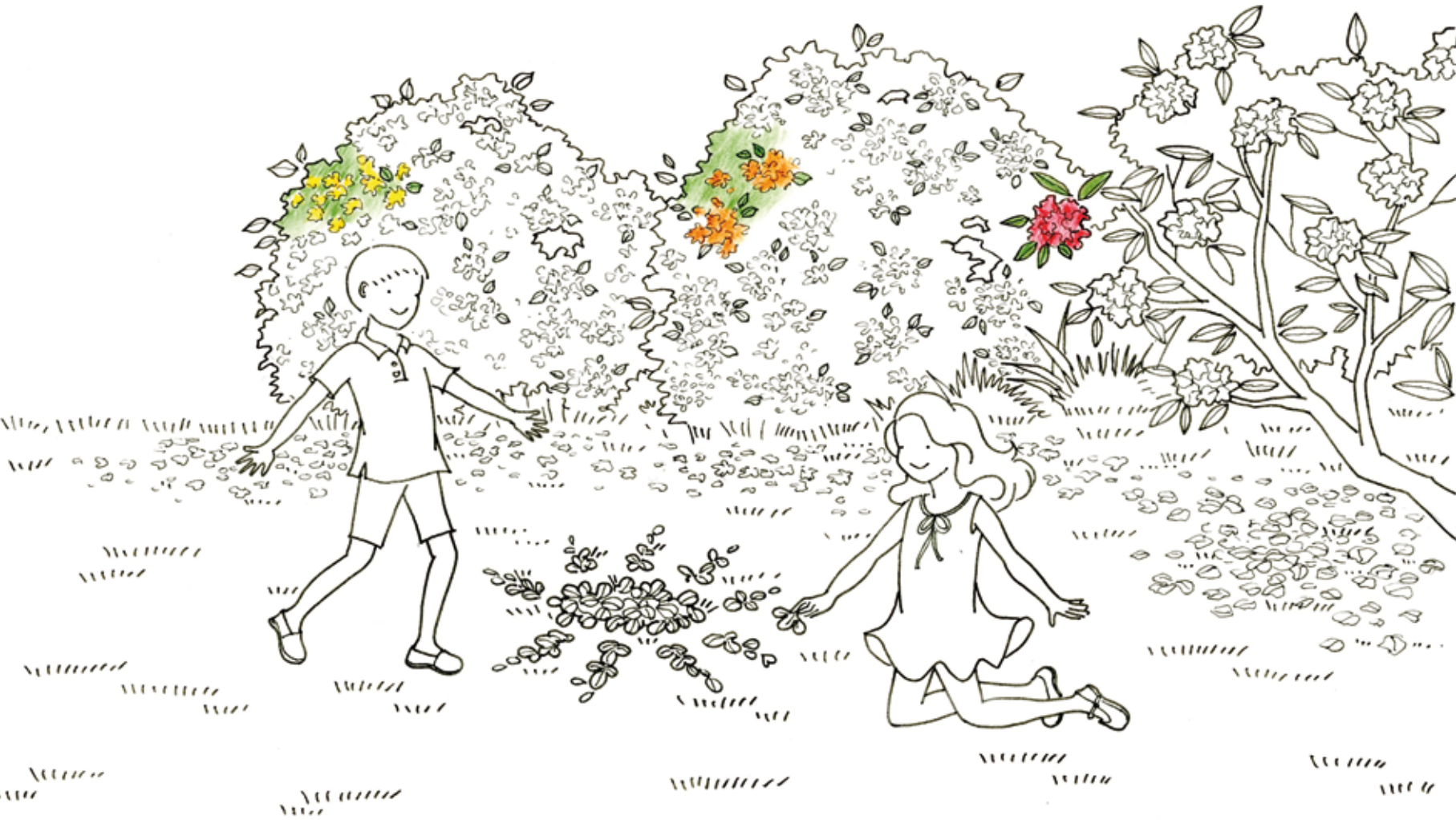
Paint brushes



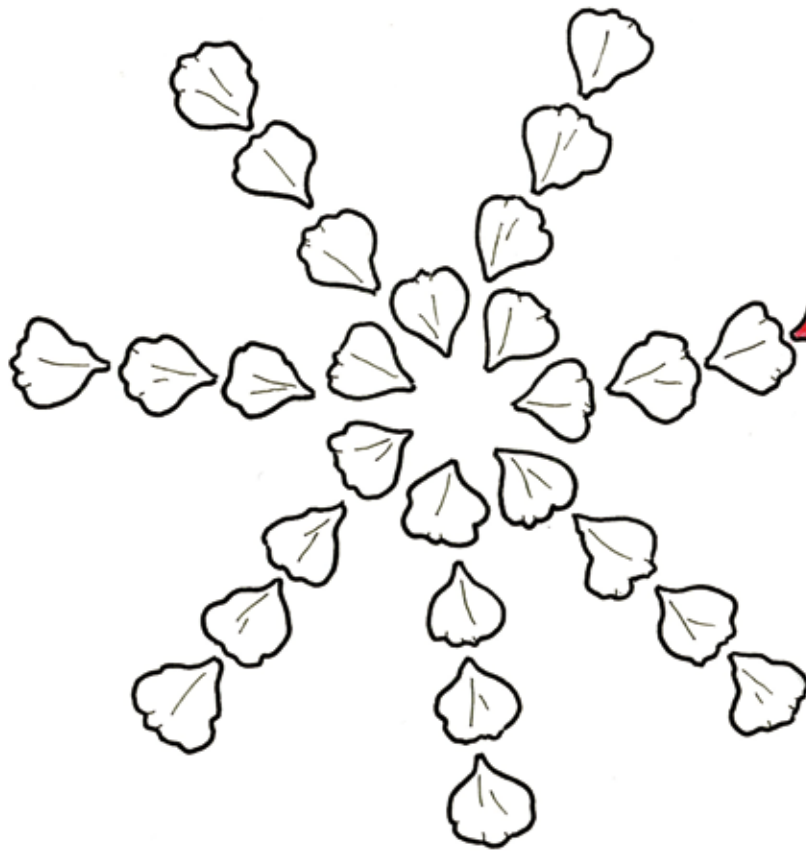
Tubes of paint



The Place for Plants



Fallen flower petals are great for making natural art.



Flower petals



Arger Fen



Families



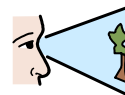
visit



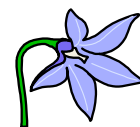
Arger Fen



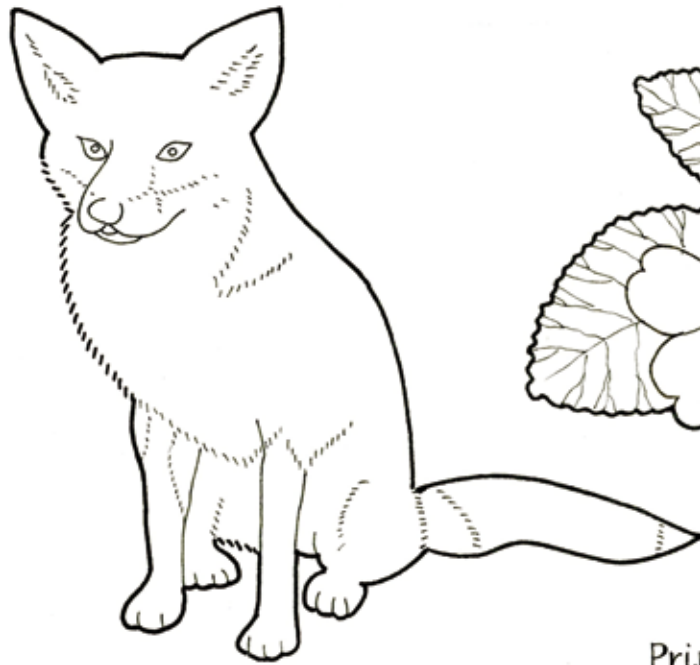
in spring



to see



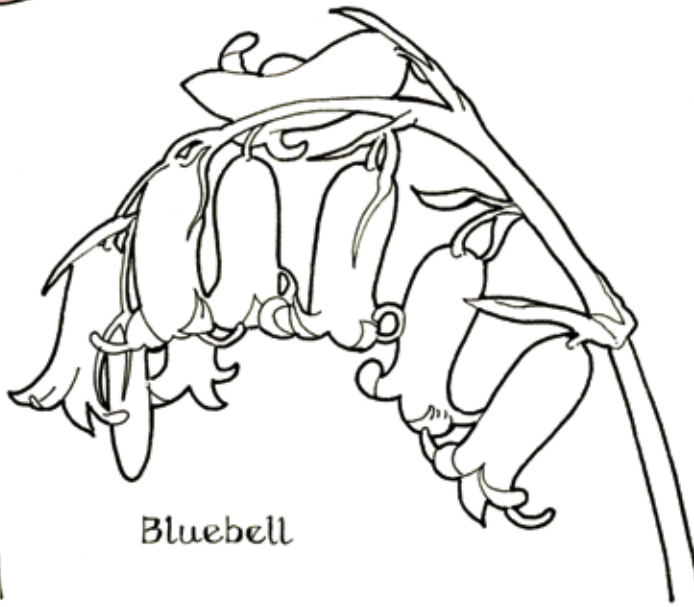
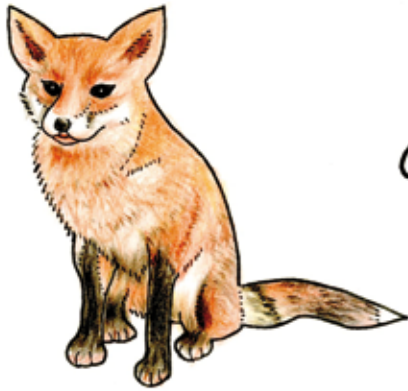
bluebells.



Fox



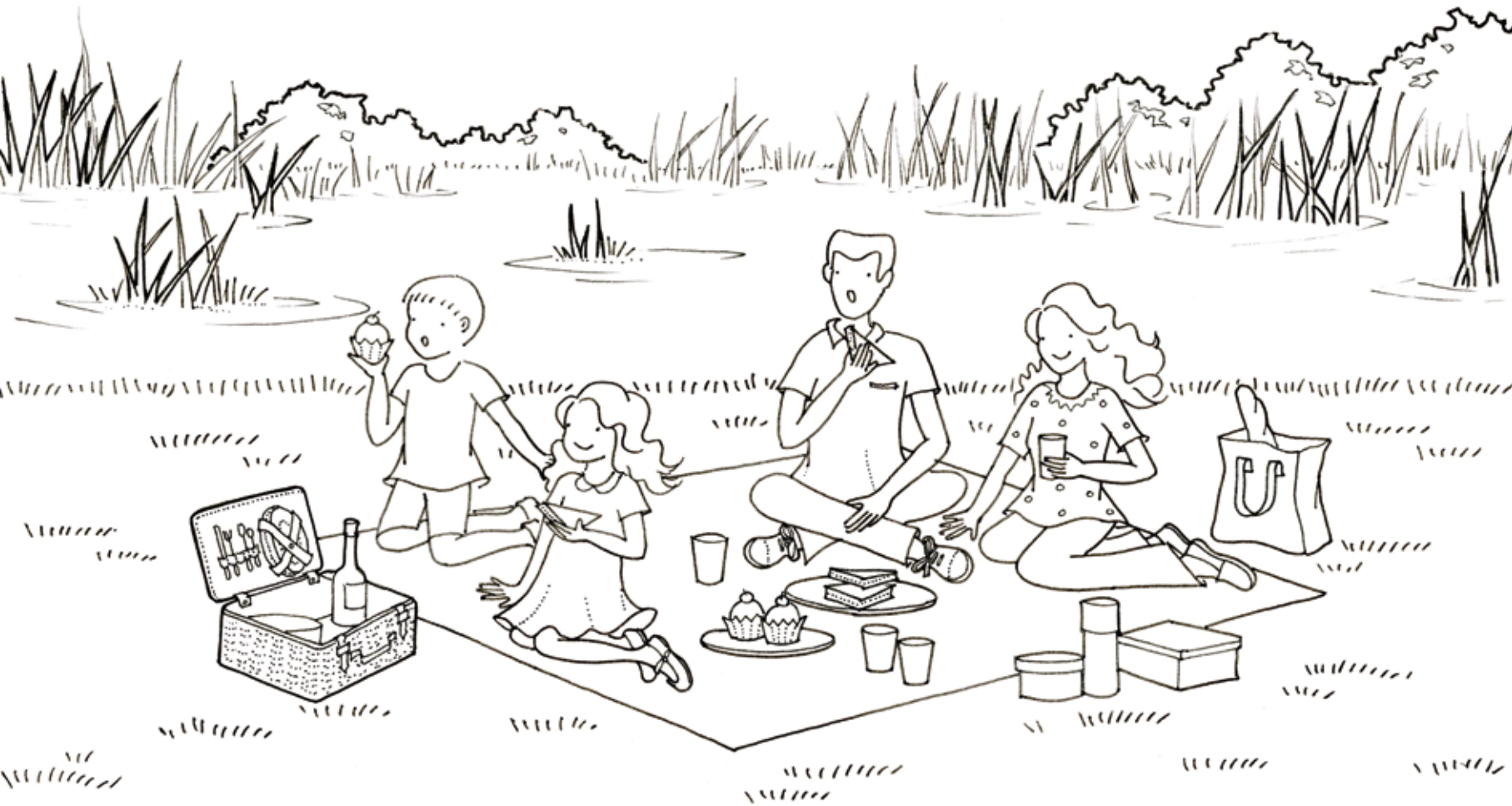
Primrose



Bluebell



Sudbury Riverside



Alex



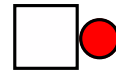
and Rosie



enjoyed



a picnic



by

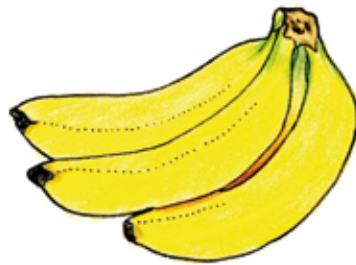
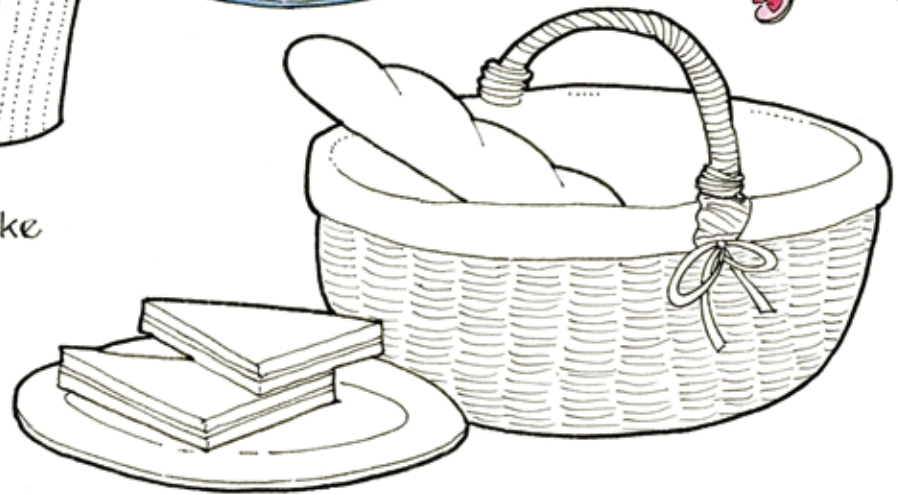


the river.

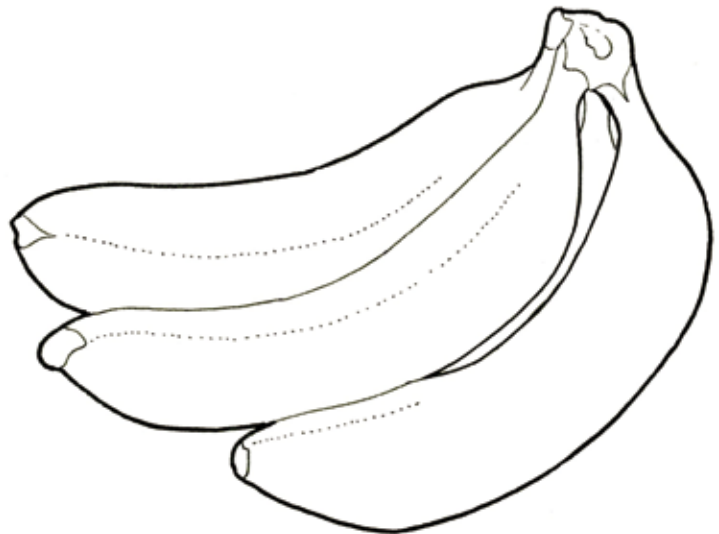


Cupcake

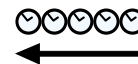
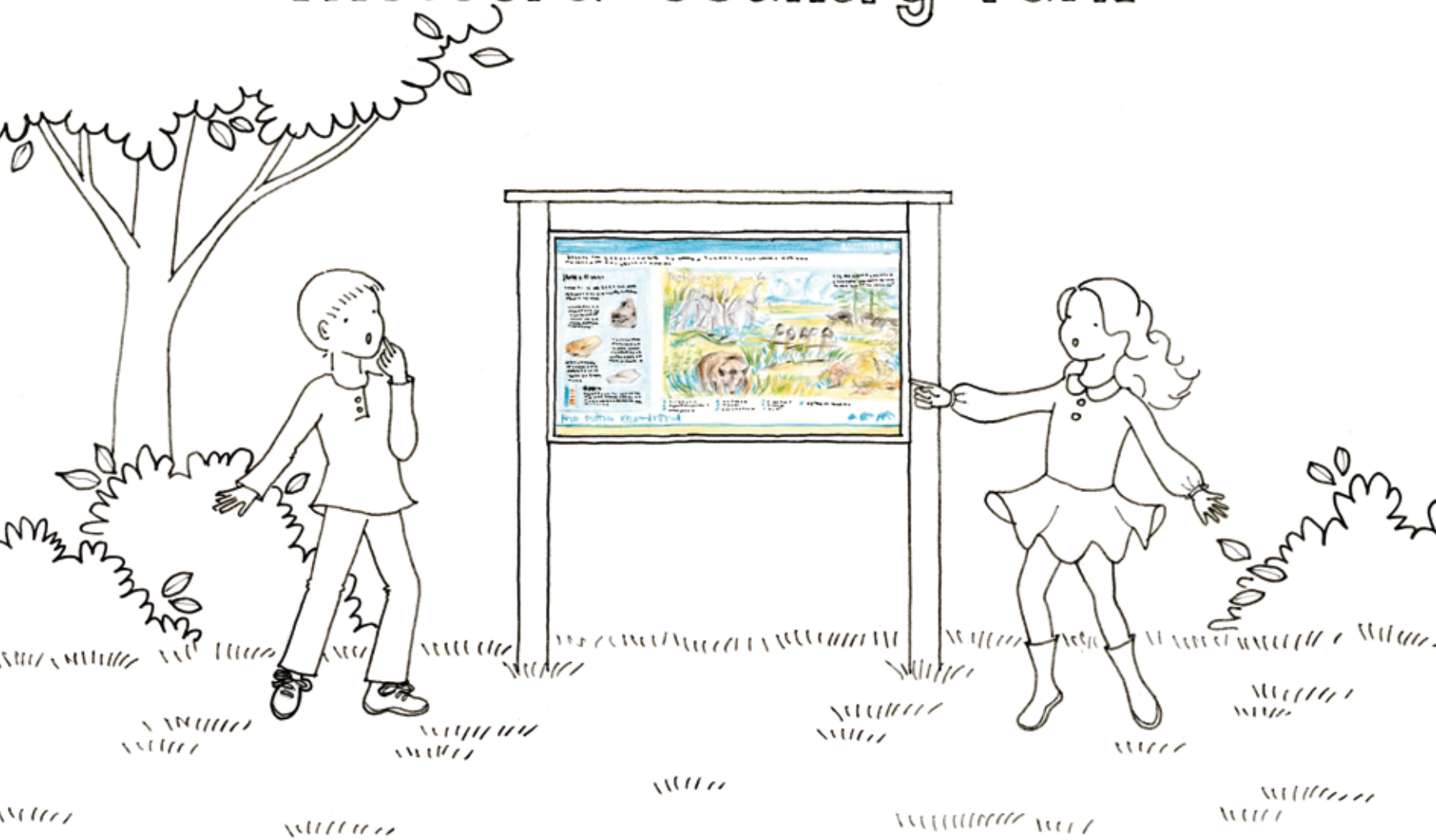
Basket



Banana



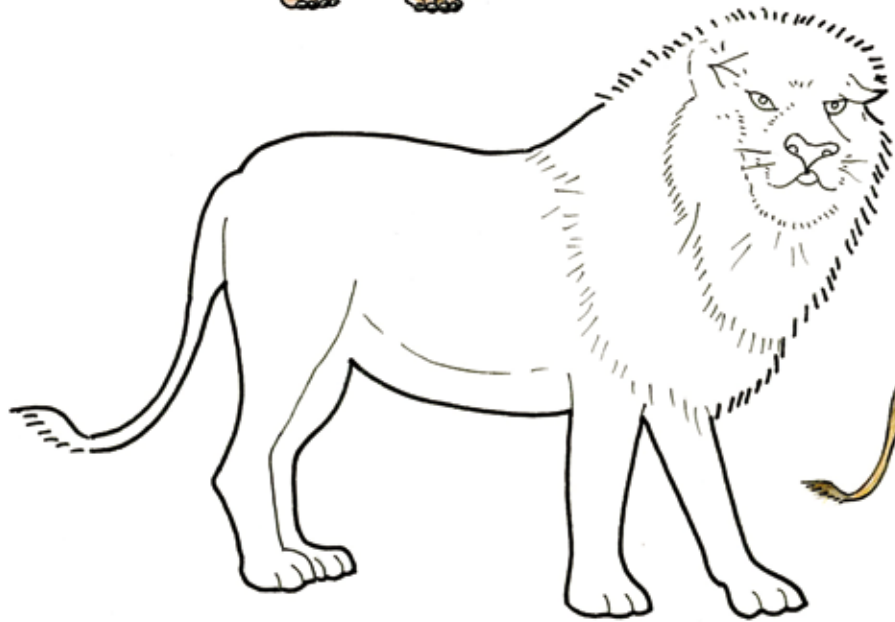
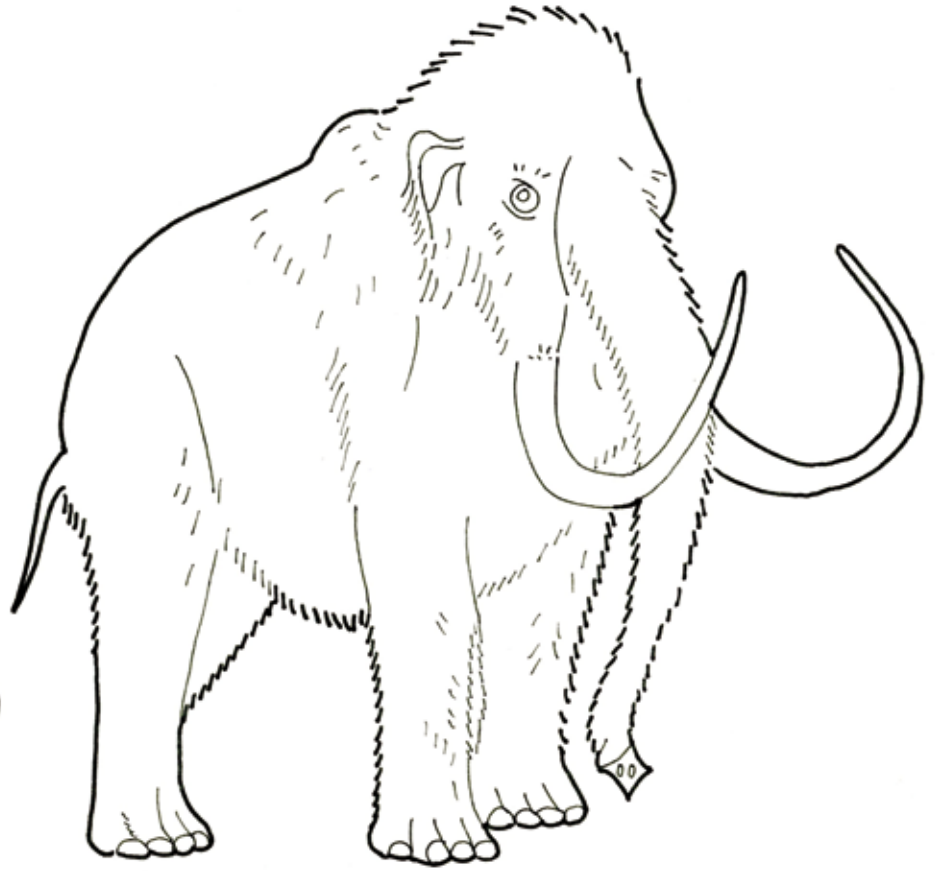
Melford Country Park



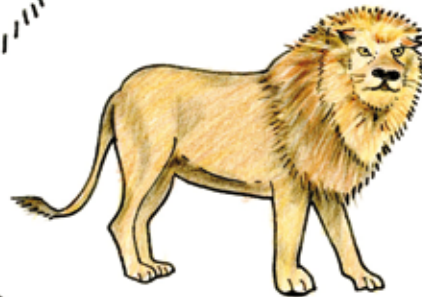
Mammoths and lions lived in Suffolk a long time ago.



Mammoth



Lion



For bibliographic purposes, this book should be referred to as
Blakesley, D and Blakesley, T. 2017. *Alex and Rosie's Suffolk Colouring Book*
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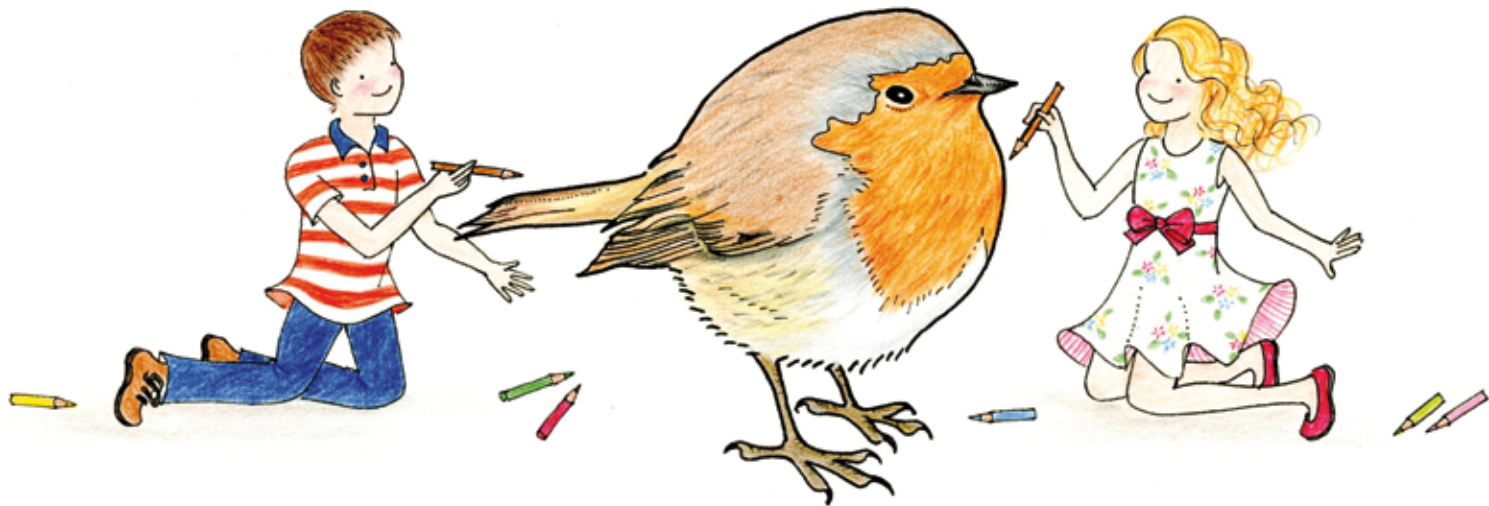
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Alex and Rosie enjoy visiting the Suffolk countryside. Back at home, they love to colour pictures of places they have been to, and the wildlife that they have seen.

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