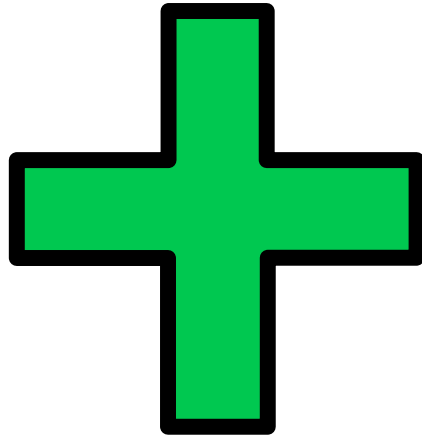


## Tabela de Comunicação Emergência Médica





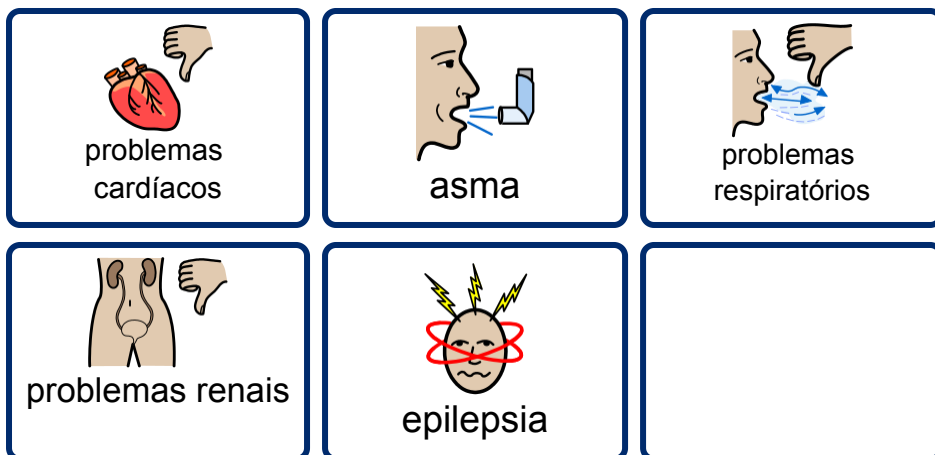
Passaporte de Saúde



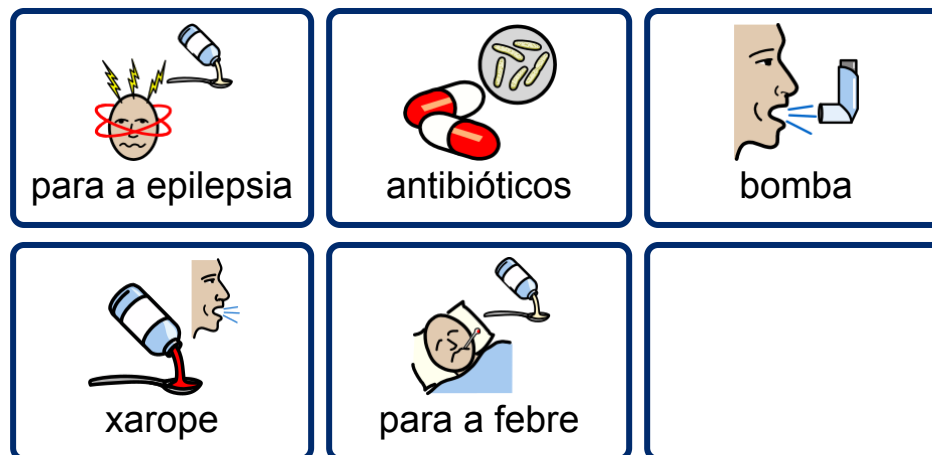
## Sintomas

 dor de estômago	 náusea	 diarreia	 obstipado	 choro contínuo	 comer objeto
 dor de cabeça	 garganta dorida	 tosse	 constipação	 tropeçar	 engolir veneno
 temperatura	 dor de dentes	 dor de ouvido	 falta de ar	 irritação na pele	 picada
 dormir demasiado	 dormir pouco	 doente	 não quero comer	 borbulhas	 comichão

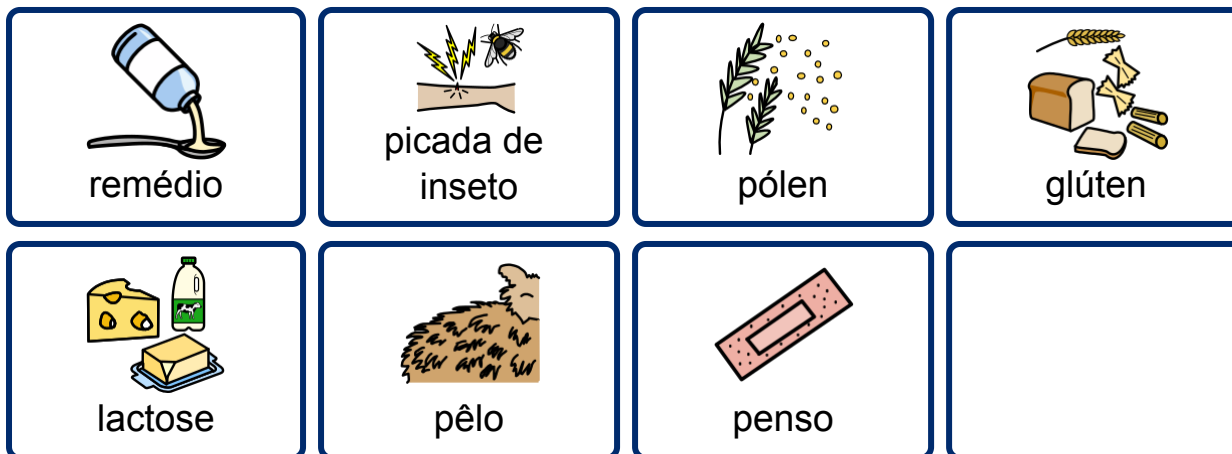
## Historial médico



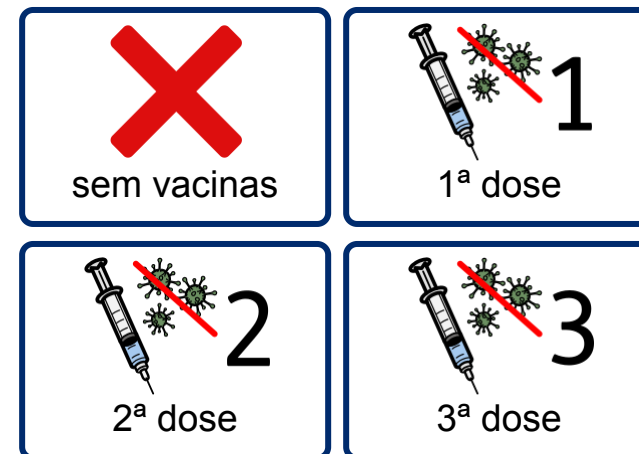
## Medicamentos



## Alergias



## Covid



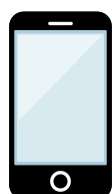
# Passaporte de Saúde



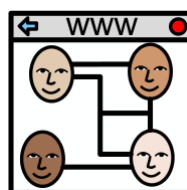
Nome:



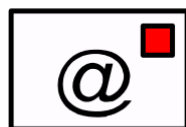
Data de Nascimento:



Contacto:



Redes Sociais:



Email:



Outro contacto:



Viajo com:





# Sintomas

dor de estômago



náusea



diarreia



obstipado



dor a urinar



sangrar



bolha no pé



pé dormente



tosse



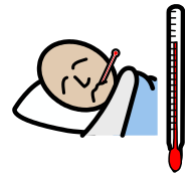
constipado



garganta inflamada



temperatura



dor de cabeça



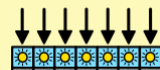
dor de dentes



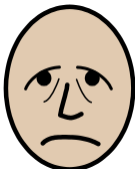
dor de ouvido



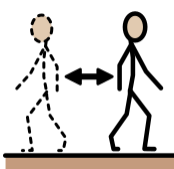
todos os dias



deprimido



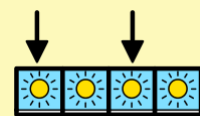
agitado



não consigo dormir



alguns dias



1

2

3

4

5

6

7

8

9

10



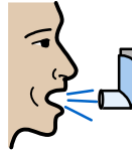
## O meu historial médico



problemas  
cardíacos



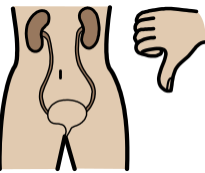
diabetes



asma



problemas  
respiratórios



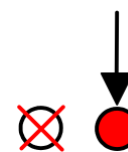
problemas renais



AVC



epilepsia



outro



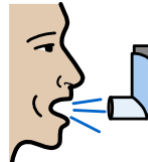
## A minha medicação



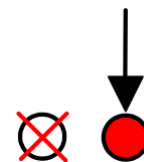
comprimidos



insulina



bomba



outro





## As minhas alergias



medicamentos



picadas de  
inseto



pólen



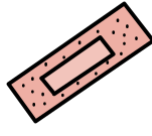
glúten



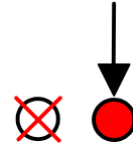
lactose



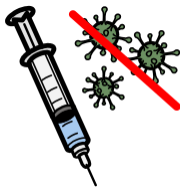
pêlo



pensos



outros



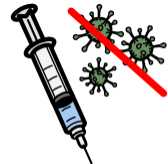
## Vacinação COVID



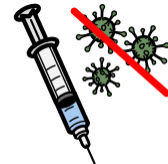
sem vacinas



1<sup>a</sup> dose



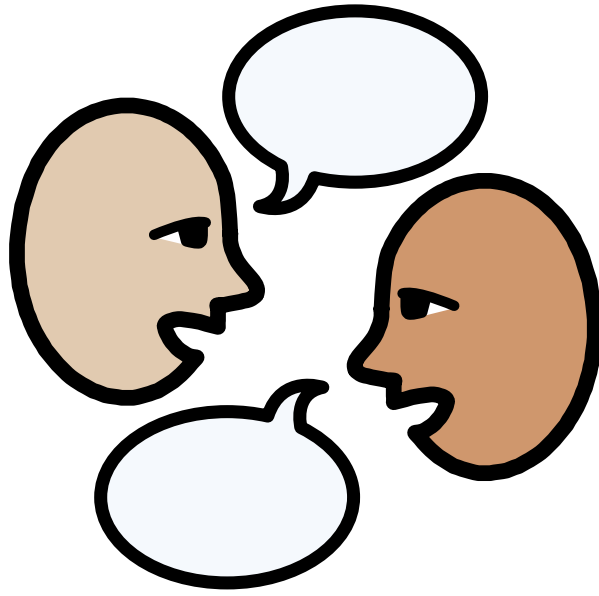
2<sup>a</sup> dose



3<sup>a</sup> dose







Conversa rápida



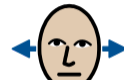
# Conversa rápida



Eu



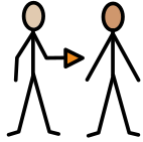
sim



não



Não sei



tu



olá



quero



onde



ver



por favor



gosto



o quê



stop



obrigado



ir



quando



mal



boa



vir



quem



desculpa



mais



mostra-me



ajuda



sede



fome



doente



cansado

Adaptado ao Português Europeu pela ANDITEC, Tecnologias de Reabilitação  
Created for the Widgit Refugee Symbol Resources

# Conversa rápida



carregar o  
telefone



creditar o  
telefone



web



dinheiro



sentir



assustado



chocado



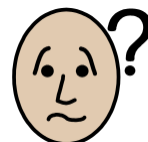
zangado



cansado



preocupado



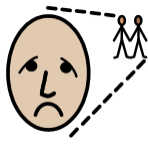
confuso



envergonhado



deprimido



sozinho



triste



agradecido



ajuda



não percebo  
inglês



médico



hospital



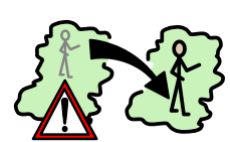
dentista



sem dinheiro



sem trabalho



refugiado



saudades de  
casa



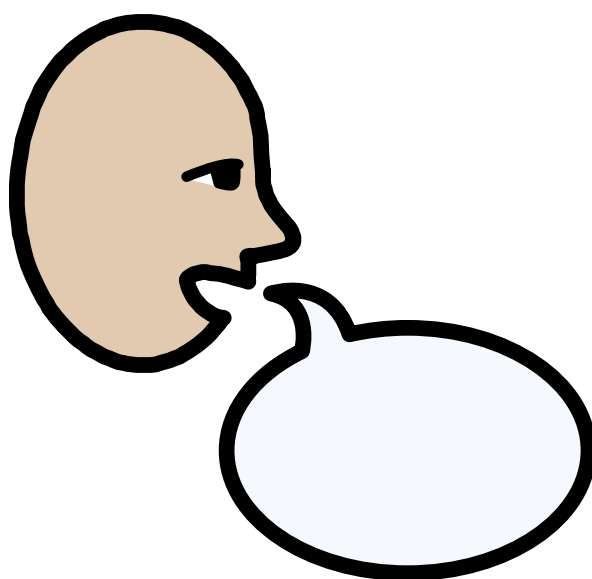
frio



calor



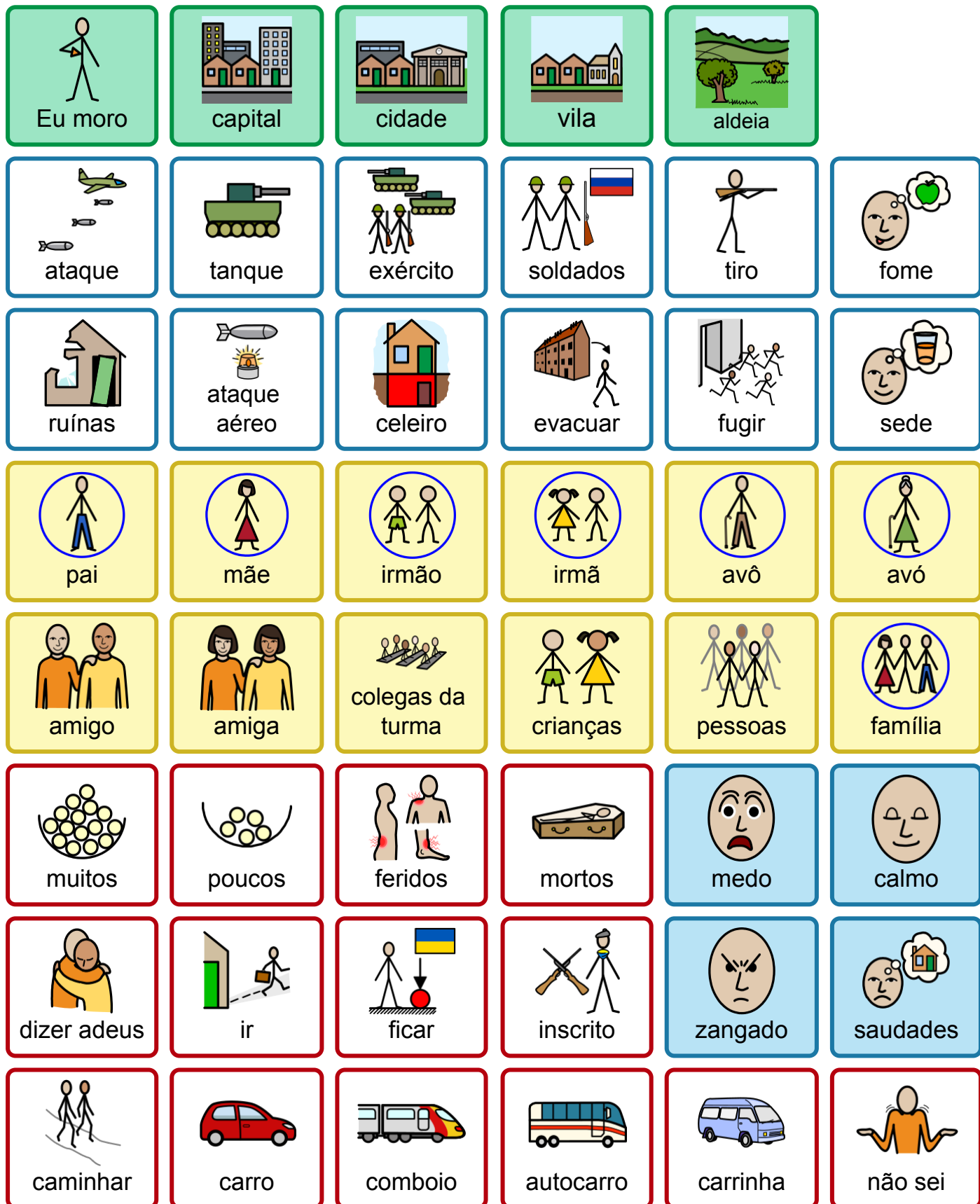
perigo



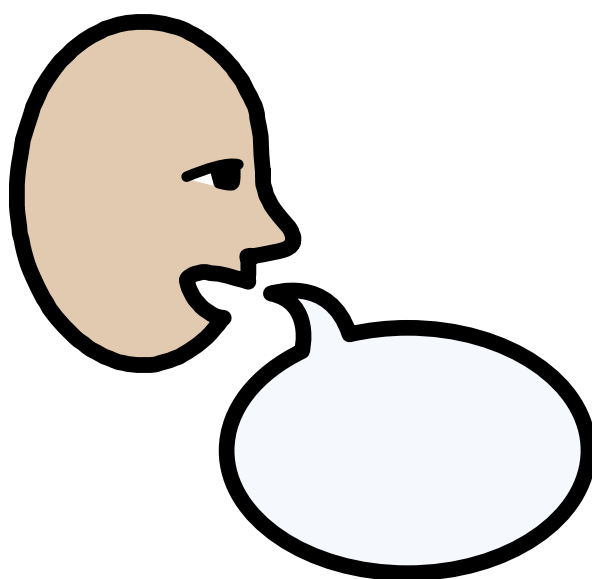
Contar a minha história - Criança



# Contar a minha história - Criança



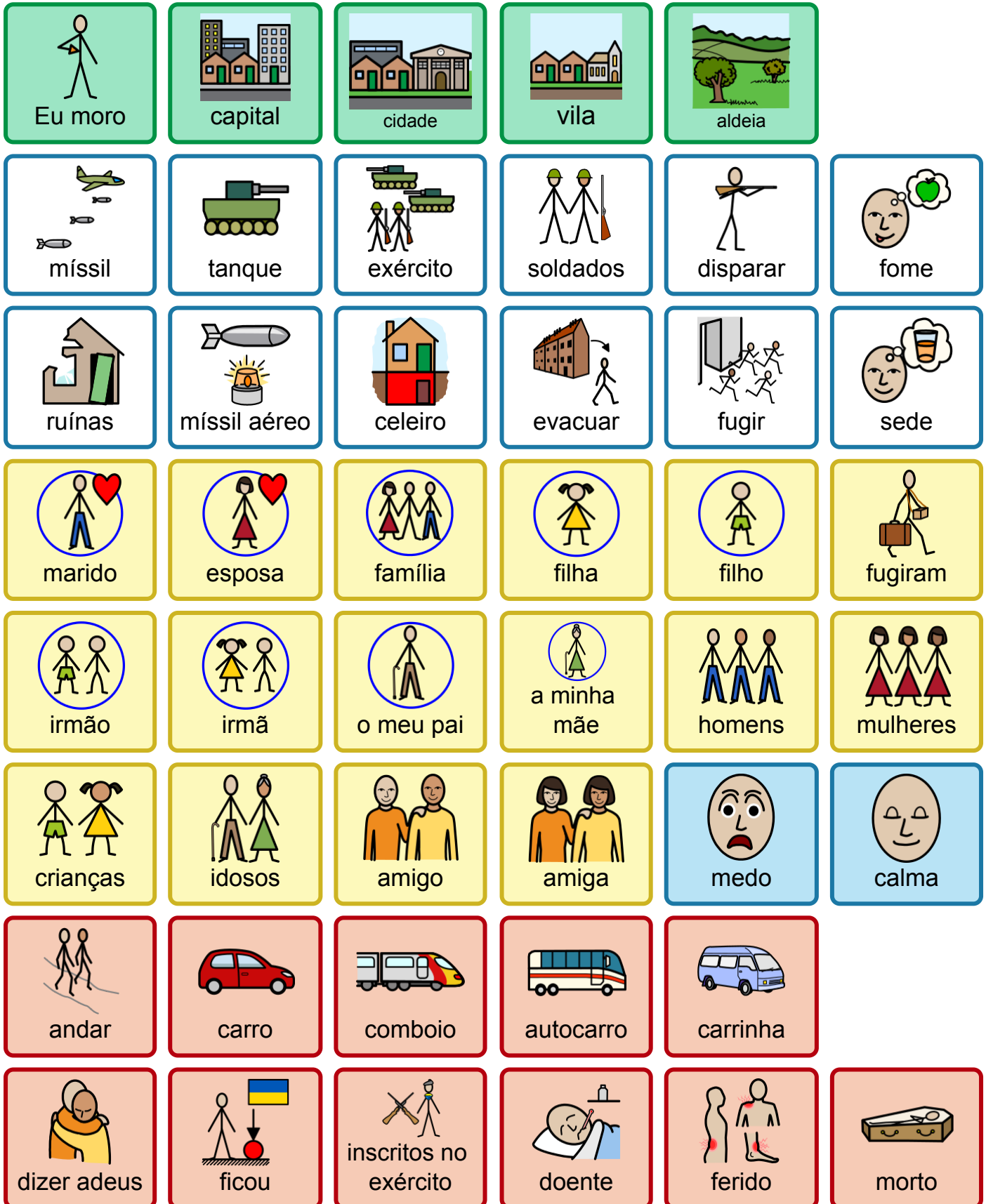
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Contar a minha história - Adulto



# Contar a minha história - Adulto



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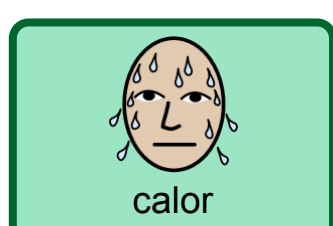
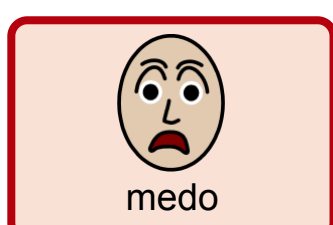
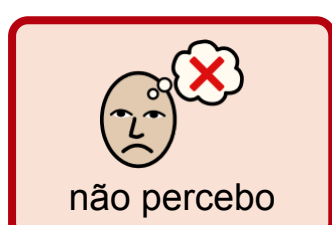
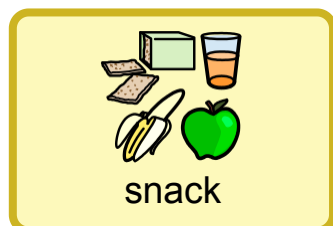
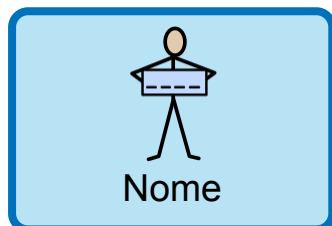
Primeiros dias numa nova casa Tabela de Comunicação





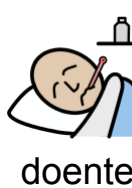
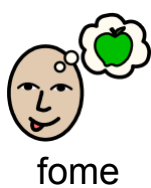
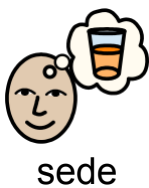
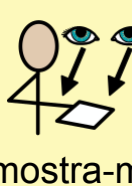
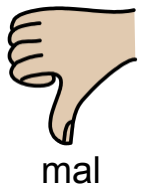
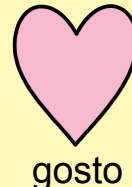
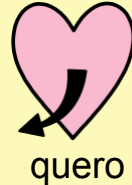
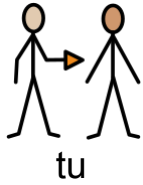
# Primeiros dias numa nova casa

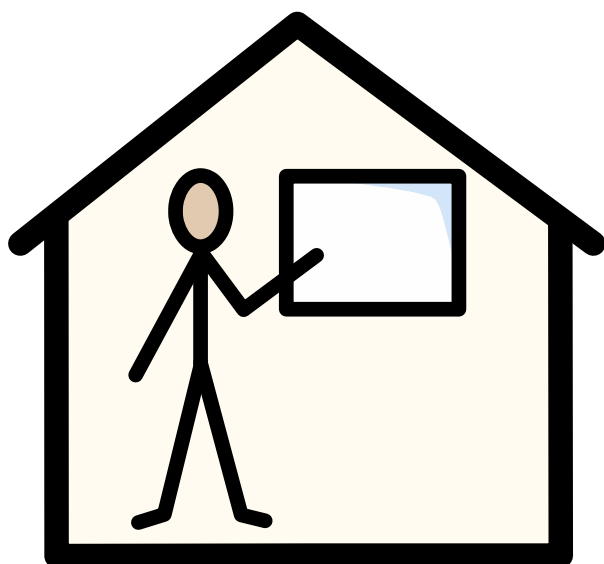
## Tabela de Comunicação



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# Conversa rápida





Primeiro Dia de Aulas Tabela de Comunicação



# Primeiro Dia de Aulas

## Tabela de Comunicação



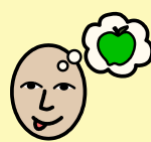
Nome



casa de banho



sede



fome



snack



desenhar



brincar sozinho



brincar



ler um livro



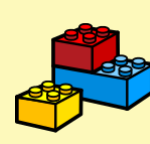
sair



colagens



puzzle



Lego



plasticina



carrinhos



boneca



teddy



não percebo



medo



triste



sinto-me mal



feliz



cansado



frio



calor

Adaptado ao Português Europeu pela ANDITEC, Tecnologias de Reabilitação  
Created for the Widgit Refugee Symbol Resources

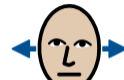
# Conversa Rápida



Eu



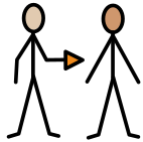
sim



não



Não sei



tu



olá



quero



onde



ver



por favor



gosto



o quê



stop



obrigado



ir



quando



mal



boa



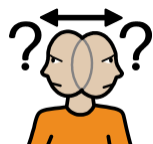
vem



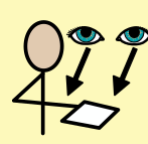
quem



desculpa



Estou perdido



mostra-me



ajuda



sede



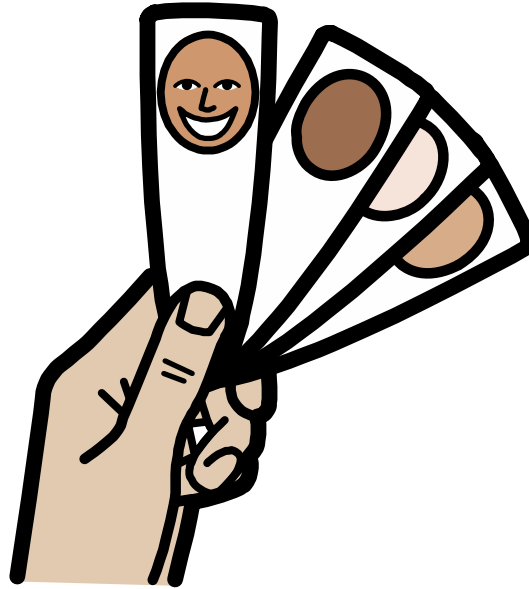
fome



doente



mais



Cartões de professor

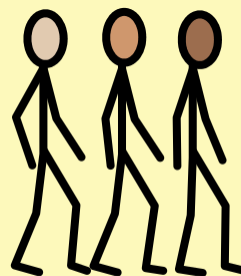




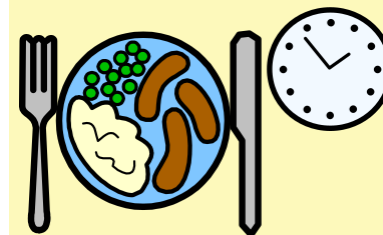
casa de  
banho



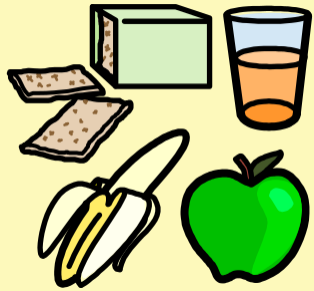
lavar mãos



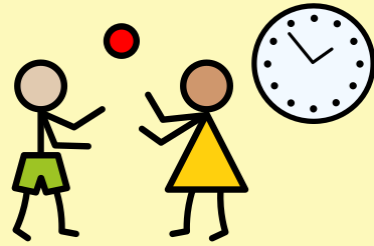
alinhar



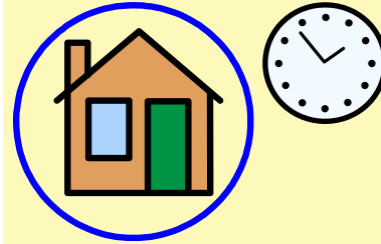
jantar



snack



brincar



ir para  
casa



música

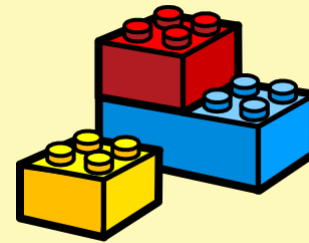




desenhar



ler um livro



Lego



puzzle



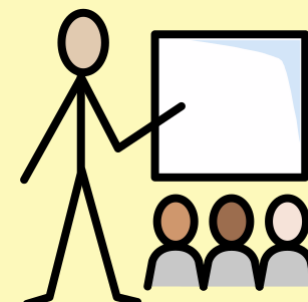
Educação  
física



círculo

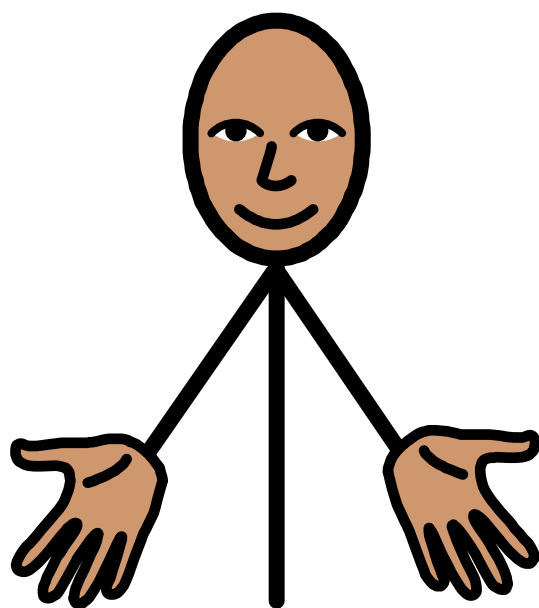


parque



aulas





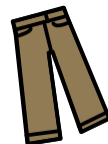
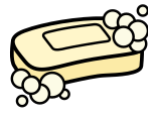
Eu preciso - Criança



# Eu preciso - Criança

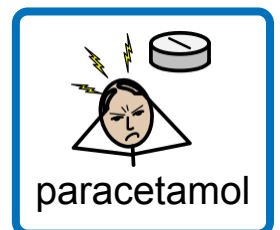
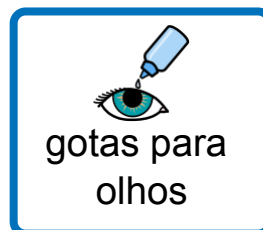
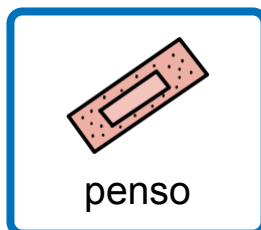
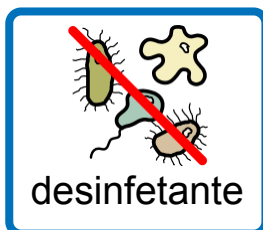
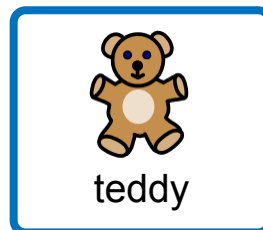
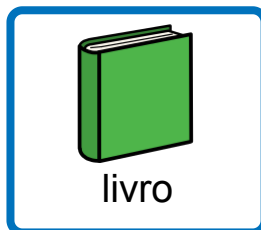
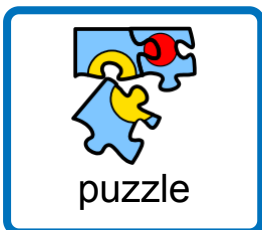
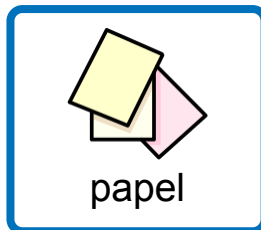
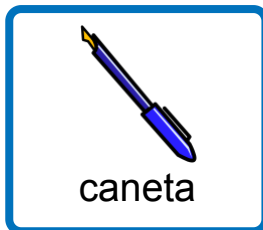
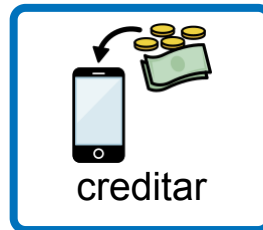
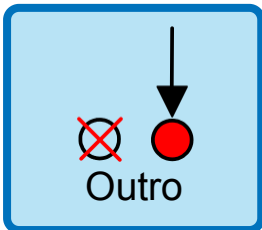
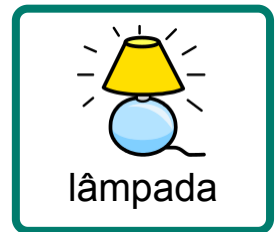
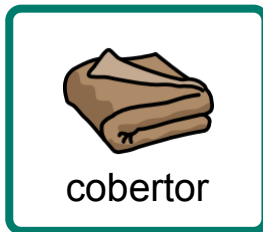
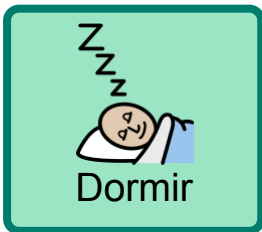


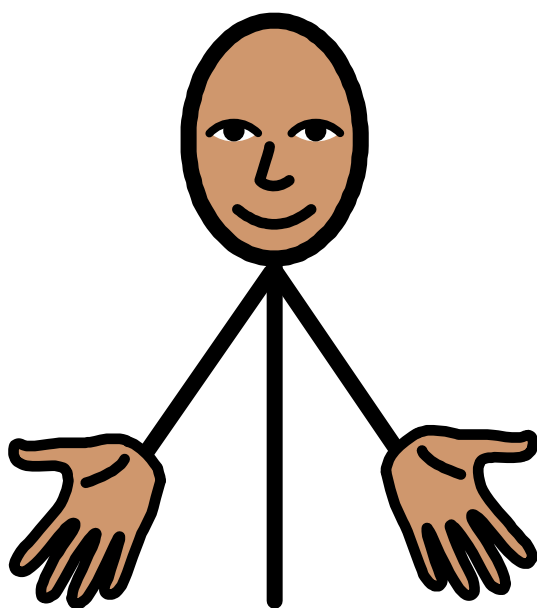
Nome:



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# Eu preciso





Eu preciso - Adulto



# Eu preciso - Adulto

 WC	 papel higiénico	 penso	Nome:		
 Duche	 sabonete	 champô	 toalha	 secador	 pente
 escova	 gancho	 bandolete	 depilar	 lavar dentes	 desodorizante
 Roupas	 para mim	 para o meu filho	 para a minha filha		
 roupa interior	 calças	 t shirt	 camisola	 casaco	 gorro
 luvas	 cachecol	 formadores	 meias	 pijamas	
 Para o meu bebé	 fraldas	 toalhitas	 creme	 pó talco	 babygrow
 caneca	 biberão	 esterilizar	 leite	 cadeira	 chucha

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# Eu preciso

