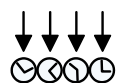




1. Always wash your hands before touching or eating food.



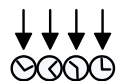
2. Always wash your hands after touching pets as they can carry germs.



3. Always wash your hands after using the toilet.



4. Always wash fruit and vegetables before eating.



5. Put any left over food into the fridge or bin.

