



The Makaton Charity

Word list of symbols and signs in Personal, Social and Health Education

Abbreviations Key:

- CV Core Vocabulary
- * Signs Only
- + Symbols Only

Abuse, to (1)	Adults+
Abuse, to (2)+	Advocate
Abuser	Aftershave
Accident / Mistake (CV)	Age
Accuse, to	Aggressive
Accused (1), the / Defendant (1), the	Agree, to
Accused (2), the / Defendant (2), the	Alcoholic, an
Acne / Spots	Allow, to / Let, to / Permit, to
Adolescence	Alone
Adolescent / Youth (female) / Teenager+	Alter, to / Change, to / Become, to
Adolescent / Youth (male) / Teenager+	Angry (CV)
Adolescent / Youth / Teenager	Anorak / Kagool
Adolescents / Youths / Teenagers+	Anti-perspirant (1) (spray)
Adopted	Anti-perspirant (2) (stick)
Adopted Brother (1) (child)	Anti-perspirant (3) (roll-on)
Adopted Brother (2) (grown-up)+	Anxious
Adopted Daughter (1) (child)	Apologise, to
Adopted Daughter (2) (grown-up)+	Appointment
Adopted Father	Appropriate Adult
Adopted Mother	Apron
Adopted Sister (1) (child)	Apron (2)*
Adopted Sister (2) (grown-up)+	Argue, to / Quarrel, to (CV)
Adopted Son (1) (child)	Arm
Adopted Son (2) (grown-up)+	Armpit
Adult (female) / Woman (CV)	Ashamed
Adult (male) / Man (CV)	Attract Someone / Something, to
Adult / Grown-up	Attract Something / Someone, to
Adulthood	Attraction / Fancy
	Aunt

Baby (CV)
 Babyhood / Infancy
 Bald (no hair) / Hair (6)
 Bare / Naked / Nude
 Bathroom (CV)
 Become, to / Alter, to / Change, to
 Bedroom (CV)
 Bedroom (2)+
 Behave, to
 Behaviour
 Belch, to / Burp, to
 Believe, to
 Belt (1)
 Belt (2)+
 Beside / Near (CV)
 Best
 Better
 Bikini
 Birth (to give birth)
 Bite, an
 Bite, to
 Bizarre / Odd / Peculiar
 Bleed, to
 Blood (1)
 Blood (2) / Blood Sample / Take Blood, to
 Blood (3)+
 Blood Sample / Take Blood, to / Blood (2)
 Blouse
 Blush, to / Embarrassed (1)
 BO / Smell Unpleasant, to / Body Odour
 Body
 Body Odour / BO / Smell Unpleasant, to
 Body Parts (1)
 Body Parts (2)+
 Bold / Brave / Courage
 Bossy, to be
 Bottom / Buttocks
 Bowel Movement (1) / Defecate, to /
 Faeces
 Bowel Movement (2) / Defecate, to /
 Faeces+
 Boy / Child (CV)
 Boy Friend (platonic)+
 Boyfriend
 Boyfriend / Girlfriend+

Bra
 Braces
 Brave / Courage / Bold
 Break Up, to / Separated / Separated, to be
 Break Wind, to (1) / Fart, to / Flatulence
 Break Wind, to (2) / Fart, to / Flatulence+
 Broken Bone
 Broken Bone (arm)+
 Broken Bone (leg)+
 Brother (2) (child) (CV)
 Brother (3) (grown-up)+
 Brother-in-law
 Bruise, a
 Bruise, a (2)*
 Bully, a
 Bully, to (1)
 Bully, to (2)+
 Burn, a
 Burp, to / Belch, to
 Buttocks / Bottom
 Button (1)
 Button (2)+
 Button Up, to
 Buy, to (CV)
 Call Someone Names, to
 Cardigan
 Care For, to / Look After, to
 Care Manager
 Care Order / Order
 Care Plan
 Carer
 Caretaker
 Certain / Really / True (CV)
 Change One's Mind, to
 Change, to / Become, to / Alter, to
 Chemist / Pharmacist
 Chest
 Child (1)
 Child (2)+
 Child / Boy (CV)
 Child / Girl (CV)
 Childhood
 Children (CV)
 Children's Guardian
 Class of Children

Classroom (1)	Cousin (4) (male grown-up) ⁺
Classroom (2) / Lecture Room	Cousin*
Clean (CV)	Cream
Cleaner	Cry, to
Cleanliness	Cuddle, to (1)
Clothes (CV)	Cuddle, to (2) ⁺
Clothes (female) (CV) ⁺	Cuddle, to (3) ⁺
Clothes (male) (CV) ⁺	Curious
Club / Disco (CV)	Cut, a
Coat	Dangerous
Cohabit, to / Live With, to / Living Together	Date, to / Go Out With, to
Comfortable	Daughter (1) (child)
Community (1) (people)	Daughter (2) (grown-up)
Community (2) (people) (specific) ⁺	Daughter-in-law
Community (3) (place) ⁺	Day Centre (1)
Complain, to	Day Centre (2) ⁺
Computer (alternative version)*	Dead (2) (CV)*
Computer (CV)	Dead (CV)
Concentrate, to	Decide, to
Confident	Decision
Confidential / Private (1) (social sight) ⁺	Defecate, to / Faeces / Bowel Movement (1)
Confused	Defecate, to / Faeces / Bowel Movement (2) ⁺
Constipated (1) / Constipation	Defendant (1), the / Accused (1), the
Constipated (2)	Defendant (2), the / Accused (2), the
Constipation / Constipated (1)	Dentist
Control Oneself, to / Self Control	Depressed
Correct / Proper / Right (1)	Desire, to
Cough, to	Diarrhoea (1)
Courage / Bold / Brave	Diarrhoea (2) ⁺
Court (1) (building)	Dirty (CV)
Court (2) (building) ⁺	Disco (CV) / Club
Court (3) / Court Room	Divorced
Court (4) / Court Room ⁺	Dizzy
Court (5) / Magistrates Court (building)	Doctor (CV)
Court (6) / Magistrates Court (building) ⁺	Doctor's Examination
Court (7) / Magistrates Court Room	Don't Pick Nose
Court (8) / Magistrates Court Room ⁺	Dress Up, (to play)
Court Hearing / Hearing	Dress, a
Court Order / Order	Dress, to (CV)
Court Room / Court (3)	Dressing Gown
Court Room / Court (4) ⁺	Drip, to / Runny Nose
Court Summons / Order	Drug Addict
Cousin (1) (female child) ⁺	Drugs (1) (addictive)*
Cousin (2) (female grown-up) ⁺	Drugs (2) (non-addictive) (CV)*
Cousin (3) (male child) ⁺	Drugs (addictive or non-addictive) ⁺

Dungarees	Father (CV)
DVD (1)	Father-in-law
DVD (2)	Fax Machine
DVD (3)	Fax, to
Dwell, to / Live, to	Feel, to (emotion)
Ear	Feel, to / Touch, to
Ears+	Feet+
Elderly (1)	Fiancé
Elderly (2)+	Fiancée
Elderly (female)+	Fib, to / Lie, to
Elderly (male)+	Fingers
Elderly, the / Old Age	Firefighter (CV)
Email, an	First Aid
Email, to	Fist
Embarrassed (1) / Blush, to	Fit / Healthy
Embarrassed (2)+	Flannel
Emergency (1)	Flatulence / Break Wind, to (1) / Fart, to
Emergency (2) (social sight)+	Flatulence / Break Wind, to (2) / Fart, to+
Engaged (1) / Engagement+	Flirt, to
Engaged (2)+	Flush Toilet, to (1)
Engaged*	Flush Toilet, to (2)
Engagement / Engaged (1)+	Flush Toilet, to (3)
Enjoy, to	Flush Toilet, to (4)+
Epilepsy	Flush Toilet, to (5)+
Epileptic Fit	Foot
Evidence	Force, to / Make Someone Do Something, to
Excited, to be	Forgive, to
Expensive (CV)	Foster*
Explain, to	Foster-brother (1) (child)
Eye	Foster-brother (2) (grown-up)+
Eye Shadow	Foster-daughter (1) (child)
Eyes+	Foster-daughter (2) (grown-up)+
Face	Foster-father
Faeces	Foster-mother
Faeces / Bowel Movement (1) / Defecate, to	Foster-sister (1) (child)
Faeces / Bowel Movement (2) / Defecate, to+	Foster-sister (2) (grown-up)+
Family	Foster-son (1) (child)
Family Doctor	Foster-son (2) (grown-up)+
Family Planning Clinic	Friend (1) / Friendship (CV)
Fancy / Attraction	Friend (2)+
Fart, to / Flatulence / Break Wind, to (1)	Friendship / Friend (1) (CV)
Fart, to / Flatulence / Break Wind, to (2)+	Frighten, to / Threaten, to (1)
Fasten Shoe, to	Frighten, to / Threaten, to (2) (with a knife)+
	Frighten, to / Threaten, to (3) (with a gun)+
	Frightened (CV)

Fun	Hat (4)+
Gesture, to	Hate, to
Girl / Child (CV)	Have A Cold, to
Girl Friend (platonic)+	Have a Stitch, to
Girlfriend	Head
Girlfriend / Boyfriend+	Health Centre (1)
Give Evidence, to	Health Centre (2)+
Glove	Healthy / Fit
Gloves+	Hearing / Court Hearing
Go Out With, to / Date, to	Hearing / Magistrates Court Hearing
Go to the toilet, to (general) / Toilet (1) (CV)*	Hide, to (1) (object)
Go to the Toilet, to / Urinate, to (1) (general)	Hide, to (2) (person)+
Granddaughter (1) (child)	Hips (female)+
Granddaughter (2) (grown-up)	Hips (male)+
Grandfather	Hips*
Grandmother	Hit, to (with hand / to smack)
Grandson (1) (child)	Hit, to (with object)
Grandson (2) (grown-up)	Hit, to / Punch, to
Graze, a	Hold Your Breath, to
Group (1)*	Honest
Group of People	Hope, to / Wish, to
Grow Up, to / Grown Up	Hospital (1)
Grown Up / Grow Up, to	Hospital (2)+
Grown-up / Adult	Hospital Doctor
Guardian	Hostel
Guilty	House-father
Gum	House-mother
Hair (1)	House-parent
Hair (2)+	House-parent(s) (2)*
Hair (3)+	How Old? (CV)
Hair (4)+	Hurt Feelings
Hair (5)+	Hurt, to / Pain
Hair (6) / Bald (no hair)	Husband
Hair (7)+	Illegal
Hairdryer	Important
Hand	Incontinence Pad
Hands+	Indecent
Handsome	Independent
Happen, to	Index Finger
Happy (CV)	Infancy / Babyhood
Hat (1)	Infection (1)
Hat (2)	Infection (2)
Hat (3)	Injection (CV)
	In-law*
	Intermediary (professional / legal)

Internet	Little Finger
Interpreter (1)	Live With, to / Living Together / Cohabit, to
Interpreter (2)+	Live, to / Dwell, to
iPod / MP Player (2)	Living Together / Cohabit, to / Live With, to
Itch, an	Local Authority
Itch, to	Long-term Relationship
Jacket	Look After, to / Care For, to
Jeans	Love, to (CV)
Joke	Lover
Judge, a (1)	Lover (female heterosexual)+
Judge, a (2)+	Lover (gay man)+
Jumper / Sweater	Lover (lesbian)+
Jury	Lover (male heterosexual)+
Kagool / Anorak	Lovers (gay men)+
Keep Safe, to / Protection	Lovers (heterosexual)+
Keyworker	Lovers (lesbian)+
Kiss, to (1)	Lovers+
Kiss, to (2)	Lump, a
Knee	Magistrate
Knees+	Magistrates Court (building) / Court (5)
Knickers	Magistrates Court (building) / Court (6)+
Laptop	Magistrates Court Hearing / Hearing
Last Weekend	Magistrates Court Room / Court (7)
Laugh, to	Magistrates Court Room / Court (8)+
Lawyer / Solicitor	Magistrates+
Lazy	Make Someone Do Something, to / Force, to
Lecture Room / Classroom (2)	Make-up
Leg	Man / Adult (male) (CV)
Legal	Married (1)
Legal (2)*	Married (2)+
Legal System	Matter / Trouble (CV)
Leggings	Maybe / Perhaps
Legs+	Medicine (CV)
Leisure Centre (1)	Menopause (female)
Leisure Centre (2)+	Menopause (male)+
Let, to / Permit, to / Allow, to	Menopause (2)*
Lick, to	Middle Finger
Lie Down, to	Milkperson (CV)
Lie Down, to (2)*	Miserable / Sad (CV)
Lie, to / Fib, to	Mistake / Accident (CV)
Like, to (CV)	Mobile Phone
Lip (bottom)+	Moist / Wet
Lip (top)+	Money (CV)
Lips	Mood
Lipstick	Mother (CV)

Mother-in-law	Order / Care Order
Mouth	Order / Court Order
MP Player (1)	Order / Court Summons
MP Player (2) / iPod	Pain (CV)
Nail Brush	Pain / Hurt, to
Nail Varnish	Pants
Naked / Nude / Bare	Parents
Nappy (dirty)	Park, a
Nappy (disposable)	Partner (female heterosexual)+
Nappy (towelling)	Partner (gay man)+
Nappy (wet)	Partner (generic)
Nasty / Unpleasant	Partner (lesbian)+
Nausea	Partner (male heterosexual)+
Near / Beside (CV)	Partners (gay men)+
Neck	Partners (generic)+
Need, a	Partners (heterosexual)+
Need, to	Partners (lesbian)+
Needs+	Patient (1), a
Neighbour	Patient (2), a+
Nephew (1) (child)	Peculiar / Bizarre / Odd
Nephew (2) (grown-up)+	People (CV)
Nervous	Perfume
Niece (1) (child)	Perhaps / Maybe
Niece (2) (grown-up)+	Permit, to / Allow, to / Let, to
Nightdress	Person
Nightmare	Perspiration / Sweat, to / Perspire, to
Normal	Perspire, to / Perspiration / Sweat, to
Nose	Pharmacist / Chemist
Nude / Bare / Naked	Physical Abuse
Nurse (CV)	Physiotherapist
Occupational Therapist	Physiotherapist (2)*
Occupational Therapist (2)*	Pinch, to
Odd / Peculiar / Bizarre	Plaster, a
Offence	Playground
Offend, to	Poke, to / Prod
Offender (1)	Police Officer (CV)
Offender (2)+	Policeman (1) (CV)
Office (block)	Policeman (2) (CV)+
Office (building)	Policewoman (CV)
Office (room)	Post Person (CV)
Old (CV)	Powder / Talc
Old Age / Elderly, the	Powerful / Strong (CV)
Older	Pretend, to
Oldest	Pretty
Operation (CV)	Print, to (computer)

Printer (computer)	Sandals (platform) ⁺
Printer (2) ⁺	Sandals (with heels) ⁺
Private (1) (social sight) / Confidential ⁺	Sandals ⁺
Private (2)	Save, to (CV)
Prod / Poke, to	Scan, a
Proper / Right (1) / Correct	Scarf
Protection / Keep Safe, to	Scratch, a
PSHE (personal, social and health education)	Scratch, to (1) (someone / something)
PSHE (2) (personal, social and health education) [*]	Scratch, to (2)
Psychologist	Secret
Puberty (female)	Secure Accommodation (1)
Puberty (male)	Secure Accommodation (2) ⁺
Public (1) (social sight) ⁺	Self Control / Control Oneself, to
Public (2)	Self Esteem
Public Toilets	Send, to (internet)
Pull Hair, to (1)	Sensible
Pull Hair, to (2) ⁺	Separated / Separated, to be / Break Up, to
Pull Hair, to (3) ⁺	Separated, to be / Break Up, to / Separated
Punch, to / Hit, to	Shake, to (person)
Push Down, to	Shampoo
Push Over, to (1)	Shampoo Hair, to
Push Over, to (2) ⁺	Share, to
Pyjamas	Shirt
Quarrel, to / Argue, to (CV)	Shocked, to be
Question	Shoe (1)
Really / True / Certain (CV)	Shoe (2) (with heels)
Relationship	Shoe (3) ⁺
Relaxation	Shoe (slip-on)
Respect, to	Shoes (1) ⁺
Reward	Shoes (2) (with heels) ⁺
Right (1) / Correct / Proper	Shoes (3) ⁺
Right, a / Rights	Shoes (slip-on) ⁺
Rights / Right, a	Shorts
Rub, to	Shout, to
Rude Gesture	Shy
Rude ⁺	Sick / Vomit (CV)
Rules	Single / Unmarried
Runny Nose / Drip, to	Single-parent Family (1)
Sad / Miserable (CV)	Single-parent Family (2)
Saliva	Single-parent Family (3) ⁺
Sandal	Sister (2) (child) (CV)
Sandal (platform)	Sister (3) (grown-up) ⁺
Sandal (with heel)	Sister-in-law
	Skirt
	Slipper (ladies') ⁺

Slipper (mens')⁺
Slipper*
Slippers (ladies')⁺
Slippers (mens')⁺
Smell Unpleasant, to / Body Odour / BO
Smell, a
Smell, to
Sneeze, to
Social Worker
Sock
Socks⁺
Solicitor / Lawyer
Son (1) (child)
Son (2) (grown-up)
Son-in-law
Sore, a
Special
Speech and Language Therapist (1)
Speech and Language Therapist (2)
Speech and Language Therapist (3)⁺
Spit, to
Sponge (1)
Spots / Acne
Stay, to
Steady Relationship
Steal, to
Step*
Stepbrother (1) (child)
Stepbrother (2) (grown-up)⁺
Stepdaughter (1) (child)
Stepdaughter (2) (grown-up)⁺
Stepfather
Stepmother
Stepsister (1) (child)
Stepsister (2) (grown-up)⁺
Stepson (1) (child)
Stepson (2) (grown-up)⁺
Sting, a
Stockings
Stomach / Tummy (1)
Stomach / Tummy (2)⁺
Stranger
Strangle, to (1)
Strangle, to (2)⁺
Stroke, to

Strong / Powerful (CV)
Struggle, to
Stupid
Suck, to
Suffer, to
Suffocate, to
Suicide
Suntan Lotion (1)
Suntan Lotion (2)⁺
Suspicious
Swallow, to
Swear, to
Sweat, to / Perspire, to / Perspiration
Sweater / Jumper
Sweatshirt⁺
Swelling, a
Swimming Shorts
Swimsuit (1)
Swimsuit (2)⁺
Tablet (CV)
Take Blood, to / Blood (2) / Blood Sample
Talc / Powder
Taste, the
Taste, to
Taxi Driver
Tears
Tease, to (1)
Tease, to (2)⁺
Teenager / Adolescent / Youth
Teenager / Adolescent / Youth (female)⁺
Teenager / Adolescent / Youth (male)⁺
Teenagers / Adolescents / Youths⁺
Tell Off, to / Warn, to
Text, to
Third Finger
Threaten, to (1) / Frighten, to
Threaten, to (2) (with a knife) / Frighten, to⁺
Threaten, to (3) (with a gun) / Frighten, to⁺
Throat
Thumb
Tie Shoelaces, to
Tie Up, to (1) / Tied Up
Tie Up, to (2) / Tied Up⁺
Tie, a
Tied Up / Tie Up, to (1)

Tied Up / Tie Up, to (2)+
Tights
Tired / Weary
Tissue
Toilet (1) / Go to the toilet, to
(general) (CV)*
Toilet (2)*
Toilet Paper
Tongue
Toothbrush
Toothpaste
Touch (bad)
Touch (good)
Touch, to / Feel, to
Tracksuit
Tribunal Court Room
Trouble / Matter (CV)
Trousers
True / Certain / Really (CV)
Trust, to
Trust+
T-Shirt
Tummy (1) / Stomach
Tummy (2) / Stomach+
Unbutton, to
Uncle
Undress, to (CV)
Unmarried / Single
Unpleasant / Nasty
Unzip, to
Upset, to be
Urinate, to (1) (general) / Go to the
Toilet, to
Urinate, to (2) (general)+
Urinate, to (3) (general)+
Urinate, to (4) (female)
Urinate, to (5) (male)
Urinate, to (6) (male)+
Urinate, to (7) (male)+
Urine (1)
Urine (2) / Urine Sample
Urine Sample / Urine (2)
Verbal Abuse

Vest
Visitor
Vomit / Sick (CV)
Vulnerable Witness (1)
Vulnerable Witness (2)
Wages (CV)
Warn, to / Tell Off, to
Weary / Tired
Webcam
Website
Weekend
Wellington Boot
Wellington Boots+
Wet / Moist
Wife
Wipe, to (1) (bottom)+
Wipe, to (2) (oneself)+
Wipe, to (3) (nose)+
Wipe, to*
Wish, to / Hope, to
Witness (1)
Witness (2)
Witness Service
Witness Service Volunteer
Woman / Adult (female) (CV)
Worried (CV)
Worse
Worst
Wrong
X-Ray (1)
X-Ray (2) / X-Ray Plate+
X-Ray Plate / X-Ray (2)+
Young
Young Witnesses
Younger
Youngest
Youth (female) / Teenager / Adolescent+
Youth (male) / Teenager / Adolescent+
Youth / Teenager / Adolescent
Youths / Teenagers / Adolescents+
Zip Up, to